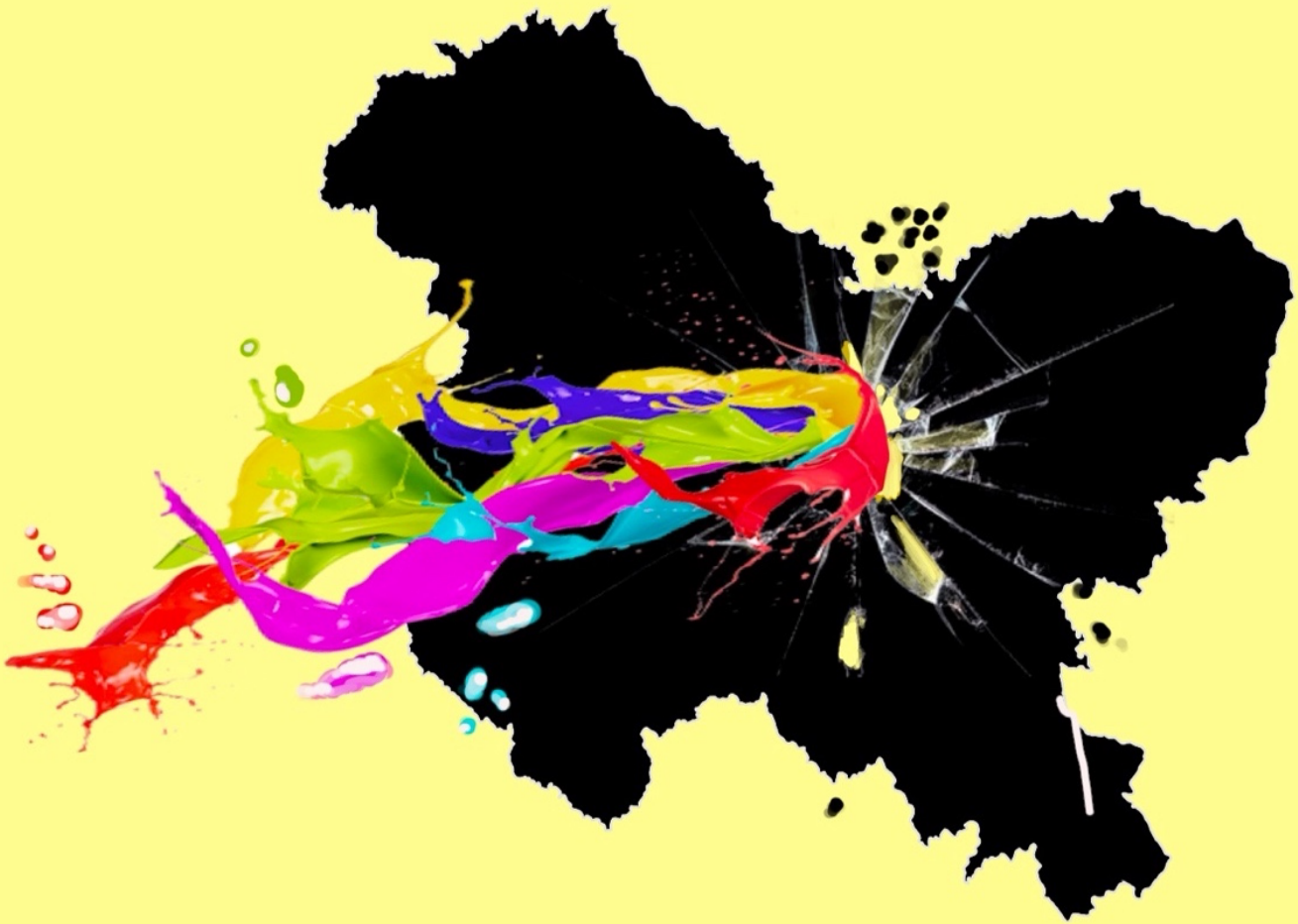


ROLE OF ARTS IN CONFLICTED AREAS



A research by
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PREFACE

Sigmund Freud divided the mind into conscious, subconscious, and unconscious. Freud believed that the unconscious is what shapes the personality of a human. When we look at Art-based therapy, I believe that the unconscious of a child is tapped. I think the point that is understated is that my research is not an intervention and I don't mean for it to be used as an intervention at any point. The research serves the following purposes:

- It is a road map that would help in understanding the kind of intervention that is needed in a child's life. It would help the teachers, therapists, school or any stakeholder in a child's life to understand the child's coping mechanism and his thought processes in a much clear manner.
- The research looks into the various coping mechanisms and resiliency techniques used because with the children of conflict, a lot many times, we don't understand the entry point that we could use to help the child deal with his trauma. The coping mechanisms mentioned provides us with a picture of how the various coping mechanisms are used at various points to deal with the children's traumas, but also in addition they help us to understand the various entry points to deal with a child's trauma.
- At the end of each child's work is their most prominent coping mechanism which acts as a summary. This summary of coping mechanisms helps us understand that we cannot go in with the assumption that cognitive understanding is the only entry point we have, but we have more five ways for a child to deal with his traumas

viz Belief, Affect, Social, Imagination and Physiological. The research hence helps us understand and contextualize the narrative and helps us understand where we can intervene with the child.

- As I mentioned, this research is a road map for the stakeholders in a child's life. Every single step/ analysis that is mentioned in the research does not lead to any one thing in particular, every single step/ analysis is important and paramount in its own right. Every single element taps into the unconscious in its own style.

- The research provides rich literature to understand and validate the work of the whole project.

- This method is not just limited to art-based therapy. This can be used in every single setting and with every single person dealing with mental health issues as it dwells into the unconscious in ways that is difficult to get out of the system of any person. It helps us look at the dysfunctions within an individual. I believe that my research is a major tool that would help in the intervention.

I see this research as a responsibility towards my people and myself. Me being a Kashmiri, located in this land, and working in this land with the children is a very important part of me and my identity. I have contributed to this whole project with this very identity (A Kashmiri, a child of conflict, a stakeholder in the conflict) but also looking at it from a non-victim and a distant perspective.

BACKGROUND

In the year 2018, Kashmir was popularized by the name of “The largest prison in the world” and this stands very true as Kashmir is a facsimile of a prison. The whole comparison of Kashmir with the prison does not only comment upon the state enforced control but also the control imposed by the parental authority. Children in conflict areas experience two to three

tiers of control. One is the state control, second is social control, and third is familial control. All these controls conjugate and create a prison for the child. The parents vigorously control their children's lives and keep monitoring their actions. This is undoubtedly a way of the state to control the behaviour of people. This behaviour of parents is a result of the systematic violence and oppression that the state subjects the whole population to. In addition, the parents are scared of losing their children to violence and hence they want to create a safe space for their children. People feel that the only way to handle their children is to dominate, to oppress and to tell them what to do. This very idea of control as a means of saving their children is a result of the internalizing of the state's way of control. The internalization of the rage comes forth as a reason of systematic control. A lack of psychological awareness among people, leads to the transference of trauma within generations rather than the trauma getting transformed within.

On the contrary children have this constant feeling of being imprisoned. They don't have a space where they are not controlled. Anywhere they step out they are controlled either by the state or the society or the very structures within. All that they are experiencing externally weighs in a lot in their internal life. The internal life is primarily repressed and fragmented at many levels. A constant cognitive dissonance takes place. Kashmir is the only place in the world where the parents are more terrified when their son comes home late than the girls. The men in the valley are subjected to a lot of physical trauma which leads to psychological trauma. The men are usually the ones who face the physical oppression. The men are exposed to beatings by the army, getting picked up and used as human shields, getting tortured, killed in fake encounters and so on. The young boys feel vulnerable and don't have a chance to express it. The very culture of patriarchy and silence pushes these boys in a deep chasm. The

culture being very patriarchal doesn't allow them to express their emotions. This all bottles up and they don't see a way out hence choose violent means of expression like stone pelting or picking up guns.

Kashmiris are very patriarchal and the women or the girls in the valley are expected to act a certain way. This is not just in Kashmir but a very fundamental part of the south Asian culture. The women in the society don't have the means of expressing themselves. We have a very rigid image of how we want our girls to be and how we want them to act. And the girls being an active part of the society try to conform as much as they can to this image of being a perfect daughter to her parents. The women in our society have a constant need of seeking approval from their parents and especially their fathers. This very construct of being a perfect daughter coerces the young women to swallow the pain with a smile on their face. While the men in the society can be vocal and rebel against anything they don't feel right, the women has to let the pain and sufferings sink in. The men have a means of expressing themselves and project their anger on people or objects, the women have to project their emotions inside and it all bottles up. In conclusion, the children don't have a sense of future.

ROLE OF KALAKAR QASBAH

Kalakar Qasbah as a project serves different meanings and purposes to various stakeholders. For children it might be a platform where they can paint and do something different and for the artists it might be an opportunity to provide these children with tools to cope with stress. For me, as a Kashmiri, as a woman and an alumni of Dolphin International School, I understand the value of this program. I wish that I had something like this in my school times; a place and a safe space to express myself. Kashmir has been put through hundreds and thousands of lockdowns and

as a result of these lockdowns the very base of the society i.e. education has been deeply impacted. As a reason, education for us is merely textbooks because we could never have a chance to get something beyond these textbooks. We never had dance societies where we could dance our hearts out, we never had poetry clubs to realise that Oh we can be poets, we had arts class but it was something for kindergarten kids and was all about colouring the books, we never had book clubs where we could find our love for books, we never had debate societies where we could try and make our points. The point is that our lives have been nothing more than textbooks. In case, we were/are offered something beyond that we generally try to avoid it because we feel it is not important because what is important is the textbooks and the syllabus that needs to be finished. Children and adults have developed a general dislike or avoid getting into these things.

How these programmes work is that they work with our inner self and transform us in ways which is not overt but covert. Through my research, I have tried my best to observe these changes which may not be evident on the outside but has shifted the person from inside. People generally project whenever they are writing stories or drawing and this space where they feel like they have said through characters liberates them in many ways.

Children require a safe, nurturing and supportive family and community to grow to be physically and psychologically healthy. Children who are exposed to extreme stress, violence or neglect are children at risk.

Children all over the world live in extremely dangerous environments and are exposed to the stress and trauma of extreme poverty, war, terrorism, civil strife, urban and tribal hostilities and physical, sexual and mental abuse.

These traumatic experiences may manifest themselves in the form of delinquent or otherwise disturbed behaviour and may result in either individual or social maladjustment.

THE “BASIC PH”- MODEL OF COPING AND RESILIENCY

By- MOOLI LAHAD, MIRI SHACHAM AND ORA AYALON

This ‘BASIC Ph model of coping and resiliency’ by two Israeli psychologists, Lahad and Ayalon, is a widely used and effective resiliency assessment, intervention and recovery model. The book explains the model, its usefulness and its applications in Hurricane Katrina, in family therapy, in families in terror, with first year nursing students, how Jewish and Arab parents perceived their children’s resiliency in the Second Lebanon War, adolescents in the Yugoslav War, and in building business resilience in small to medium businesses.

It details answers to the question: What is helping you make it day by day?

Its name comes from its six ‘channels’ or languages for dealing with trauma and building resilience: Belief and values, Affect, Social, imagination, Cognitive, and Physiological. Lahad and Leykin explain: “The model represents an integrative and multifaceted approach that suggests that each person has a personal combination of these elements which forms his/her unique coping style” (p. 11). With many helpful tables and much statistical evidence, they make a strong case that different people cope within these six different ways (“coping styles and coping mechanisms”), and that generally women use more coping mechanisms than men (p. 38). The Model offers ways to look for coping mechanisms

within ourselves, to regain “the ability to function in daily routine conditions and recover in a state of emergency” (253).

21st century research studies are grouped finding associations between coping modes and psychological constructs related to resilience such as self-efficacy, optimism, and locus of control. For example, in one study (in 2011 p. 39), Nadim examined associations between the Model and sense of coherence (SOC) among Arab adolescents aged 13-18 living in political uncertainty. She found that the only predictor of current stress symptoms was expression of emotions (A) and the only significant predictor of SOC was cognitive coping (C). I found the successful use of the model for building the “new normal” with the ‘first responders’ in Hurricane Katrina in Chapter 14 fascinating reading.

The whole research is based on the idea that human beings are story telling beings. We always share stories in our everyday life. We tell people stories about ourselves, other people and our surroundings. We humans constantly tailor stories. The book suggests that people will tell their stories using mostly Cognition and Social Factors and Affect. The personal combination of each and every one forms our BASIC PH.

BASIC PH, an integrative multi-dimensional coping model was introduced by Lahad. It proposes six modes of coping based on six different personality theories that, historically have been influential in explaining human adaptation to stress. These dimensions of coping underlie the coping style of the individual: **BELIEF, AFFECT, SOCIAL, IMAGINATION, COGNITION AND PHYSIOLOGY (BASIC PH)** .

The first and original method for researching the BASIC PH model is by utilizing the Six-Part Story Method(6PSM). It is a projective tool which aims to identify the major coping modes or resources that the individual

possesses. The tool is suitable for children and adult participants who are asked to create a story.

RESEARCH FRAMEWORK

The research is a detailed study of the stories of seven students who have been a part of Kalakar Qasbah throughout. For every student, six stories have been taken and analysed mainly using the BASIC Ph model. However, certain changes and additions have been made accordingly, for the model to be apt for the stories written by the students of Kalakar Qasbah.

The basis of the 6PSM lies as an assessment tool lies in the psycholinguistic frame suggesting that people build their stories according to the way in which they absorb information, and transmit messages to the world in specific psycholinguistics idioms through the BASIC PH modalities. The assumption is that by asking the client to tell a projected story, the therapist may be able to extract the way that the person projects itself into reality in order to meet the world.

In order to record a participant story, beside the psycholinguistics aspect, there are various levels of assessment, that includes the following:

THE COPING STYLE

The coping style is the closest to client's awareness. BASIC Ph is used as a model to categorize the contents. The BASIC PH represents six channels of coping. In BASIC Ph, each alphabet stands for a coping mechanism that dominates a person's manner of coping. B stands for belief, A stands for affect, S stands for social, I stands for imagination, C stands for cognition and Ph stands for physiological. Almost every word in the story is labelled using the six coping mechanism viz B, A, S, I, C, and Ph. After labelling the words, we count the number of words categorised under B, A, S, I, C and Ph respectively. In order, to make it

easier to understand the frequency of each coping mechanism, the scores are put in a table. The top three coping mechanisms used in the story, form the apparent language and the three least used coping mechanisms form the forgotten language. The combination of each mechanism is analysed and is interpreted accordingly.

PERCENTAGE OF THE BASIC PH WORDS

USED

For the next step of the detailed analysis, an addition of each coping mechanism used is made to form the overall score. Then each coping mechanism is taken individually and divided by the overall score, to give us a percentage of each word used. This is then translated into a pie chart, to give a visual representation of the used coping mechanisms in the given story.

THEMES

The next step involves reading the story and looking for a central theme.

CONFLICTS

This level probes into the unconscious. This level uses a psycholinguistic approach while adopting a psychodynamic point of view. Fenichel (1945) maintains “The neurotic conflict, by definition, is one between the tendency striving for discharge and another tendency that tries to prevent this discharge. ” The symptoms are actions that are taken against the anxieties that underlie behaviours and conflicts. In literary form, actions are represented by verbs and adverbs. We, hence, look for all the verbs and adverbs in the story. They are then jotted down and contrast each one with the opposite verbs/ adverbs, thus uncovering the opposite intention or conflict. The list of opposites reveals the possible conflicts.

The psychological clusters have been taken from the 16 personality factors given by Raymond Cattell. This is based on the trait approach of personality. These 16 PF's form the psychological clusters which are as follows-

1. Group dependent vs Self sufficient
2. Relaxed vs Tense
3. Forthright vs Shrewd
4. Self-assured vs Apprehensive
5. Serious vs Happy go lucky
6. Submissive vs Dominant
7. Affected by feelings vs Emotionally stable
8. Trusting vs Suspicious
9. Reserved vs Outgoing
10. Less intelligent vs More intelligent
11. Conservative vs Experimenting
12. Practical vs Imaginative
13. Uncontrolled vs Controlled
14. Tough minded vs Sensitive
15. Timid vs Venturesome
16. Expedient vs Conscientious

TABLE OF CONFLICTS

This gives us a number to how many time each conflict has occurred throughout.

SUMMARY OF CONFLICTS

This very aspect gives us an insight into what the most prominent conflict resides in the person. This is then combined with second highest conflict

in the individual, to combine them and make a meaningful statement out of it. It tells us what are the most prominent conflicts in an individual.

We need to understand that just because one conflict is more prominent that doesn't mean that this is the only conflict that exists and the others are null and void. It simply means that more actions are taken against this particular anxiety. Other conflicts also have a strong effect on the individual but the most prominent one is that truly defines the actions and influence on a slightly greater level.

SYMBOLS

This level involves the analysis of the symbols. By applying the psychoanalytic anthropological or other approaches to understand the symbols of the client.

For this research "A Dictionary of Symbols" by Juan Eduardo Cirlot is used to look for the symbols. For this purpose, every word that is present in the story is looked for in the dictionary and its meaning is then used to analyse the story.

INSIGHT OF THE STORY USING THE

SYMBOLS

The final step for the analysis of the story is to look at the story from the prism of the symbols. We insert the meaning of each symbol in the story and see what the individual is actually thinking about. The story gets a totally different theme and a meaning once these symbols are used to look at the story. This gives us a much detailed insight into the mind of the individual.

CONCLUSION OF PARTICIPANT'S STORIES

This section is an amalgamation of all the different levels of all the stories. This gives us an insight into the final work of the participant and the analysis. One of the key features of the final analysis is the amalgamation of the scores of all the coping mechanisms. This gives us a visual representation of how over the period of different stories and time, the use of a coping mechanism has changed.

RIYA

Something that always amuses me is how much a person can change over the period of years. I have seen Riya ever since I was her senior in school. I vividly remember how we all called Gunn Gunn which means the notes of a song. She was always a very jolly kid, always smiling and dancing around. Riya has completely changed from being a very happy person to a person who seems to be very frightened and embarrassed. Riya is a Kashmiri Pandit, hence a minority here in Kashmir and in the school and most of the spaces she ever gets to be a part of.

Riya has always been hesitant to share her thoughts and ideas and prefers to stay quiet most of the time. Over the period of time, I observed that even if she doesn't speak through words she turned out to be an amazing artist and one of the bests that Kalakar Qasbah has. Her design for the wall mural has to be one of the best. If it wasn't for this programme, the walls would be empty and now these walls are a canvas to these amazing artists that were discovered through Kalakar Qasbah.



INTRODUCTION

Both fire and ice
I am a perfect mixture of sugar and spice

My name is Riya
I am 13 years old
I have a body of steel
But the heart of gold

My family is my strength
My weakness is food
I love to make friends
But depends on my mood

My favourite colour is blue
My favourite place is my school
I respect all elders
And don't break the rules

This is a little of me
Hope you liked it
I am one in a million kind
As sweet as honey

Riya's work has always fascinated the facilitators and everyone around. Below is the analysis of six of her stories, which will help me mark her progress through these 10 months.

SPELLS ARE PROTECTING



STORY

Hey, I am Fairy. I am the queen of the blue cloud land. I have learnt all about magic. Today some spirits of kingdom Morgan (the land of witches) is attacking my land. I asked help from my friends, the stars and the clouds. We built a barrier of spells, stars and clouds. I am telling the spells constantly so that they can't harm my people and my dear friends and minister of my land THE BUTTERFLY. The spells are protecting our truth and the witch's lies are being buried.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Fairy

TASK/MISSION- To save the people, friends and the minister butterfly

HELP- Stars and clouds

OBSTACLE- Witches

COPING WITH THE OBSTACLE- Build a barrier of spells, stars and clouds

CONCLUSION- Fairy wins

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

Hey, I am Fairy (B,I). I am the queen (S) of the blue (A) cloud (C) land (C). I have learnt (C) all about magic (B,I). Today some spirits (B,I) of kingdom (C,I) Morgan (I) {the land of witches(S,I)} is attacking (PH) my land (C). I asked help (PH) from my friends (S), the stars (C,I) and the clouds (C,I). We built (PH) a barrier (PH) of spells (I), stars (C,I) and clouds (C,I). I am telling (C) the spells (I) constantly so that they can't harm (PH) my people (S) and my dear friends (S) and minister of my land THE BUTTERFLY (S). The spells (I) are protecting (PH) our truth (A,B) and the witch's (S-) lies(A,B) are being buried(PH).

BASIC PH COPING STYLE

B	A	S	S-	I	C	PH
5	3	7	2	14	10	7

THE APPARENT LANGUAGE

The I here is the most prominent coping mechanism. The I being dominant means that the individual relies completely on their imagination to deal with stress. The C being the second highly used coping mechanism means a higher IQ and fewer cognitive complaints. The combination of I & C further conveys that the individual has a strong hold on their cognitive competencies and know how to maintain a balance between reality and imagination. The PH being the third highly used coping mechanism means physical activity and attractiveness. The I along with C, PH creates confident optimism and skilled expressiveness. The S- indicates that the S is in conflict which implies social withdrawal and isolation.

In addition, Riya has clearly exhibited over the time that she resorts to her imagination quite often. Upon her interaction with the facilitators she has said that when stressed, she would start imagining and start talking to plants to feel better.

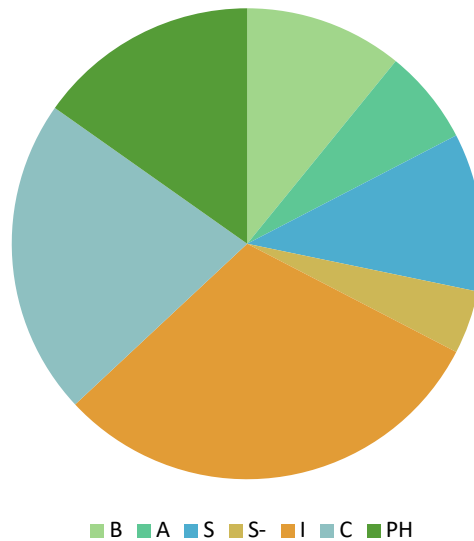
THE FORGOTTEN LANGUAGE

B, A, S are the forgotten languages. This means that there is a lack of social support and help and hence it is rarely used as a coping mechanism. The B being another forgotten language means lack of belief in themselves and not using A as a coping mechanism means internalising and social withdrawal.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	5/34	14.7%
A	3/34	8.82%
S	5/34	14.7%
S-	2/34	5.88%
I	14/34	41.17%
C	10/34	29.41%
PH	7/34	20.58%

PERCENTAGE



THEMES

There are constant threats from the outside world to the good people but with the help of friends, the hardships can be prevented. Constantly standing for your loved ones can save them.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Learn	Unlearn	Tough Minded vs Sensitive
Attacking	Defending	Venturesome vs Timid
Asked help	Deny help	Outgoing vs Reserved Forthright vs Shrewd
Built	Broke	Tough Minded vs Sensitive Self-Assured vs Apprehensive Affected by feelings vs Emotionally Stable
Tell	Hide	Forthright vs Shrewd Trusting vs Suspicious Practical vs Imaginative Reserved vs Outgoing Self-Assured vs Apprehensive
Protecting	Attacking	Tough Minded vs Sensitive Timid vs Venturesome Uncontrolled vs Controlled
Lie	Truth	Expedient vs Conscientious Forthright vs Shrewd Trusting vs Suspicious Affected by feelings vs Emotionally Stable Self-assured vs Apprehensive Tough minded vs Sensitive
Buried	Exhume	Affected by feelings vs Emotionally stable

		Trusting vs Suspicious Self-assured vs apprehensive Tough minded vs Sensitive
Blue	Happy	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense
Magic	Dull	Conservative vs Experimenting Timid vs Venturesome Practical vs Imaginative Self-assured vs Apprehensive
Constantly	Changing	Tough minded vs Sensitive Timid vs Venturesome Self-assured vs Apprehensive Conservative vs Experimenting
Dear	Despised	Serious vs Happy go lucky Self-assured vs Apprehensive Forthright vs Shrewd

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	0
Relaxed vs Tense	1
Forthright vs Shrewd	4
Self-assured vs Apprehensive	2
Serious vs Happy go lucky	2
Submissive vs Dominant	0

Affected by feelings vs Emotionally stable	4
Trusting vs Suspicious	3
Reserved vs Outgoing	2
Less intelligent vs More intelligent	0
Conservative vs Experimenting	2
Practical vs Imaginative	2
Uncontrolled vs Controlled	1
Tough minded vs Sensitive	7
Timid vs Venturesome	4
Expedient vs Conscientious	1

SUMMARY OF CONFLICTS

The conflict of the unconscious that seems quite present while the story was written is that of being tough minded vs sensitive. There seems to be the most conflict pertaining to this cluster. The inner battle for the person is mostly about seeming tough-minded but at the same time it is trying to mask the sensitivity of the self. The sensitive aspect seems more true for Riya as has been observed over the course of Kalakar Qasbah.

Other than the cluster of Tough minded vs Sensitive, Forthright vs Shrewd, Affected by Feelings vs Emotionally Stable and Timid vs Venturesome are also seen as active conflicts. The cluster of Tough Minded vs Sensitive when taken along with Affected by Feelings vs Emotionally Stable helps us look at the aspect of being tough minded and sensitive through a prism of feelings. It may be deduced that being tough minded equals emotional stability while as being sensitive equals Affected by feelings. Riya has been seen as an individual who is very sensitive and emotional. We can hence safely presume that Riyas' conflicts revolve around her emotions.

SYMBOLS

1. **Fairy:** symbolizes the supra-normal powers of the human soul. Their nature is contradictory: they fulfil humble tasks, yet possess extraordinary powers.
2. **Cloud:** Symbolic messenger.
3. **Stars:** Night, multiplicity or disintegration
4. **Butterfly:** Emblem of the soul and of unconscious attraction towards the light.

INSIGHT OF THE STORY USING THE SYMBOLS

The role of Fairy has been the same as defined in the dictionary of symbols. Here in the story also, the fairy is fulfilling a humble task of saving her people and has extraordinary powers that she is using to save her people. The cloud in the story is seen as a friend as well as a barrier to help protect against the spells. We can decipher that she is using the messenger as a friend and at the same time as a barrier which is supposed to carry a message of that of protection. In addition, everyone is trying to save the butterfly which represents the soul and at the same time the unconscious attraction towards light. We can say that everyone is trying to protect the soul and the light of the land.

THE JOURNEY TO HOME



STORY

BUTTERFLY- Hey, I am a radiant butterfly. I am going on a journey. My journey starts from a grassland. The grassland is very dry and has no flowers here. Uhhhh! Oh! I can see some dried flowers but what can I do with dried flowers. Lalal! Oh! Oh! I can see some tulips. White, white tulips! So nice but I like roses. No worry! I can see a parrot. Hey Parrot! Can you tell me where will I find many flowers ?

PARROT- Go straight, dear butterfly.

BUTTERFLY- Thank you. Bye! Oh no! No! No! No! A bear! Don't eat me. Uh! Uh! Oh! Uh! Such an angry bear it was. Hey pigeons! Where will I find flowers? Hey, answer me. Being rude! Uh! Hey deer you tell?

DEER- Go straight and then down the hill.

BUTTERFLY- Ok thanks! Uh! See the cute sunset. I found, I found my home. Woo Hoo! Greenery, flowers, roses, trees.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Butterfly.

TASK/MISSION- To get back home.

HELP- Parrot and deer.

OBSTACLE- Pigeon

COPING WITH THE OBSTACLE- Keeps searching home

CONCLUSION- Gets back home

ASSESSMENT ACCORDING TO THE BASIC PH COPING MODEL

BUTTERFLY- Hey, I am a radiant (PH) butterfly (S). I am going (PH) on a journey (PH). My journey (PH) starts (PH) from a grassland (C). The grassland (C) is very dry (A,PH) and has no flowers (C) here. Uhhhh! Oh! I can see some dried (A, PH) flowers (C) but what can I do with dried (A, PH) flowers (C). Lalal! Oh! Oh! I can see some tulips (C). White (A), white (A) tulips (C)! So nice (A) but I like (C) roses (C). No worry! I can see (PH) a parrot (S). Hey Parrot (S)! Can you tell me where will I find (PH) many flowers(C) ?

PARROT- Go straight, dear (A) butterfly (S).

BUTTERFLY- Thank you (A). Bye! Oh no! No! No! No! A bear! (A) Don't eat me. Uh! Uh! Oh! Uh! Such an angry (A) bear it was. Hey pigeons (S)! Where will I find (PH) flowers (S)? Hey, answer (C) me. Being rude (A, S-)! Uh! Hey deer (S) you tell?

DEER- Go straight and then down the hill (C).

BUTTERFLY- Ok thanks! Uh! See the cute (A) sunset (A). I found (PH), I found (PH) my home (A, C). Woo Hoo! Greenery, flowers (C), roses (C), trees (C).

BASIC PH COPING STYLE

B	A	S	S-	I	C	PH
0	12	6	1	0	15	12

THE APPARENT LANGUAGE

In this story, the most prominently used coping mechanisms are C, PH, A. Higher score in C implies that the person has a higher IQ and has fewer cognitive complaints. This can be reflected in the child's performance at school, where she has been the topper of the class. A score of 12 in Ph translates to behavioural coping and active coping. A combination of Ph and C implies that the person is practical and rational. It also implies that the person can plan and perform well. A combination of C and A might imply that the person is emotional but they are also practical about it. A higher score in A represents an emotional approach to things and can also suggest A higher score in C might imply that the person thinks with their mind rather than their heart.

THE FORGOTTEN LANGUAGE

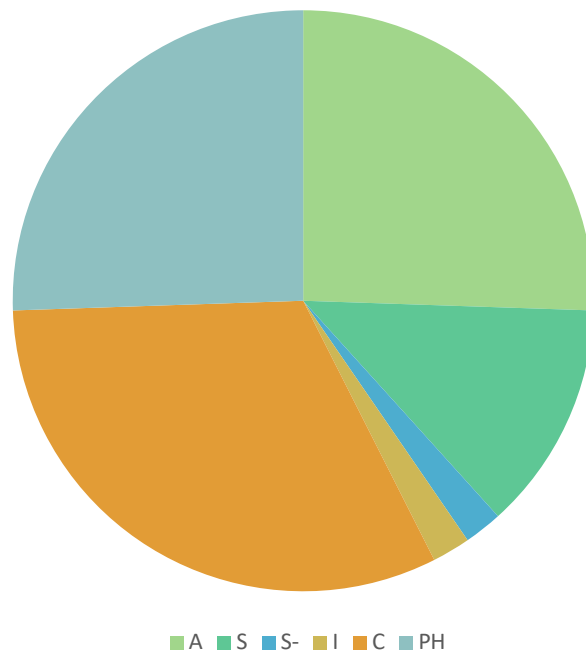
In this story, B, I, S are the forgotten languages. This can imply that the person lacks belief in themselves. It can also convey that the person gives up easily and that the person fails to draw strength from adversity. They are also not very social and an S- proves that they may see others as obstacles. They are quite anti-social and they lack social support. The lack

of I as a coping mechanism suggests escapist fantasy, mental disengagement and wishful thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	0/43	0%
A	12/43	27.9%
S	6/43	13.95%
S-	1/43	2.32%
I	1/43	2.32%
C	15/43	34.88%
PH	12/43	27.9%

PERCENTAGE



THEMES

The themes that arise of the story are that of a lost butterfly who is in search of home. The way towards home is guided by certain creatures. Some decide to help and some decide to ignore her. The home lies where all the flowers lie which implies a garden. The person also isn't happy with just finding a flower. When the butterfly finds tulips, she says she likes them but then realises that she like roses. She moves on to find a place where she can find all sorts for flowers and then would call that place her home.

The story follows an animus pattern as there has been a change. The butterfly in the beginning was in a grassland but eventually in search of home she moves, and at the end reaches where the flowers are.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Going	Coming	Self-assured vs Apprehensive
Can see	Can't see	Uncontrolled vs Controlled Submissive vs Dominant Practical vs Imaginative Less intelligent vs More intelligent Practical vs Imaginative Trusting vs Suspicious
Like	Dislike	Affected by feelings vs Emotionally stable Expedient vs Conscientious Forthright vs Shrewd
Tell	Listen	Tough minded vs Sensitive Submissive vs Dominant

Find	Misplaced	Self-Assured vs Apprehensive Less intelligent vs More intelligent Practical vs Imaginative Timid vs Venturesome Tough Minded Sensitive Controlled vs Uncontrolled
Thank	Degrade	Uncontrolled vs Controlled Less intelligent vs More intelligent Submissive vs Dominant Self-Assured vs Apprehensive
Eat	Starve	Conservative vs Experimenting Less intelligent vs More intelligent Practical vs imaginative Controlled vs Uncontrolled Relaxed vs Tense
Found	Lost	Self-Assured vs Apprehensive Less intelligent vs More intelligent Practical vs Imaginative Timid vs Venturesome Tough Minded Sensitive Controlled vs Uncontrolled
Radiant	Dull	Relaxed vs Tense
Angry	Calm	Uncontrolled vs Controlled Affected by feelings vs Emotionally stable Tough minded vs Sensitive Less intelligent vs More intelligent Relaxed vs Tense
Rude	Polite	Submissive vs Dominant

		Forthright vs Shrewd Uncontrolled vs Controlled Self-assured vs Apprehensive
Dear	Hated	Expedient vs Conscientious Affected by feelings vs Emotionally Stable

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	0
Relaxed vs Tense	3
Forthright vs Shrewd	2
Self-assured vs Apprehensive	4
Serious vs Happy go lucky	2
Submissive vs Dominant	4
Affected by feelings vs Emotionally stable	3
Trusting vs Suspicious	1
Reserved vs Outgoing	2
Less intelligent vs More intelligent	6
Conservative vs Experimenting	1
Practical vs Imaginative	5
Uncontrolled vs Controlled	7
Tough minded vs Sensitive	4
Timid vs Venturesome	2
Expedient vs Conscientious	2

SUMMARY OF CONFLICTS

The most pre-dominantly existing conflict is that of control. The conflict that arises is controlled vs uncontrolled. The person feels issues with

control. They mostly fear being controlled and such has been informed by the individual. The second conflict is that of less intelligent vs more intelligent. This can easily be traced to cognition. As seen above, in this story cognition as a coping mechanism is actively used. We might deduce that one of the complaints of the individual is that of seeming less intelligent. But then that is the fear that lives inside the individual while the person is very bright and sharp cognitively.

SYMBOLS

1. **Butterfly:** Emblem of the soul and of unconscious attraction towards the light.
2. **Flowers-** symbolic to the transitoriness of spring and of beauty.
3. **Tulip-** Tulip is expressive of active spirituality
4. **White-** White symbolises intelligence and purity.
5. **Rose-** Rose is a symbol of completion, of consummate achievement and perfection.
6. **Parrot-** Parrot seeks the water of immortality.
7. **Bear-** In alchemy, the bear corresponds to the Negro of prime matter, and hence it is related to all initial stages and to the instincts. It has consequently been considered a symbol of the perilous aspect of the unconscious and as an attribute of the man who is cruel and crude

INSIGHT OF THE STORY USING THE SYMBOLS

The journey stands with the butterfly that represents the soul and it also represents the unconscious attraction towards the light. As the story starts, the butterfly has started a journey. As per the symbols, it can be said that the journey is that of finding the light. The butterfly i.e., the soul starts

looking for beauty and spring, however transitory. It can be said that the soul is looking for something beautiful, only to realize that it is quite transitory. The soul, hence, is in the hunt for something that is ephemeral. While looking for the flowers, she stumbles upon dried flowers rather than fresh flowers. Fresh flowers even though are something that are fresh and in demand, dried flowers on the other hand are something that are not as beautiful but live in forever. We can see how the search for something more beautiful, even though short-lived, is what the soul seeks and denies something that might last longer but isn't that beautiful. The person then stumbles upon white tulips that represent active spirituality, intelligence and purity but then she believes that roses are better that represent a symbol of completion, achievement and perfection. We see in the percentage chart, how belief is something that lacks in the individual. The individual, even though, feels that spirituality, intelligence and purity are some qualities that are nice to have but they prefer to be perfect and rather achieve. Up until this point, it is shown how the individual is on a path to make themselves perfect in the eyes of the world and how they appear to the world and care less about what's inside. At least it is something what they are made to feel, if it is not something what they actually strive for.

Then, as the butterfly seeks for roses, the parrot helps her in the journey by telling her the path. The parrot being a representative of immortality, the soul hence seeks for something temporary but wants to make it permanent. She then finds out a bear which is a representative of a cruel and a crude soul. The individual is scared that in her journey towards the light or the beauty, she would stumble upon a bear/ man who would make her journey towards the light impossible. But after all the odds, she manages to get home. She manages to find the light after all her fights.

THE NEXT KING



STORY

I am the next king of yellow land Prince Chaka and my father the present king is Cheelaka. He loves me a lot but when I was going to be the next king, I was forced to fight a battle with the king Kala. I lost and I was imprisoned but then I escaped and reached kingdom Morgana. I didn't know it was the kingdom of witches. I was spelled and I became a butterfly. Then I reached blue land where fairies helped me. My father was very happy that I am alive and I was made king and all were happy.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Prince Chaka

TASK/MISSION- To be the king

HELP- Fairies

OBSTACLE- Witches

COPING WITH THE OBSTACLE- Imprisoned and transformed into a butterfly by the witches. Escaped and helped by fairies. Didn't fight on his own

CONCLUSION- Becomes the king

ASSESSMENT ACCORDING TO THE BASIC PH COPING MODEL

I am the next king(S) of yellow(A) land(C) Prince(S) Chaka and my father(S) the present king(S) is Cheelaka. He loves(A) me a lot but when I was going to be the next king(S), I was forced to fight(PH) a battle(PH) with the king(S) Kala(S). I lost(PH) and I was imprisoned(B-,PH) but then I escaped(PH) and reached kingdom(C) Morgana. I didn't know it was the kingdom(C) of witches(S-,I). I was spelled(I) and I became(PH) a butterfly(C). Then I reached(PH) blue(A) land(C) where fairies(I) helped(PH) me. My father(S) was very happy(A) that I am alive (PH) and I was made king(S) and all were happy(A)

BASIC PH COPING STYLE

B	B-	A	S	S-	I	C	PH
0	1	5	9	1	3	5	9

THE APPARENT LANGUAGE

The PH, S here are the most prominent coping mechanisms. The PH & S being dominant means that the individual relies on their physiological aspect to deal with stress and they also rely on their social skills to deal with stress. A combination of both PH & S could mean the use of body in a social setting or can take an active role. However an S- means that the S is in conflict and hence implies that the person may see other people in a social setting as obstacles and hence influencing her behaviour in a social setting. The C is the second prominently used coping mechanism. The C interacts with PH to ensure a practical, rational behaviour. The C also interacts with S; which implies social norms and rules that is - likes a structured and well defined role. An S- implies that the person may find it difficult to adhere to some rules.

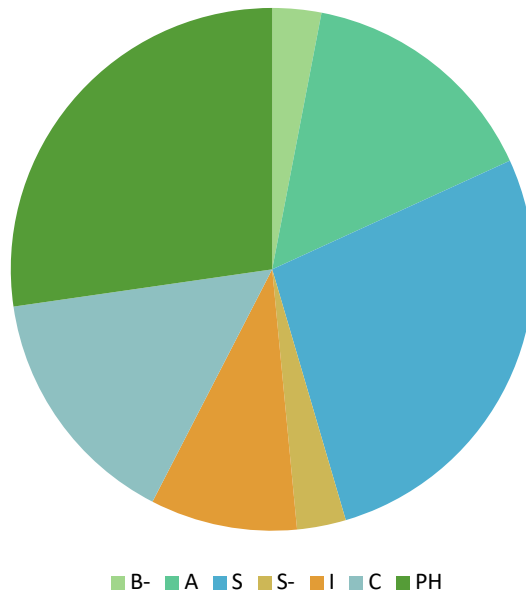
THE FORGOTTEN LANGUAGE

B, A, I are the forgotten languages. The B being a forgotten language means lack of belief in themselves and not using A as a coping mechanism means internalising and social withdrawal. Lack of I implies mental disengagement.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B-	1/32	3.12%
A	5/32	15.62%
S	9/32	28.12%
S-	1/32	3.12%
I	3/32	9.37%
C	5/32	15.62%
PH	9/32	28.12%

PERCENTAGE



THEMES

The story of the land of yellow has been associated with the story of land of blue. The prince has a dream of becoming a king; which is a much powerful position than a prince. There is a fight between the prince and another king to prove his competence but then the prince loses and is imprisoned. He escapes the prison only to land in another prison where he is transformed into a butterfly by the evil witches. He escapes and ends up in land of blue where fairy, clouds and stars help protecting him. They win and his father comes and finds him alive and makes him the king.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Was going	Was not going	Uncontrolled vs Controlled Reserved vs Outgoing

		Submissive vs Dominant
To be	Not to be	Tough minded vs Sensitive Relaxed vs Tense Self-assured vs Apprehensive Conservative vs Experimenting Timid vs Venturesome
Was forced	Voluntary	Uncontrolled vs Controlled Submissive vs Dominant Group dependent vs Self-sufficient
Lost	Found	Tough minded vs Sensitive Self-assured vs Apprehensive
Was imprisoned	Was set free	Submissive vs Dominant Uncontrolled vs Controlled
Escaped	Confronted	Forthright vs Shrewd Self-assured vs Apprehensive Reserved vs Outgoing Expedient vs Conscientious Group dependent vs Self-sufficient Relaxed vs Tense Timid vs Venturesome
Reached	Departed	Reserved vs Outgoing
Know	Not know	Conservative vs Experimenting Trusting vs Suspicious Forthright vs Shrewd Reserved vs Outgoing
Was spelled	Was blessed	Timid vs Venturesome Expedient vs Conscientious
Became	Remained	Self-assured vs Apprehensive

		Uncontrolled vs Controlled Practical vs Imaginative Timid vs Venturesome
Helped	Harmed	Less intelligent vs More intelligent Forthright vs Shrewd
Was made	Was destroyed	Conservative vs Experimenting Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Affected by feelings vs Emotionally stable Less intelligent vs More intelligent
Didn't	Did	Conservative vs Experimenting Practical vs Imaginative Relaxed vs Tense Timid vs Venturesome Self-assured vs Apprehensive
Blue	Happy	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	2
Relaxed vs Tense	4
Forthright vs Shrewd	3
Self-assured vs Apprehensive	6
Serious vs Happy go lucky	1

Submissive vs Dominant	3
Affected by feelings vs Emotionally stable	2
Trusting vs Suspicious	2
Reserved vs Outgoing	4
Less intelligent vs More intelligent	2
Conservative vs Experimenting	4
Practical vs Imaginative	2
Uncontrolled vs Controlled	4
Tough minded vs Sensitive	4
Timid vs Venturesome	5
Expedient vs Conscientious	2

SUMMARY OF CONFLICTS

The most prominent conflict is that of Self-assured vs Apprehensive and the second most prominent conflict is Timid vs Venturesome. It conveys that the individuals major conflict is apprehensive vs Self-assured and looking at Riya as an individual and knowing her personally, she is quite Timid and apprehensive but to others she surely looks like an individual who is self-assured and venturesome. In order to mask herself doubt and her insecurities, she portrays herself as an individual who is really smart, which she surely is, just for others to feel that she is quite confident about herself.

SYMBOLS

- 1. King:** expresses the ruling or governing principle, supreme consciousness, and the virtues of sound judgement and self-control. At the same time, a coronation is equivalent to achievement, victory and consummation. Any man may be called a king when he

achieves the culminating point in the unfolding of his individual life.

2. **Fight:** All combats are expression of a conflict of some sort.
3. **Loss:** On the one hand, the sense of loss is bound up with the feeling of guilt together with a presentiment of ultimate purification or pilgrimage and journeying. On the other hand, the idea of losing and of rediscovering oneself, or the notion of the 'lost object' that is missed very painfully, are concepts parallel to that of death and resurrection
4. **Butterfly:** Emblem of the soul and of unconscious attraction towards the light.
5. **Fairy:** symbolizes the supra-normal powers of the human soul. Their nature is contradictory: they fulfil humble tasks, yet possess extraordinary powers.

INSIGHT OF THE STORY USING THE SYMBOLS

The story is connected to the stories above but it actually takes us to a time before the butterfly went on her journey to the blue land and home. This is about a prince who is striving to be king. This represents supreme consciousness and the virtues of sound judgement and self-control. In context of the story earlier and the individual, the striving for self-control seems much apt. The individual feels that being a prince means getting control while being a king is about self-control. The individual wants to take control of their own life but they are made to fight for this and this fight is lost. They are then sent to a prison. This may suggest that while they claim their self-control, they are imprisoned for their guardian doesn't feel they are eligible and hence reprimanded for asking for that self-control when they weren't even worth it. They then escape and reach the witches who turn him into a butterfly. The witches transform him into

something they are not. The only thing in the butterfly that remains the same is their soul and then he goes to the fairies who save him and then they are made the king. This can also be a dream where they feel like I they take extreme steps, they will be prized with self-control.

CONCLUSION

The person has shifted to a different language. The I which was the main coping mechanism to deal with stress seems to have been gone dormant at the moment. The person has shifted from I to S, which may be a reason of the Kalakar Qasbah. Being a part of Kalakar Qasbah might have given her a sense of belonging and hence the S became active.

The prince wants to be in a powerful position that is a hunger for being more powerful than he already is. Even when there is a claim made that the father loves the Prince he still subjects him to a battle to test his worth which he fails and the prince is imprisoned. He escapes and ends in a wrong place. He is transformed into a butterfly and escapes yet again only to be saved by others but not himself. His father is happy to find him alive and gives him the title of king easily.

The narrative reflected here can be linked to the narrative of parental control and rage. Even when the parents love their children dearly, the children are made to feel that in order for them to be deserving of their love they have to prove their worth to the parents. The parents are figures who have been through years of trauma and systematic oppression, they in turn treat their children with the same amount of sternness that they received from the state and hence they imprison their children psychologically. The children try their best to break free of these shackles but they end up in the wrong place. This wrong place usually is a harmful way of channelising emotions or even violent means of expressing their anger towards parental authority which is directed towards the state

authority sometimes. The children try to keep escaping in search of a better place. This game of escaping is continued through their life.

The girls and the woman in the society are again dearly loved by their parental figures but this love comes with its own limitations. In the South Asian

culture the women are psychologically considered as minors and hence their life is mostly governed by their fathers or husbands. The girls are used to getting controlled by their parents and then they try to escape that by seeking love outside. They keep getting the same kind of behaviour from the external sources of love too and they then try to escape it too. But then the whole narrative that the butterfly flies to the land of blue only to be protected by the Fairy and stars and moon, tells us how the girls in this society want others to fight for them rather than them fighting their demons.

The end of the story is that the king is happy to find the prince alive and makes him the king. The pattern to notice here is how even after getting imprisoned and facing so much of difficulties; even getting transformed from a human to a butterfly, the prince doesn't confront his father on how he hurt him in so many ways. He simply forgets all that he went through and goes on happily to be the king. This is the narrative that is repeated over and over here, even when the children are subjected through so much of mental trauma, they don't even let their parents know what all they have gone through, they just keep living happily overtly.

LAND OF RED



STORY

In a faraway land- All where red band
 In the land of red- No one goes to bed
 The vicious owl always dared- and very very hungry
 Wants to eat the deer- Whenever he hears
 Them eating the grass- In a very large mass
 Everybody is scared- Because they are unprepared
 Then the king of deer went to humans- Who were the true men
 Humans agreed to help- Because their sadness they felt
 The owl came and humans on flame
 Humans sent out spears- Happy were deers

The owl was dead- In the land of red
 Deers thanked humans for helping them- And said humans are the real
 gem

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Deer

TASK/MISSION- To get the owl killed

HELP- Humans

OBSTACLE- Owl

COPING WITH THE OBSTACLE- Encounter between humans and owl

CONCLUSION- Death of owl

ASSESSMENT ACCORDING TO THE BASIC PH COPING MODEL

In a faraway land(C)- All where red(A) band
 In the land(C) of red(A)- No one goes to bed(C)
 The vicious(A) owl(S-) always dared(PH)- and very hungry(PH)
 Wants(A) to eat(PH) the deer(S)- Whenever he hears
 Them eating(PH) the grass(C)- In a very large(PH) mass(PH)
 Everybody(S) is scared(A)- Because they are unprepared(PH)
 Then the king(S) of deer(S) went to humans(S)- Who were the true(A)
 men(S)
 Humans(S) agreed to help(PH)- Because their sadness(A) they felt(A)
 The owl(S-) came(PH) and humans(S) on flame(C)
 Humans(S) sent(PH) out spears(C)- Happy(A) were deers(A)
 The owl(S-) was dead(PH)- In the land(C) of red(A)

Deers(S) thanked(A) humans(S) for helping(PH) them- And said(C)
humans(S) are the real gem(C)

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
0	0	13	0	11	5	0	0	9	0	14	0

THE APPARENT LANGUAGE

The PH, A, S here are the most prominent coping mechanisms. The PH is the highest coping mechanism used which implies that there is a physical activity involved to a greater extent. The PH, A, S interact to imply temperamental characteristics of a child which favours de-escalation and self-control in general as well as in acute crises but also promotes an overall uncomplicated child-parent relationship, even if both parents are in chronic discord; easy temperament. The child has a 5 S- which means there may be anti-social action, the child may feel different and withdraws. There is a social withdrawal and self-isolation. The A, S together implies that there was an availability of an emotionally stable and trustworthy person during early childhood.

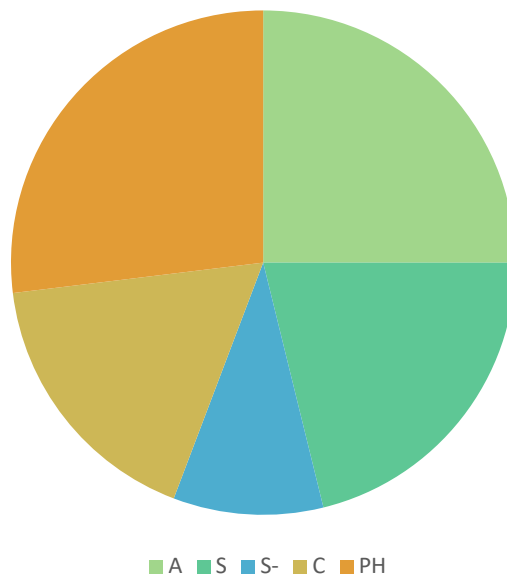
THE FORGOTTEN LANGUAGE

B,I,C are the forgotten languages. The B being a forgotten language means lack of belief in themselves and not using C as a coping mechanism means cognitive avoidance and negative cognitive coping. Lack of I implies mental disengagement.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	0/52	0%
B-	0/52	0%
A	13/52	25%
A-	0/52	0%
S	11/52	21.15%
S-	5/52	9.61%
I	0/52	0%
I-	0/52	0%
C	9/52	17.3%
C-	0/52	0%
PH	14/52	26.92%
PH-	0/52	0%

PERCENTAGE



THEMES

The powerless are always overpowered by the powerful. In order to take out a person who has power you need help and that help comes from people with weapons.

CONFLICTS

Verbs, adjectives, adverbs	Opposites	Clusters
Goes	Comes	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Dared	Refrain	Timid vs Venturesome Practical vs Imaginative Forthright vs Shrewd Self-assured vs Apprehensive Submissive vs Dominant Expedient vs Conscientious
Eat	Vomit	Uncontrolled vs Controlled Trusting vs Suspicious Affected by feelings vs Emotionally stable Submissive vs Dominant Tough minded vs Sensitive
Hears	Ignore	Self-assured vs Apprehensive Submissive vs Dominant Tough minded vs Sensitive
Went	Arrived	Group dependent vs Self sufficient Trusting vs Suspicious

		Self-assured vs Apprehensive
Were	Weren't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Agreed	Contradict	Group dependent vs Self sufficient Forthright vs Shrewd Submissive vs Dominant Reserved vs Outgoing
Help	Harm	Forthright vs Shrewd Trusting vs Suspicious Self-assured vs Apprehensive Affected by Feelings vs Emotionally stable
Feel	Disregard	Timid vs Venturesome Reserved vs Outgoing Expedient vs Conscientious Self-assured vs Apprehensive Less intelligent vs More intelligent
Came	Left	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Send	Receive	Trusting vs Suspicious Expedient vs Conscientious
Was	Wasn't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Is	Isn't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing

Thanked	Demean	Timid vs Venturesome Reserved vs Outgoing Expedient vs Conscientious Self-assured vs Apprehensive Less intelligent vs More intelligent
Say	Be quiet	Self-assured vs Apprehensive Submissive vs Dominant Tough minded vs Sensitive
Faraway	Nearby	Timid vs Venturesome Self-assured vs Apprehensive Relaxed vs Tense Forthright vs Shrewd Affected by feelings vs Emotionally stable Trusting vs Suspicious Tough minded vs Sensitive Reserved vs Outgoing
Vicious	Gentle	Affected by feelings vs Emotionally stable Less intelligent vs More intelligent Forthright vs Shrewd Self-assured vs Apprehensive
Hungry	Full	Relaxed vs Tense
Scared	Calm	Practical vs Imaginative Affected by Feelings vs Emotionally stable Timid vs Venturesome Uncontrolled vs Controlled Less intelligent vs More intelligent Tough minded vs Sensitive Relaxed vs Tense

Unprepared	Prepared	Less intelligent vs More intelligent Relaxed vs Tense Self-assured vs Apprehensive
Dead	Alive	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing Timid vs Venturesome
Real	Fake	Expedient vs Conscientious Self-assured vs Apprehensive

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	7
Relaxed vs Tense	4
Forthright vs Shrewd	5
Self-assured vs Apprehensive	13
Serious vs Happy go lucky	0
Submissive vs Dominant	5
Affected by feelings vs Emotionally stable	5
Trusting vs Suspicious	7
Reserved vs Outgoing	8
Less intelligent vs More intelligent	5
Conservative vs Experimenting	1
Practical vs Imaginative	6
Uncontrolled vs Controlled	2
Tough minded vs Sensitive	5
Timid vs Venturesome	6
Expedient vs Conscientious	6

SUMMARY OF CONFLICTS

The most prominent conflict is self-assured vs apprehensive. We need to understand that just because one conflict is more prominent that doesn't mean that this is the only conflict that exists and the others are null and void. We know that stories are mostly where individuals project their emotions and in this story also, the prince not becoming the king, speaks about his apprehensions towards himself. The prince feels the need of the power and to be the king. Being a king is great but being a prince is no less. The individual maybe in order to seek that validation and to be self-assured needs to be the king.

SYMBOLS

1. **Owl:** the owl symbolizes death, night, cold and passivity
2. **Flame:** There are certain significant points of contact between the flame and light. For Bachelard, the flame symbolizes transcendence itself, whereas light signifies the effect of the transcendental upon the environment.
3. **Spear:** A comparison between the different symbolic grades of arms and the Jungian archetypes would give the following correlations: Anima (spear).

INSIGHT OF THE STORY USING THE SYMBOLS

The symbols when used in context of the story give the same meaning as they would without the symbols. The owl in the story is a creature feared by the deer because they know that the owl can hurt them. The owl symbolizes death and hence is feared. Flame and spear are also used in the same context as the meaning of symbols.

THE LAND OF BUTTERFLY'S EGG



STORY

I am the butterfly whom you met in the beginning. Now I am going to tell you about my past when I was an egg first. So as an egg, I first was on a leaf, from there the farmer took some leaves for some purpose and I was on one of these leaves. Then while passing the bridge I was falling and suddenly I got into an old web of spiders. Thank God, there wasn't any spider. Then I was hanging there for a week and one morning I saw a fish from the waterfall trying to chase me down. As I saw towards the cave, I saw three eggs. I thought that the fish must be trying to get as her own egg. As I was thinking, a snake came climbing a tree and wanted to have me as breakfast. But suddenly he fell in water and the currents carried him away. I AM STILL HANGING GUYS!

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Butterfly

TASK/MISSION- To get home

HELP- Nature

OBSTACLE- Spider web, farmer, snake, fish

COPING WITH THE OBSTACLE- Trying to hang in there

CONCLUSION- Still alive but stuck

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

I am the butterfly(S) whom you met (PH) in the beginning (PH). Now I am going (PH) to tell (C) you about my past (B) when I was an egg (C) first. So as an egg (C), I first was on a leaf (C), from there the farmer (S-) took some leaves (C) for some purpose (B) and I was on one of these leaves (C). Then while passing (PH) the bridge (C) I was falling (PH) down and suddenly (B) I got into an old (PH, B) web(C) of spiders (S-). Thank God (B), there wasn't any spider (S-). Then I was hanging (PH) there for a week (B) and one morning (B) I saw a fish (S) from the waterfall (PH) trying to chase (PH) me down. As I saw towards the cave (C), I saw three (C) eggs (C). I thought (C) that the fish must be trying (PH) to get (C) as her own (B) egg. As I was thinking (C), a snake (S-) came climbing (PH) a tree (C) and wanted (C, B) to have me as breakfast. But suddenly he fell (PH) in water (C) and the currents (C) carried him away. I AM STILL HANGING GUYS!

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
9	0	0	0	2	4	0	0	17	0	12	0

THE APPARENT LANGUAGE

In this story, **C, Ph, B** are the highly used coping mechanisms. A combination of C, Ph implies that the person can plan and perform well. They are able to execute their ideas very well. The combination of C, BV implies that there is a sense of self; cognitions of self-efficacy and self-esteem; internal locus of control; high self-directed personality; self-understanding. A combination of B, Ph implies that there is an action-focused coping mechanism. The person is goal-directed, industrious and productive.

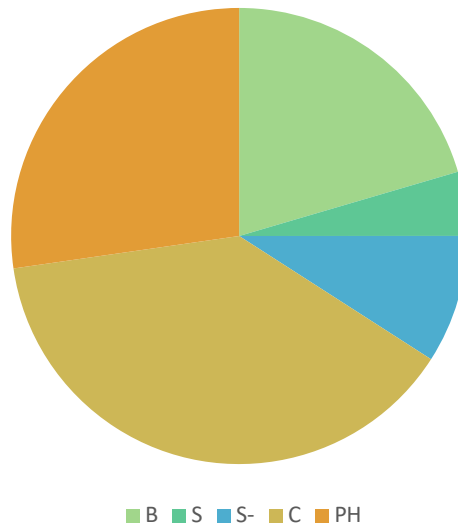
THE FORGOTTEN LANGUAGE

A, S, I are the forgotten languages. This implies the lack of emotionally stable and trustworthy person during early childhood.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	9/44	20.45%
B-	0/44	0%
A	0/44	0%
A-	0/44	0%
S	2/44	4.54%
S-	4/44	9.09%
I	0/44	0%
I-	0/44	0%
C	17/44	38.63%
C-	0/44	0%
PH	12/44	27.27%
PH-	0/44	0%

PERCENTAGE



THEMES

The theme is that the butterfly got lost and was displaced from where she belonged. She then gets stuck in a spider web with thankfully so spiders. Then she finds many enemies there but they couldn't do her any harm.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Met	Didn't meet	Trusting vs Suspicious Uncontrolled vs Controlled Reserved vs Outgoing
Am going	Not going	Reserved vs Outgoing Relaxed vs Tense Tough minded vs Sensitive Trusting vs Suspicious

		Controlled vs Uncontrolled
Tell	Being quiet	Forthright vs Shrewd Expedient vs Conscientious Reserved vs Outgoing Relaxed vs Tense Trusting vs Suspicious Timid vs Venturesome
Take	Give	Forthright vs Shrewd Uncontrolled vs Controlled Tough minded vs Sensitive Submissive vs Dominant
Passing	Halted	Relaxed vs Tense
Was falling	Was rising	Group dependent vs Self sufficient Trusting vs Suspicious Timid vs Venturesome Uncontrolled vs Controlled Self-assured vs Apprehensive Tough Minded vs Sensitive
Was hanging	Was rising	Group dependent vs Self sufficient Trusting vs Suspicious Timid vs Venturesome Uncontrolled vs Controlled Self-assured vs Apprehensive Tough Minded vs Sensitive
Saw	Avoid	Tough Minded vs Sensitive Affected by feelings vs Emotionally stable
Trying	Give up	Tough Minded vs Sensitive Trusting vs Suspicious

		Practical vs Imaginative Self-assured vs Apprehensive Timid vs Venturesome Less intelligent vs More intelligent
Chase	Guide	Less intelligent vs More intelligent Group dependent vs Self sufficient Tough minded vs Sensitive
Thought	Mindlessness	Less intelligent vs More intelligent Relaxed vs Tense Practical vs Imaginative
Must be trying	Not trying	Self-assured vs Apprehensive Practical vs Imaginative Conservative vs Experimenting
Was thinking	Not thinking	Less intelligent vs More intelligent Relaxed vs Tense Practical vs Imaginative
Wanted	Need	Tough minded vs Sensitive Expedient vs Conscientious Serious vs Happy go lucky Uncontrolled vs Controlled Affected by feelings vs emotionally stable Practical vs Imaginative Less intelligent vs More Intelligent
Carried	Throw	Expedient vs Conscientious Timid vs Venturesome
Suddenly	Gradually	Uncontrolled vs Controlled Practical vs Imaginative

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	3
Relaxed vs Tense	5
Forthright vs Shrewd	2
Self-assured vs Apprehensive	4
Serious vs Happy go lucky	1
Submissive vs Dominant	1
Affected by feelings vs Emotionally stable	2
Trusting vs Suspicious	6
Reserved vs Outgoing	3
Less intelligent vs More intelligent	5
Conservative vs Experimenting	1
Practical vs Imaginative	6
Uncontrolled vs Controlled	7
Tough minded vs Sensitive	8
Timid vs Venturesome	5
Expedient vs Conscientious	3

SUMMARY OF CONFLICTS

The most prominent conflict is that of Tough minded vs Sensitive. The whole story the butterfly is marred by various events that are life threatening but the butterfly manages to survive the various calamities that befall her. Uncontrolled vs control is another conflict that arises and conveys how through life she is controlled. The butterfly is controlled through various forces in the nature and is obviously scared about it.

SYMBOLS

1. **BUTTERFLY**- Emblem of the soul and of unconscious attraction towards the light.
2. **EGG**- represents potentiality, the seed of generation, the mystery of life.
3. **LEAF**- is an allegory of happiness
4. **WEB**- a symbol of the negative aspect of universe.
5. **FISH**- is a psychic being which endowed with is heightening power concerning base matter- that is the unconscious.
6. **SNAKE**- symbolises both strength and viciousness and evil side of nature.

INSIGHT OF THE STORY USING THE SYMBOLS

The butterfly represents a few things like the emblem of soul and the unconscious attraction towards the light. We take the meaning of butterfly as being an unconscious attraction towards light as all the other aspects denote a negative aspect and a dark side. The butterfly seeks light and while it is still an egg, it is waiting to get into the phase where she will embark on a journey of light. While she is still an egg, not yet ready for the world, she is carried away. Before this her home used to be on a leaf which represents happiness and then all of a sudden her life takes a dark turn. She is taken away by a farmer and falls into a spider web which is a symbol of the negative aspect of the universe. So the butterfly had to see a dark time even before growing up. She was still in the egg, lying on happiness that all of a sudden adversities come along her way. She is chased by various creatures. She got tied in the web and kept hanging from there, which says that she is entangled in this negative aspect for some time. The fish which represents the unconscious tries to take the fish

egg, the intentions are not very clear. The unconscious is trying to gain some control on the mind of the fish but fails, maybe it is not the right time. The snake, which also represents an evil side of nature, also tries to eat the egg but then falls down.

Even though bad things happened with the butterfly, but the web can also be seen as a blessing in disguise. The butterfly was taken the farmer and we don't know if the butterfly would have survived there but then getting entangled in the web has saved her from various other dark phases. Getting through a dark phase in life surely makes an individual appreciate the light.

LEARN FROM ANIMALS



STORY

Once upon a time there was a lion. He was imprisoned by some humans because they wanted to rule over his empire. They ruled for two years but then suddenly one day a group of tribal people came and attacked humans. Humans were not able to defend. When the lion knew that some tribes are coming and killing the animals, he broke the doors of the cage and fought them. He won the battle. The humans ran away because they thought that

the lion will kill them now. And then the lion ruled again happily. We should realise that how protective animals are for their family and companions and we humans have lost the great wealth (Humanity).

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Lion

TASK/MISSION- To save other animals

HELP- His motivation to save other animals

OBSTACLE- Tribal people and humans

COPING WITH THE OBSTACLE- The lion breaks free

CONCLUSION- The lion rules

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

Once upon a time(C) there was a lion(S). He was imprisoned(C) by some humans(S-) because they wanted(C-) to rule(PH) over his empire(C). They ruled(PH) for two years(C) but then suddenly one day(C) a group(S) of tribal people(S-) came(PH) and attacked(PH) humans(S-). Humans(S-) were not able to defend(PH). When the lion(S) knew that some tribes(S-) are coming(PH) and killing(PH) the animals(S), he broke(PH) the doors(C) of the cage(C) and fought(PH) them. He won(PH) the battle(PH). The humans(S-) ran away(PH) because they thought(C) that the lion(S) will kill(S) them now. And then the lion(S) ruled(PH) again happily(A). We should realise that how protective(A) animals(S) are for their family(S) and companions(S) and we humans(S) have lost(PH) the great wealth (Humanity)

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
0	0	13	0	11	6	0	0	8	1	14	0

THE APPARENT LANGUAGE

The PH, S here are the most prominent coping mechanisms. The PH & S being dominant means that the individual relies on their physiological aspect to deal with stress and they also rely on their social skills to deal with stress. A combination of both PH & S could mean the use of body in a social setting or can take an active role. However an S- means that the S is in conflict and hence implies that the person may see other people in a social setting as obstacles and hence influencing her behaviour in a social setting. The C is the second prominently used coping mechanism. The C interacts with PH to ensure a practical, rational behaviour. The C also interacts with S; which implies social norms and rules that is - likes a structured and well defined role. An S- implies that the person may find it difficult to adhere to some rules.

THE FORGOTTEN LANGUAGE

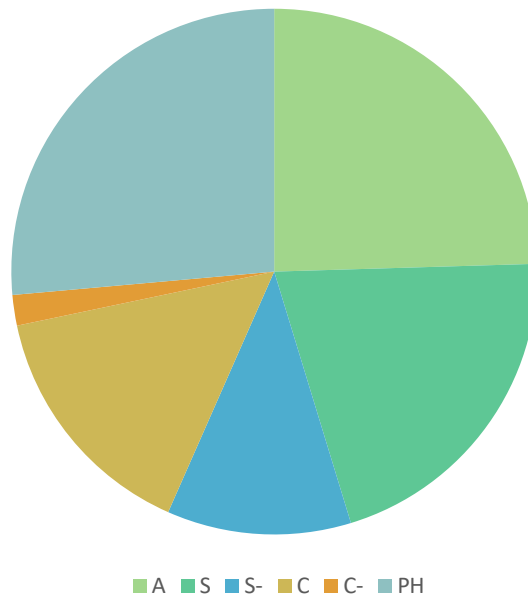
B, A, I are the forgotten languages. The B being a forgotten language means lack of belief in themselves and not using A as a coping mechanism means internalising and social withdrawal. Lack of I implies mental disengagement.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	0/53	0%
B-	0/53	0%

A	13/53	24.52%
A-	0/53	0%
S	11/53	20.75%
S-	6/53	11.32%
I	0/53	0%
I-	0/53	0%
C	8/53	15.09%
C-	1/53	1.88%
PH	14/53	26.41%
PH-	0/53	0%

PERCENTAGE



THEMES

The theme that arises out of the story is how the lion broke himself free whenever he needed to. But the thing to note here is that the lion was getting ill-treated by humans but at that moment he didn't fight fir himself

but the minute the tribal people came and attacked the people, the lion was much powerful than ever and fought for his loved ones.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Was	Is	Reserved vs Outgoing Tough Minded vs Sensitive
Imprisoned	Liberated	Submissive vs Dominant Group Dependent vs Self sufficient Timid vs Venturesome Uncontrolled vs Controlled
Want	Don't want	Trusting vs Suspicious Uncontrolled vs Controlled Self-assured vs Apprehensive Conservative vs Experimenting
Rule	Renounce	Group dependent vs Self sufficient Expedient vs Conscientious Timid vs Venturesome Forthright vs Shrewd Relaxed vs Tense Uncontrolled vs. Controlled Conservative vs Experimenting
Came	Fled	Relaxed vs Tense Self-assured vs Apprehensive Tough minded vs Sensitive Timid vs Venturesome Expedient vs Conscientious

Attacked	Defended	Timid vs Venturesome Uncontrolled vs Controlled Forthright vs Shrewd Tough minded vs Sensitive Less intelligent vs More intelligent Trusting vs Suspicious
Defend	Attack	Timid vs Venturesome Uncontrolled vs Controlled Forthright vs Shrewd Tough minded vs Sensitive Less intelligent vs More intelligent Trusting vs Suspicious
Know	Not know	Trusting vs Suspicious Less intelligent vs More intelligent
Are coming	Are not coming	Relaxed vs Tense Self-assured vs Apprehensive Tough minded vs Sensitive Timid vs Venturesome Expedient vs Conscientious
Killing	Saving	Uncontrolled vs Controlled Timid vs Venturesome Expedient vs Conscientious Tough minded vs Sensitive
Broke	Fixed	Less intelligent vs More intelligent Tough minded vs Sensitive Self-assured vs Apprehensive Relaxed vs Tense Uncontrolled vs Controlled

Fought	Resolved	Uncontrolled vs Controlled Timid vs Venturesome Expedient vs Conscientious Tough minded vs Sensitive
Won	Lost	Tough minded vs Sensitive Timid vs Venturesome Practical vs Imaginative
Ran	Walked	Timid vs Venturesome Conservative vs Experimenting
Thought	Shunned	Practical vs Imaginative Tough minded vs Sensitive Less intelligent vs More intelligent
Will Kill	Won't kill	Uncontrolled vs Controlled Timid vs Venturesome Expedient vs Conscientious Tough minded vs Sensitive
Should realise	Didn't realise	Less intelligent vs More intelligent
Have lost	Have found	Self-Assured vs Apprehensive Less intelligent vs More intelligent Practical vs Imaginative Timid vs Venturesome Tough Minded Sensitive Controlled vs Uncontrolled
Once	Often	Conservative vs Experimenting Timid vs Venturesome Tough minded vs Sensitive Reserved vs Outgoing

		Trusting vs Suspicious Self-assured vs Apprehensive
Then suddenly	Gradually	Uncontrolled vs Controlled Practical vs Imaginative
Again	Never	Trusting vs Suspicious Timid vs Venturesome Self-assured vs Apprehensive Tough minded vs Sensitive Conservative vs Experimenting Reserved vs Outgoing
Happily	Sadly	Serious vs Happy go lucky Affected by feelings vs Emotionally stable

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	2
Relaxed vs Tense	4
Forthright vs Shrewd	3
Self-assured vs Apprehensive	7
Serious vs Happy go lucky	1
Submissive vs Dominant	1
Affected by feelings vs Emotionally stable	1
Trusting vs Suspicious	6
Reserved vs Outgoing	3
Less intelligent vs More intelligent	7
Conservative vs Experimenting	5
Practical vs Imaginative	4

Uncontrolled vs Controlled	11
Tough minded vs Sensitive	14
Timid vs Venturesome	14
Expedient vs Conscientious	6

SUMMARY OF CONFLICTS

Tough minded vs Sensitive and Timid vs Venturesome are the most prominent conflicts. These conflicts give us an insight into what the person is actively trying to mask. The individual is surely a very sensitive human but appears to be tough minded. This was the case of the butterfly, that even when the butterfly was going through a lot, the butterfly was putting on a mask of being tough. The unconscious that can reflect the sensitivity was trying to reach the egg but could not. Also, the egg is stuck in the web and the butterfly is trying to be venturesome by talking us through it but then is scared or timid somewhere down. It is just an egg and not a butterfly yet.

SYMBOLS

1. **LION-** The king of beasts and a symbol of continual struggle.
2. **ANIMALS-** The origins of animal symbolism are closely linked with totemism and animal worship

INSIGHT OF THE STORY USING THE SYMBOLS

The symbols don't convey much about the story. They symbols convey the same meanings as they do in the original story.

SUMMARY

APPARENT LANGUAGE

LAND OF BLUE- I, C, PH

JOURNEY TO HOME- A, C, PH

LAND OF YELLOW- S, C, PH

LAND OF RED- A, S, PH

LAND OF BUTTERFLYS EGG- B, C, PH

LAND OF ORANGE- S, C, PH

TABLE OF APPARENT LANGUAGE

COPING MECHANISM	SCORE
B	1/18
A	2/18
S	3/18
I	1/18
C	5/18
PH	6/18

SUMMARY OF APPARENT LANGUAGE

PH, C, S are the three most prominent coping mechanisms that has been used throughout. This hence forms our ultimate apparent language. Ph being used as a coping mechanism and a part of apparent language means socially competent behavior despite chronic stress. It also denotes helpfulness. This also signifies taking on responsibility for siblings and sometimes also for ill parents and perceived social support. Ph defines active coping during the process of the workshop. It also defines passivity and behavioural escape. It also defines instrumental action regarding

work and achieve. It tells us about problem solving and focused behavior. There may also be cognitive avoidance.

FORGOTTEN LANGUAGE

LAND OF BLUE- B, A, S

JOURNEY TO HOME- B, S, I

LAND OF YELLOW- B, A, I

LAND OF RED- B, I, C

LAND OF BUTTERFLYS EGG- A, S, I

LAND OF ORANGE- B, A, I

TABLE OF FORGOTTEN LANGUAGE

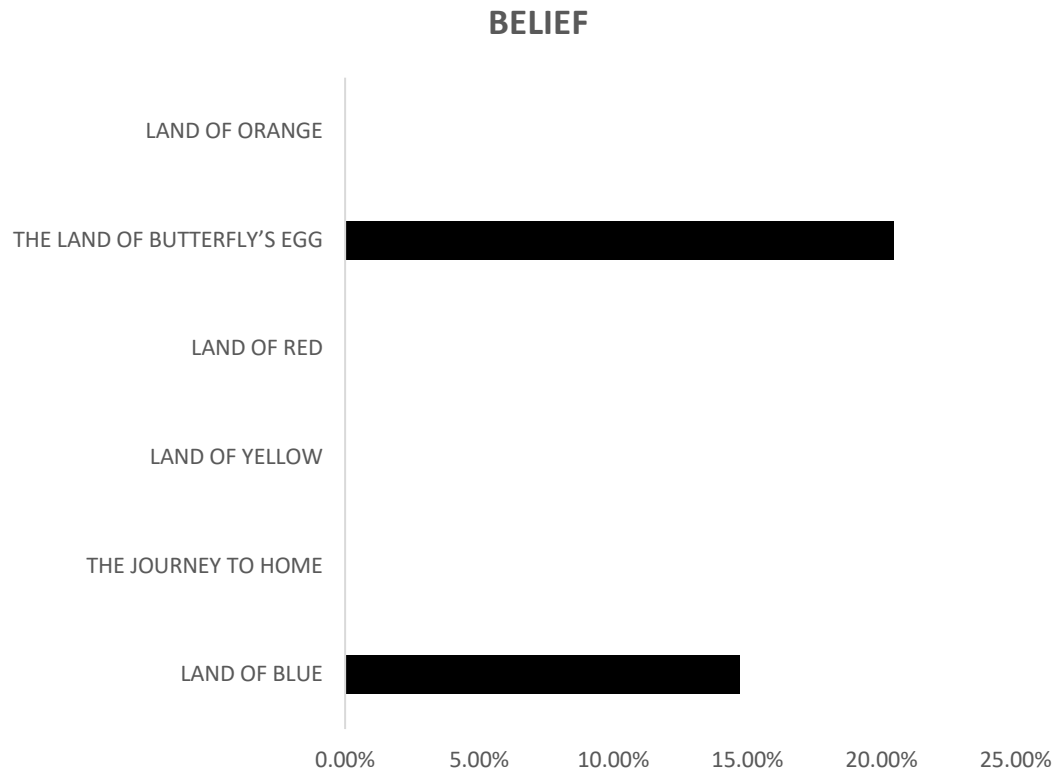
COPING MECHANISM	SCORE
B	5/18
A	4/18
S	3/18
I	5/18
C	1/18
PH	6/18

B, I, A are the forgotten languages. This denotes lack of positive appraisal, denial and failing to place positive values on negative events. It also includes denial. The presence of A in forgotten language means internalizing, feeling different and withdrawing. This also means emotion-focused aggression. I denotes lack of distraction i.e., focused thinking and intrusive thoughts.

PERCENTAGE CHART OF EACH COPING

MECHANISM

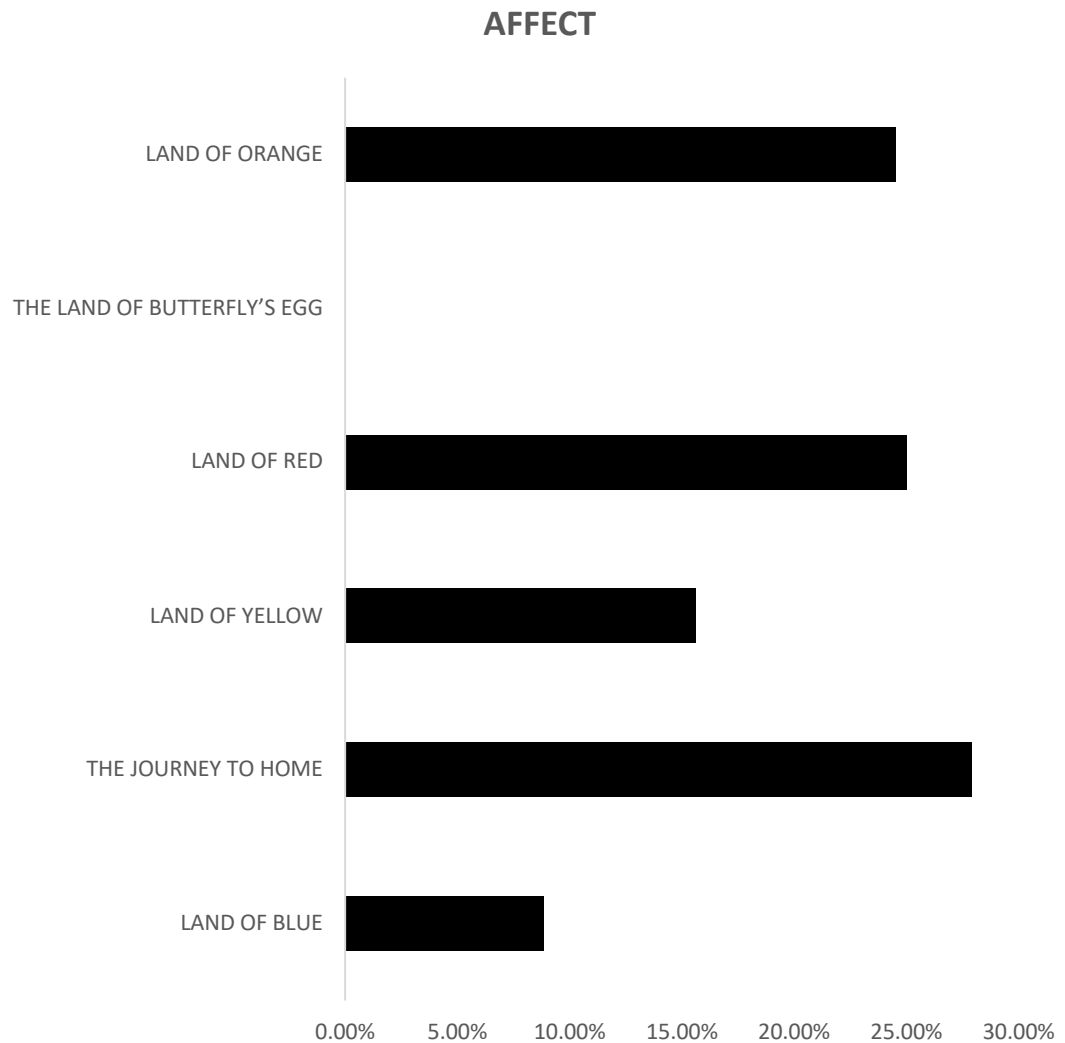
'BELIEF' AS A COPING MECHANISM



CONCLUSION

B as a coping mechanism has been absent. In the very beginning there very only a few words that suggested the use of B as a coping mechanism. The B is then extensively used in the land of butterfly's egg.

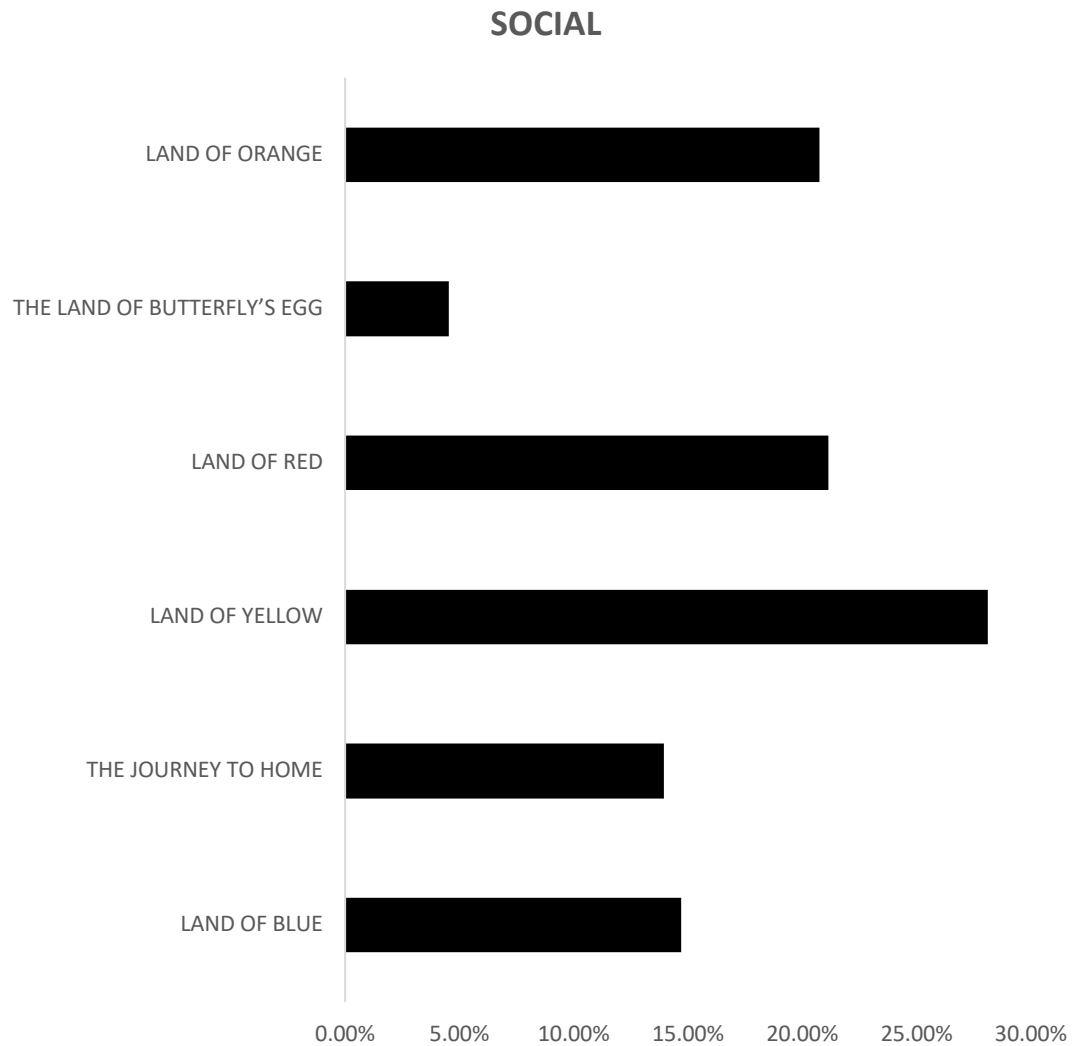
'AFFECT' AS A COPING MECHANISM



CONCLUSION

A as a coping mechanism has been used significantly at the time. We can see the increase in the graphs and this shows us that the person through the art work has been able to use a forgotten channel and is now using it quite often.

'SOCIAL' AS A COPING MECHANISM

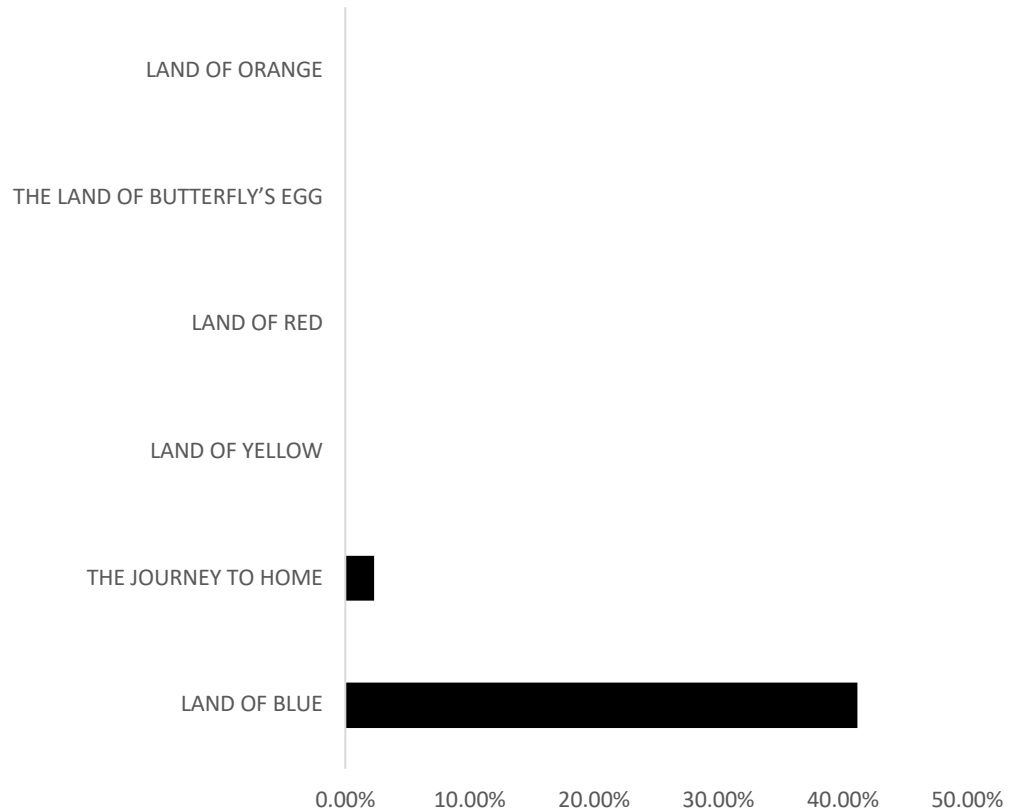


CONCLUSION

Again S as a coping mechanism has been used at a much greater level than at the beginning. The child has scored low in the green land but the point to notice is that the story of green didn't follow much of a 6PSM pattern.

'IMAGINATION' AS A COPING MECHANISM

IMAGINATION



CONCLUSION

The use of imagination as a way of coping has been changed from the very beginning. This may be because the Affect has been used to a greater extent as a coping mechanism.

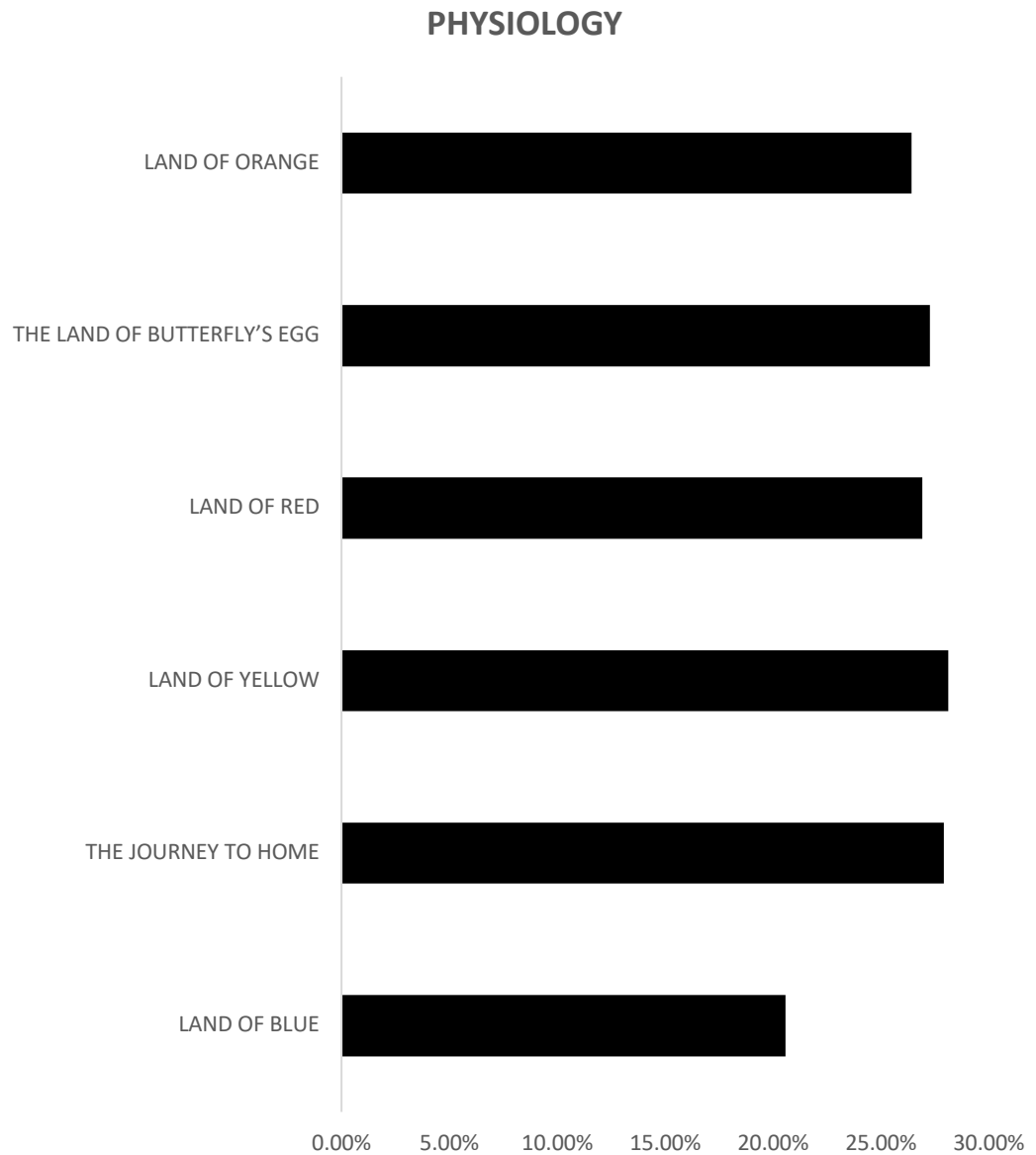
'COGNITIVE' AS A COPING MECHANISM



CONCLUSION

The use of cognition as a coping mechanism has been constant. Cognition has been used almost in equal percentage all the time. There seems to be no significant change.

'PHYSIOLOGY' AS A COPING MECHANISM



CONCLUSION

The Ph is another most prominently used coping mechanism. The person has been using this coping mechanism almost 15% more than they used to.

HOOR

If Hoor was to be described in two words as a person, I would use the word brilliant artist. Since the programme began, she was seen as somebody who was very quiet but at the same time very involved with whatever she did. Her work and efforts that she made, surely left an impact on everyone. She stunned the facilitators with her artistic abilities. Perfect analogy to describe her would be that she was a diamond that just needed to be chiselled. Her work has been appreciated by everyone around. For a person who had rarely done anything related to art in their whole life, such exceptional work seems like a miracle. Her work speaks for itself.



INTRODUCTION

I'm more like a puzzle,
which anyone won't ever solve.

I'm simple poetry,
difficult to understand.

I'm a hurdle, which won't make any harm.

Flowing gently.

I'm fragrance of flowers,
coming like raindrops.

I'm calm like an ocean,
truculent inside.

I'm tranquil like a stream,
quarrelsome like a child.

I'm a story,
waiting to be read.

I'm a soul unseen,
slippery like sand.

I'm an intelligent mind, full of errors.

I am lazy, don't like people.

I'm a star, gazing at the moon.

Just like, a shadow in afternoon.

I'm a book, with empty pages.

I like colours, I like books;

I'm aesthete ;

Loving beauty just like,

Someone likes skies.

Hoor's work has been amazing and it is a treat to watch her paint. Below is the analysis of six of her stories which will help me mark her progress through these 10 months.



LAND OF BLUE



STORY

The land of blue,

Called me in its happiest hue.

I was amazed to see the nagri watered in blue,

And surprised by the amazing view.

Today was the first day of the long trip that the butterfly has planned perfectly. Today's destination was to blue nagri which was really awesome; there were blue trees with blue ripe fruits. The sun was shining blue. The river water was making a very pleasant tickling musical sound . The families in small huts were happy and joyful under the blue beauty of their Nagri.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Butterfly

TASK/MISSION- Travel to blue nagri

HELP- None

OBSTACLE- None

COPING WITH THE OBSTACLE- None

CONCLUSION- Butterfly travels across the land

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

The land (C) of blue (A),

Called me (S) in its happiest (A) hue (A).

I was amazed (A) to see (PH) the nagri (C) watered (C) in blue (A),

And surprised (A) by the amazing (A) view (PH).

Today (C) was the first day (C) of the long (C) trip (PH) that the butterfly (S) has planned (C) perfectly (A). Today's destination (C) was to blue (A) nagri (C) which was really awesome (A); there were blue (A) trees (C) with blue (A) ripe fruits (C). The sun (C) was shining (A) (PH) blue (A). The river (C) water (C) was making (PH) a very pleasant (A) tickling (PH) musical (C) (A) sound (PH). The families (S) in small (PH) huts (C) were happy (A) and joyful (A) under (PH) the blue (A) beauty (PH) (A) of their Nagri (C).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
0	0	20	0	3	0	0	0	17	0	10	0

THE APPARENT LANGUAGE

In this story, the most prominently used coping mechanisms are C, PH, A. Higher score in C implies that the person has a higher IQ and has fewer cognitive complaints. This can be reflected in the child's performance at school, where she has been the topper of the class. A combination of Ph and C implies that the person is practical and rational. It also implies that the person can plan and perform well. A combination of C and A might imply that the person is emotional but they are also practical about it. A higher score in C might imply that the person thinks with their mind rather than their heart.

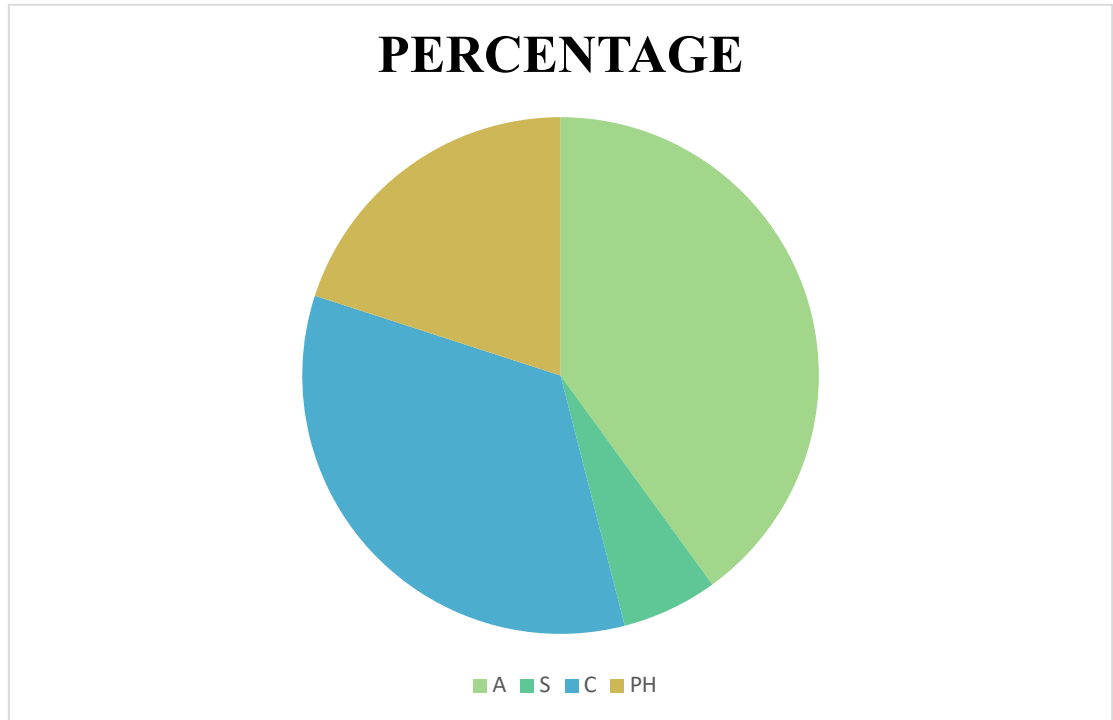
THE FORGOTTEN LANGUAGE

In this story, B, I, S are the forgotten languages. This can imply that the person lacks belief in themselves. They are also not very social and an S-proves that they may see others as obstacles. S being a forgotten language also suggests self-isolation and social withdrawal.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	0/50	0%
B-	0/50	0%
A	20/50	40.00%
S	3/50	6.00%
S-	0/50	0%
I	0/50	0%
I-	0/50	0%
C	17/50	34.00%
C-	0/50	0%

PH	10/50	20%
PH-	0/50	0%



THEMES

The theme that arises from the story is simply that of the journey of butterfly who has travelled to the land of blue and is now travelling around appreciating the beauty of the blue nagri (city).

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Perfectly	Imperfectly	Practical vs Imaginative Conservative vs Experimenting Expedient vs Conscientious Self-assured vs Apprehensive

Really	Doubtfully	Conservative vs Experimenting Trusting vs Suspicious Expedient Conscientious Self-assured vs Apprehensive
Called	Unnamed	Group Dependent vs Self sufficient Tough minded vs Sensitive
Amazed	Not Surprised	Affected by feelings vs Emotionally stable Practical vs Imaginative Self-assured vs Apprehensive Forthright vs Shrewd Conservative vs Experimenting Serious vs Happy go lucky
See	Ignore	Tough minded vs Sensitive Forthright vs Shrewd Self-assured vs Apprehensive Reserved vs Outgoing
Watered	Dehydrated	Affected by Feelings vs Emotionally stable Group dependent vs Self sufficient Expedient vs Conscientious Relaxed vs Tense
Surprised	Not surprised	Affected by feelings vs Emotionally stable Practical vs Imaginative Self-assured vs Apprehensive Forthright vs Shrewd Conservative vs Experimenting Serious vs Happy go lucky
Planned	Not planned	Serious vs Happy go lucky Timid vs Venturesome

		Conservative vs Experimenting Practical vs Imaginative
Shining	Dark	Forthright vs Shrewd Serious vs Happy go lucky Self-assured vs Apprehensive
Making	Breaking	Less intelligent vs More intelligent Tough minded vs Sensitive Self-assured vs Apprehensive Relaxed vs Tense Uncontrolled vs Controlled
Blue	Happy	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense
Happiest	Saddest	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense
Amazing	Ordinary	Self-assured vs Apprehensive Tough minded vs Sensitive Less intelligent vs More intelligent
First	Last	Less intelligent vs More intelligent
Awesome	Unimpressive	Affected by feelings vs Emotionally stable Practical vs Imaginative Self-assured vs Apprehensive Forthright vs Shrewd Conservative vs Experimenting Serious vs Happy go lucky

Ripe	Unripe	Forthright vs Shrewd Self-assured vs Apprehensive Tough minded vs Sensitive
Pleasant	Unpleasant	Serious vs Happy go lucky Tough minded vs Sensitive
Joyful	Sorrow	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	2
Relaxed vs Tense	5
Forthright vs Shrewd	6
Self-assured vs Apprehensive	10
Serious vs Happy go lucky	9
Submissive vs Dominant	0
Affected by feelings vs Emotionally stable	7
Trusting vs Suspicious	1
Reserved vs Outgoing	1
Less intelligent vs More intelligent	3
Conservative vs Experimenting	6
Practical vs Imaginative	5
Uncontrolled vs Controlled	1
Tough minded vs Sensitive	9
Timid vs Venturesome	1
Expedient vs Conscientious	3

SUMMARY OF CONFLICTS

The most prominent coping mechanism is that of self-assured vs apprehensive. The individual seems very self-assured and this we can say is to mask the apprehensiveness. She is not that confident about her capabilities as an individual. However, she strives to top. This may lead to assuredness at times but at times apprehensive.

SYMBOLS

1. **WATER**- In Chinese culture, water is the abode of the dragon, because all life comes from water.
2. **TREE**- symbol of immortality.
3. **FRUIT**- Equivalent to the egg, in traditional symbolism, for in the centre of the fruit is the seed which represents the Origin. It is a symbol of earthly desires.
4. **SUN**- Represents the moment when the heroic principle shines at its brightest.
5. **RIVER**- An ambivalent symbol since it corresponds to the creative power both of nature and of time. On the one hand it signifies fertility and the progressive irrigation of the soil; and on the other hand it stands for the irreversible passage of time, and , in consequence, for a sense of loss and oblivion.
6. **MUSICAL**- The musician is a common symbol of the fascination of death (personified by the Greeks as a youth). The Pied Piper of Hamelin in the well- known tale, the harpist and the citharas in legends and folktales, all allude to this one symbol. Music represents an intermediate zone between the differentiated or

material world, and the undifferentiated realm of the 'pure will' of Schopenhauer.

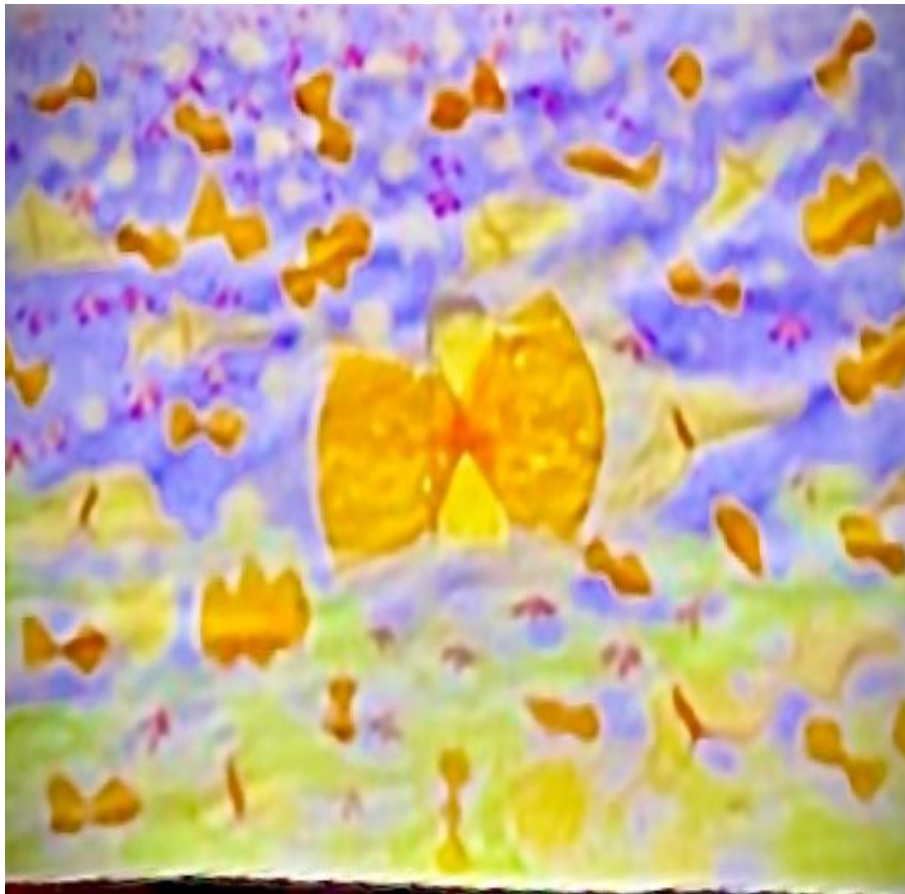
7. **SOUND**-In India, the sound of Krishna's flute is the magical cause of the birth of the world. The pre-Hellenic maternal goddesses are depicted holding lyres, and with the same significance. There are other traditional doctrines which hold that sound was the first of all things to be created, and that which gave rise to all others, commencing with light, or, alternatively, with air and fire.
8. **HUT**- House as a home arouses strong, spontaneous associations with the human body and human thought (or life, in other words), as has been confirmed empirically by psychoanalysts. Ania Teillard explains this by pointing out that, in dreams, we employ the image of the house as a representation of the different layers of the psyche. The outside of the house signifies the outward appearance of Man: his personality or his mask.
9. **BUTTERFLY**- An emblem of soul and unconscious attraction towards light.

INSIGHT INTO THE STORY USING THE SYMBOLS

The story is about a butterfly who is travelling across the blue land. The butterfly represents the soul and hence is on a journey towards light, considering the unconscious attraction towards light. However, we know that blue is a synonym for sadness and desolation. The soul is supposed to be at its happiest phase. The whole nagri (village) is covered by things that are blue, hence sad. But the soul/ butterfly finds it pleasing. The soul sees the tree with ripe fruits. This implies that the soul sees the earthly desires as something that is immortal. But then they forget to see that they are all blue. The sun also is shining blue which means that the heroic principle is shining bright but yet again is blue. The river water which

represents fertility and also irreversible time is the abode for dragon. This river which produces magical sounds is both a place for death but also rebirth in its own way. While the people who live in the huts, maybe happy inside but the outside that is the personality is very twisted and hard to understand. The soul is somewhat happy with what they see, but does the butterfly really see the things for what they really are? Or has been so sad and heartbroken her whole life that she doesn't see the blue that has taken over.

LAND OF YELLOW



STORY

Today the shiny yellow butterfly went to yellow land; everything there was yellow , the birds , the flowers , the sky ; all in different shades of yellow even the butterfly itself.

Yellow is the sky .
 Yellow is the land .
 Yellow birds fly high,
 And the butterfly donning her wand.
 The yellow flowers glance,
 Lovingly on the yellow petals.
 The flashy butterfly waves
 Her wings , this yellow
 Nagri is full of fragrance

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Butterfly

TASK/MISSION- Travel to blue nagri

HELP- None

OBSTACLE- None

COPING WITH THE OBSTACLE- None

CONCLUSION- Butterfly travels across the land

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

Today the shiny (A) yellow (A) butterfly (S) went to yellow (A) land (C); everything there was yellow (A), the birds (S), the flowers (C), the sky (C) ; all in different (B) shades (A) of yellow (A) even the butterfly (S) itself (B).

Yellow (A) is the sky (C) .

Yellow (A) is the land (C).

Yellow (A) birds (S) fly (PH) high (PH),

And the butterfly (S) donning (PH) her wand (B).

The yellow (A) flowers (A,C) glance (PH),
 Lovingly (A) on the yellow (A) petals (C).
 The flashy (PH) butterfly (S) waves (PH)
 Her wings (I, B) , this yellow (A)
 Nagri (C) is full (PH) of fragrance (A)

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
4	0	15	0	6	0	1	0	8	0	7	0

THE APPARENT LANGUAGE

A, C, PH form the apparent language. The A is the most prominent coping mechanism and this implies an emotional approach to these things. This can mean an emotional reaction to various things. The person also has emotion focused aggression which means that things like art and craft can help them be calm. They think with their heart. The combination of A and C can further communicate crying which is either emotion focused or problem focused. Use of C as a coping mechanism can convey high intelligence. But since the score of A is more than C, it means its heart over head for this individual. This can also mean that there is cognitive avoidance. Along with Ph, this can convey behavior regulating cognition. Ph as an apparent language also means suppressing feelings. It also means the use of actions to encapsulate differences and also the use of activity to camouflage difference.

THE FORGOTTEN LANGUAGE

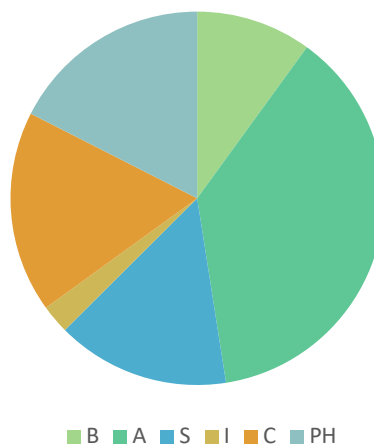
B, S, I form the forgotten language. This means helplessness, giving up and restraint. It can also mean the lack of self-appraisal. The presence of

S in forgotten language means a lack of social support and adult-caregiver support. It also means denying responsibility and not developing a proper social support. Also, I represents divergent thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	4/41	9.75%
B-	0/41	0%
A	15/41	36.58%
A-	0/41	0%
S	6/41	14.63%
S-	0/41	0%
I	1/41	2.43%
I-	0/41	0%
C	8/41	17.02%
C-	0/41	0%
PH	7/41	17.07%
PH-	0/41	0%

PERCENTAGE



THEMES

The theme that arises here is that of the yellow land where everything is yellow.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Even	Uneven	Expedient vs Conscientious Forthright vs Shrewd Less intelligent vs More intelligent Trusting vs Suspicious Self-assured vs Apprehensive Affected by feelings vs Emotionally stable
High	Low	Submissive vs Dominant Conservative vs Experimenting Trusting vs Suspicious Tough minded vs Sensitive
Likes	Snubs	Submissive vs Dominant Conservative vs Experimenting Serious vs Happy go lucky Forthright vs Shrewd
Lovingly	Harshly	Submissive vs Dominant Conservative vs Experimenting Serious vs Happy go lucky Forthright vs Shrewd
Went	Came	Trusting vs Suspicious Tough minded vs Sensitive

		Self-assured vs Apprehensive Affected by feelings vs Emotionally stable
Was	Is	Tough minded vs Sensitive Trusting vs Suspicious Reserved vs Outgoing Conservative vs Experimenting
Is	Was	Tough minded vs Sensitive Trusting vs Suspicious Reserved vs Outgoing Conservative vs Experimenting
Fly	Run	Submissive vs Dominant Conservative vs Experimenting Practical vs Imaginative Tough minded vs Sensitive Self-assured vs Apprehensive Uncontrolled vs Controlled Timid vs Venturesome
Donning	Taking off	Timid vs Venturesome Tough minded vs Sensitive Conservative vs Experimenting Trusting vs Suspicious Practical vs Imaginative

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	0
Relaxed vs Tense	0
Forthright vs Shrewd	3

Self-assured vs Apprehensive	3
Serious vs Happy go lucky	2
Submissive vs Dominant	4
Affected by feelings vs Emotionally stable	2
Trusting vs Suspicious	6
Reserved vs Outgoing	2
Less intelligent vs More intelligent	1
Conservative vs Experimenting	7
Practical vs Imaginative	2
Uncontrolled vs Controlled	1
Tough minded vs Sensitive	6
Timid vs Venturesome	2
Expedient vs Conscientious	1

SUMMARY OF CONFLICTS

The main conflict is that of conservative vs experimenting. This tells us that the person struggles highly to be experimenting with life and different stuff but then are forced to be conservative. This can be understood very well in the Kashmiri context where personal freedom does not exist at all. The children and even the adults are trained to be conservative and not do anything experimenting. To be experimenting would mean social disapproval and above all parental disapproval.

SYMBOLS

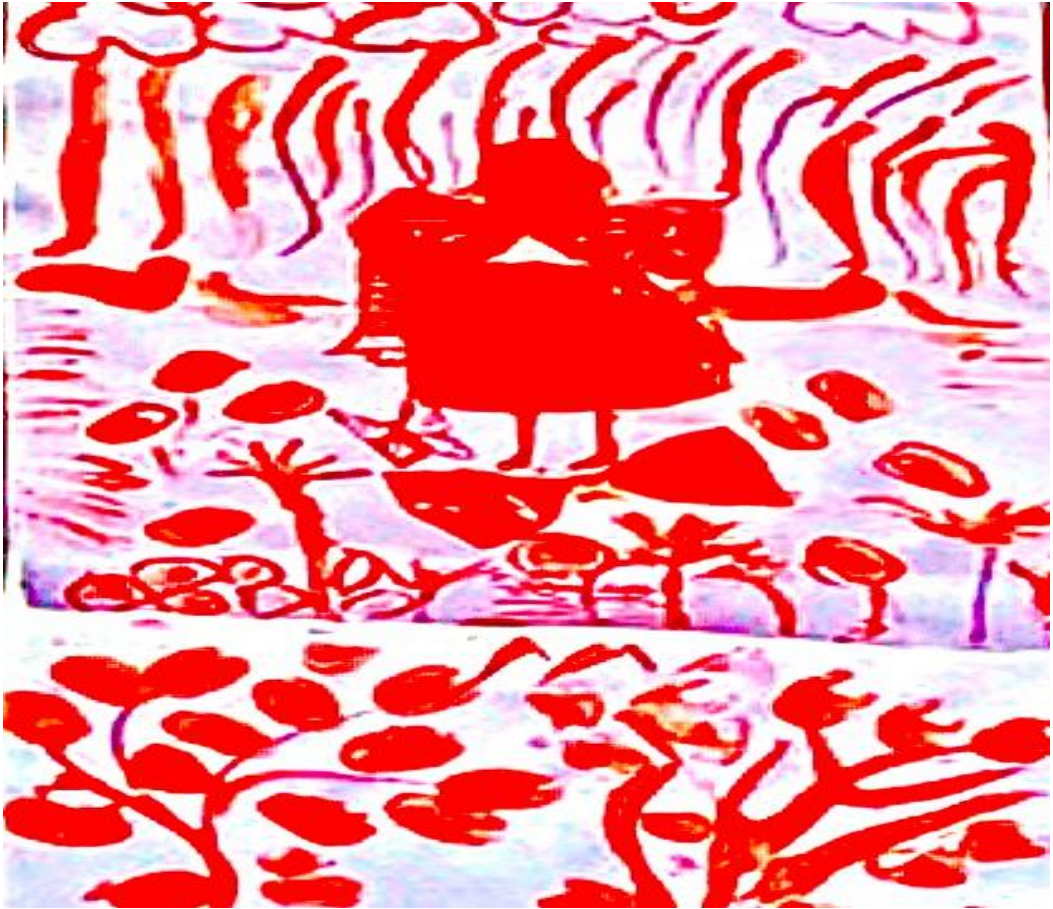
1. **BIRDS-** Symbol of spiritualization.
2. **BUTTERFLY-** Emblem of Soul and unconscious attraction towards light.

3. **WAND-** significance derives from the magical power attributed to it, which in turns derives from the concept of every stick or wand as a straight line, embodying implications of direction and intensity.
4. **WINGS-** Wings In the more general sense, wing symbolize spirituality, imagination, thought. The Greeks portrayed love and victory as winged figures, and some deities, such as Athena, Artemis and Aphrodite were at first—though not later— also depicted with wings. According to Plato, wings are a symbol of intelligence, which is why some fabulous animals are winged, depicting the sublimation of those symbolic qualities usually ascribed to each animal.
5. **YELLOW FLOWER-** represent reinforcement of the basic sun symbolism.

INSIGHT OF THE STORY USING THE SYMBOLS

The butterfly has now entered the land of yellow, yet faint blue colour can be seen in the background. Yellow is a colour of happiness and optimism. The shades of blue in yellow do signify a bit of sadness. Everything around is yellow, the sky and the land both are yellow. The birds which represent spirituality is high up in the sky. This seems to be the cause of the yellow to even occur. The person was happy and consumed in blue but then they have made a shift. The spirituality seems to have brought about this colour. The butterfly has a wand and the flowers around have created a nice fragrance.

LAND OF RED



STORY

The girl with a red frock, looks
beautiful in a red bow.

The trees are tall, bearing red fruits.

The red clouds are heavy,
and the red rain is pleasant.

The girl in red is dancing,
With glowing red butterfly.

This is red nagri . The butterfly has found a girl there. She is dancing beautifully with the girl. Here everything is red . The trees , clouds , rain etc.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Butterfly

TASK/MISSION- To dance with the girl

HELP- None

OBSTACLE- None

COPING WITH THE OBSTACLE- None

CONCLUSION- Butterfly dances with the girl in red dress

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

The girl (S) with a red (A) frock (C), looks (PH)

Beautiful (PH, A) in a red (A) bow (C).

The trees (C) are tall (PH), bearing (PH) red (A) fruits (C).

The red (A) clouds (C) are heavy (PH),

and the red (A) rain (C) is pleasant (A).

The girl (S) in red (A) is dancing (PH),

With glowing (PH) red (A) butterfly (S).

This is red (A) nagri (C). The butterfly (S) has found (C, PH) a girl (S) there. She is dancing (PH) beautifully (A, PH) with the girl (S). Here everything (B) is red (A) . The trees (C), clouds (C), rain (C) etc.

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
0	0	12	0	6	0	0	0	11	0	8	0

THE APPARENT LANGUAGE

A, C, PH form the apparent language. The A is the most prominent coping mechanism and this implies an emotional approach to these things. This can mean an emotional reaction to various things. The person also has emotion-focused aggression which means that things like art and craft can help them be calm. They think with their heart. The combination of A and C can further communicate crying which is either emotion-focused or problem-focused. Use of C as a coping mechanism can convey high intelligence. But since the score of A is more than C, it means its heart over head for this individual. This can also mean that there is cognitive avoidance. Along with Ph, this can convey behavior regulating cognition. Ph as an apparent language also means suppressing feelings. It also means the use of actions to encapsulate differences and also the use of activity to camouflage difference.

THE FORGOTTEN LANGUAGE

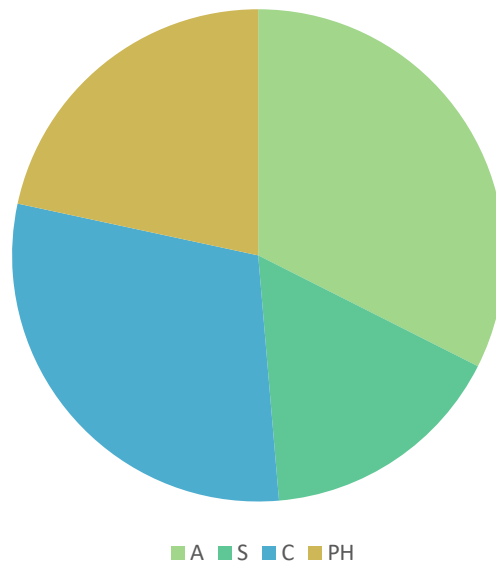
B, S, I form the forgotten language. This means helplessness, giving up and restraint. It can also mean the lack of self-appraisal. The presence of S in forgotten language means a lack of social support and adult-caregiver support. It also means denying responsibility and not developing a proper social support. Also, I represents divergent thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	0/37	0%
B-	0/37	0%
A	12/37	32.43%

S	6/37	16.21%
S-	0/37	0%
I	0/37	0%
I-	0/37	0%
C	11/37	29.72%
C-	0/37	0%
PH	8/37	21.62%
PH-	0/37	0%

PERCENTAGE



THEMES

The theme that arises out of the poem is that the butterfly is enjoying in the rain with the a girl, who is dancing very gracefully.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Looks	Avoids	Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Reserved vs Outgoing Less intelligent vs More intelligent Forthright vs Shrewd Practical vs Imaginative Expedient vs Conscientious
Dancing	Sitting	Self-assured vs Apprehensive Practical vs Imaginative Reserved vs Outgoing Conservative vs Experimenting Relaxed vs Tense Serious vs Happy go lucky Timid vs Venturesome
Glowing	Dim	Uncontrolled vs Controlled Relaxed vs Tense Self-assured vs Apprehensive Affected by feelings vs Emotionally stable
Found	Lost	Relaxed vs Tense Group dependent vs Self sufficient Trusting vs Suspicious Reserved vs Outgoing Uncontrolled vs Controlled
Beautifully	Poorly	Self-assured vs Apprehensive

		Affected by feelings vs Emotionally stable Conservative vs Experimenting Practical vs Imaginative
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INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	1
Relaxed vs Tense	3
Forthright vs Shrewd	1
Self-assured vs Apprehensive	4
Serious vs Happy go lucky	1
Submissive vs Dominant	0
Affected by feelings vs Emotionally stable	2
Trusting vs Suspicious	2
Reserved vs Outgoing	3
Less intelligent vs More intelligent	1
Conservative vs Experimenting	2
Practical vs Imaginative	3
Uncontrolled vs Controlled	2
Tough minded vs Sensitive	1
Timid vs Venturesome	1
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

The most prominent coping mechanism is that of self-assured vs apprehensive. The individual seems very self-assured and this we can say is to mask the apprehensiveness. She is not that confident about her

capabilities as an individual. However, she strives to top. This may lead to assuredness at times but at times apprehensive.

SYMBOLS

1. **CLOUD:** Symbolic messenger.
2. **RAIN-** Rain is regarded as a symbol of the 'spiritual influences' of heaven descending upon earth.
3. **DANCE-** There is a universal belief that, in so far as it is a rhythmic art-form, it is symbol of the act of creation.
4. **TREES-** Sign of immortality

INSIGHT INTO THE STORY USING THE SYMBOLS

The story moves to the land of red which is about the butterfly and the girl dancing together in the rain. This could mean that the soul and the body are connecting and bond is created. The dance represents an act of creation and hence a bond is created while the trees watch. This may prove to be life long bond where the soul and the body are in alignment with each other.

FOREST CITY 2



STORY

Now the forest is coloured with yellows and blues . The egg is yellow , the water is blue, the mountains are blue., The land is yellow, the trees are green . The cursed mother mountain has a yellow mark on her chest and the bridge has yellow dots. It is looking very beautiful.

The forest city is so rich .

Not by sky scrapers.

But by tall mountains.

Not by roads but by rivers.

Not by markets but by trees.

Now the forest is coloured in blues ,
and the city is coloured in yellows.
All together it's The Forest City.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Nature

TASK/MISSION- To maintain originality

HELP- None

OBSTACLE- Tall buildings, roads, markets

COPING WITH THE OBSTACLE- Staying the same

CONCLUSION- Everything is natural

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

Now the forest (C) is coloured (A, PH) with yellows (A) and blues (A) .
The egg (C) is yellow (A), the water (C) is blue (A), the mountains (C)
are blue (A). The land (C) is yellow (A), the trees (C) are green (A). The
cursed (B, I) mother (S) mountain (C) has a yellow (A) mark (PH) on her
chest (PH) and the bridge (C) has yellow (A) dots (PH). It is looking (PH)
very beautiful (PH, A).

The forest (C) city (C) is so rich (A).

Not by sky (C) scrapers (C).

But by tall (PH) mountains (C).

Not by roads (C) but by rivers (C).

Not by markets (C) but by trees (C).

Now the forest (C) is coloured (A) in blues (A),
and the city (C) is coloured (A) in yellows (A).

All together it's The Forest (C) City (C)

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
1	0	17	0	1	0	1	0	21	0	8	0

THE APPARENT LANGUAGE

A, C, PH form the apparent language. The A is the most prominent coping mechanism and this implies an emotional approach to these things. This can mean an emotional reaction to various things. The person also has emotion-focused aggression which means that things like art and craft can help them be calm. They think with their heart. The combination of A and C can further communicate crying which is either emotion-focused or problem-focused. Use of C as a coping mechanism can convey high intelligence. But since the score of A is more than C, it means its heart over head for this individual. This can also mean that there is cognitive avoidance. Along with Ph, this can convey behavior-regulating cognition. Ph as an apparent language also means suppressing feelings. It also means the use of actions to encapsulate differences and also the use of activity to camouflage difference.

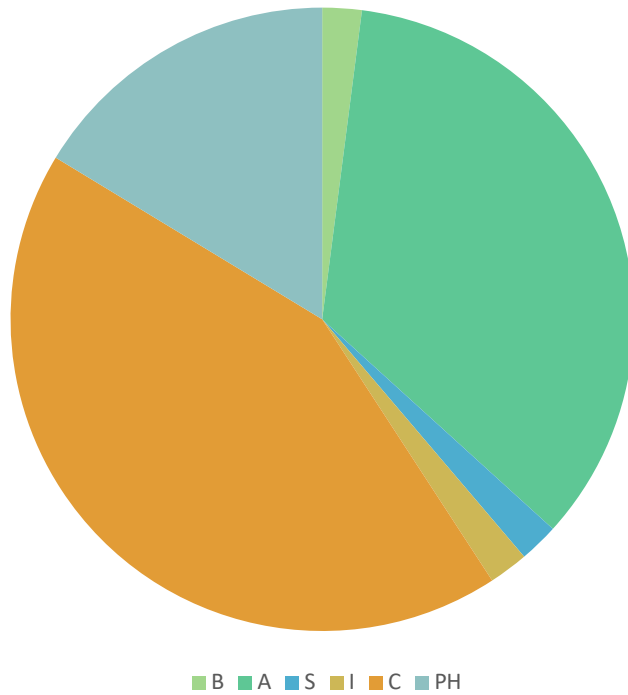
THE FORGOTTEN LANGUAGE

B, S, I form the forgotten language. This means helplessness, giving up and restraint. It can also mean the lack of self-appraisal. The presence of S in forgotten language means a lack of social support and adult-caregiver support. It also means denying responsibility and not developing a proper social support. Also, I represents divergent thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	1/49	2.04%
B-	0/49	0%
A	17/49	34.69%
A-	0/49	0%
S	1/49	2.04%
S-	0/49	0%
I	1/49	2.04%
I-	0/49	0%
C	21/49	42.85%
C-	0/49	0%
PH	8/49	16.32%
PH-	0/49	0%

PERCENTAGE



THEMES

The theme that arises here is simply that of saving the nature. It talks about how because of modernisation, we have lost. In the race to be modern, we left behind the nature.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Coloured	Truthful	Forthright vs Shrewd Self-assured vs Apprehensive Less intelligent vs More intelligent Expedient vs Conscientious
Blue	Happy	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense
Looking	Ignoring	Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Reserved vs Outgoing Less intelligent vs More intelligent Forthright vs Shrewd Practical vs Imaginative Expedient vs Conscientious
Very	Modestly	Less intelligent vs More intelligent Practical vs Imaginative

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	0
Relaxed vs Tense	1
Forthright vs Shrewd	2
Self-assured vs Apprehensive	2
Serious vs Happy go lucky	1
Submissive vs Dominant	0
Affected by feelings vs Emotionally stable	1
Trusting vs Suspicious	1
Reserved vs Outgoing	0
Less intelligent vs More intelligent	3
Conservative vs Experimenting	0
Practical vs Imaginative	2
Uncontrolled vs Controlled	0
Tough minded vs Sensitive	2
Timid vs Venturesome	0
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

Less intelligent vs more intelligent is the conflict that exists predominantly. This talks about how the individual is trying to be maybe ignore the harsh truth in life. This can be joined with the fact that affect is the most prominently existing coping mechanism. This would mean that at times they feel their emotion makes them feel like the less intelligent one and using their cognitive capabilities makes them more intelligent.

SYMBOLS

1. **FOREST-** Symbol of the unconscious
2. **EGG-** Egg represents potentiality, the seed of generation, the mystery of life
3. **WATER-** Intuitive wisdom
4. **MOUNTAIN-** Symbolism with all the implications outlined above and that of the colour white (intelligence and purity).
5. **MOTHER-** Symbols are characterized by an interesting ambivalence: the mother sometimes appears as the image of nature, and vice-versa; but the Terrible Mother is a figure signifying death
6. **BRIDGE-** symbolizes the link between what can be perceived and what is beyond perception. Even when it lacks this mystic sense, the bridge is always symbolic of a transition from one state to another—of change or the desire for change.
7. **CITY-** It corresponds to landscape-symbolism in general of which it forms one representational aspect, embracing the important symbols of level and space, that is, height and situation.
8. **RIVER-** An ambivalent symbol since it corresponds to the creative power both of nature and of time. On the one hand it signifies fertility and the progressive irrigation of the soil; and on the other hand it stands for the irreversible passage of time and, in consequence, for a sense of loss and oblivion

INSIGHT INTO THE STORY USING THE SYMBOLS

The unconscious have taken various colours now. The various objects around are of a different colour. The individual talks about how the mother mountain has a bridge with yellow dots. The mountain is symbolises intelligence and purity, the mother appears as the image of

nature and the bridge symbolises the transition from one state to another. The individual talks about how the forest city is filled with nature not the modern life resources. This might be the transition that the bridge signifies.

HATCHING OF THE EGG



POEM

Lilly slowly slowly
broke the yellow shell .
She peeped calmly calmly,
into the forest city.
She cried for her mother,

wept for her father,
 who unfortunately are cursed.
 She drank water from father river
 and ate from aunt tree,
 who too was cursed.
 She moved to every corner of the land,
 wondering it's a forest,
 Then why it's named city.
 She sat in the shadow, of the mother mountain,
 built her house there,
 and saved herself from birds.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Lily

TASK/MISSION- To survive

HELP- Her mother

OBSTACLE- Birds

COPING WITH THE OBSTACLE- Took refuge in her mother

CONCLUSION- Saved from birds

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

Lilly (S) slowly (PH) slowly (PH)
 Broke (PH) the yellow (A) shell (C) .
 She peeped (PH) calmly (A) calmly (A),
 into the forest (C) city (C).
 She cried (A) for her mother (S),
 Wept (A) for her father (S),

who unfortunately (A) are cursed (B).
 She drank (PH) water (C) from father (S) river (C)
 and ate (PH) from aunt (S) tree (C),
 who too was cursed (B).
 She moved (PH) to every corner (PH) of the land (C),
 Wondering (C) it's a forest (C),
 Then why it's named (S) city (C).
 She sat (PH) in the shadow (A), of the mother (S) mountain (C),
 Built (PH) her house (C) there,
 and saved (PH) herself (S) from birds (S).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
2	0	7	0	9	0	0	0	12	0	11	0

THE APPARENT LANGUAGE

The PH, S here are the most prominent coping mechanisms. The PH & S being dominant means that the individual relies on their physiological aspect to deal with stress and they also rely on their social skills to deal with stress. A combination of both PH & S could mean the use of body in a social setting or can take an active role. However an S- means that the S is in conflict and hence implies that the person may see other people in a social setting as obstacles and hence influencing her behaviour in a social setting. The C is the second prominently used coping mechanism. The C interacts with PH to ensure a practical, rational behaviour. The C also interacts with S; which implies social norms and rules that is - likes a structured and well defined role. An S- implies that the person may find it difficult to adhere to some rules.

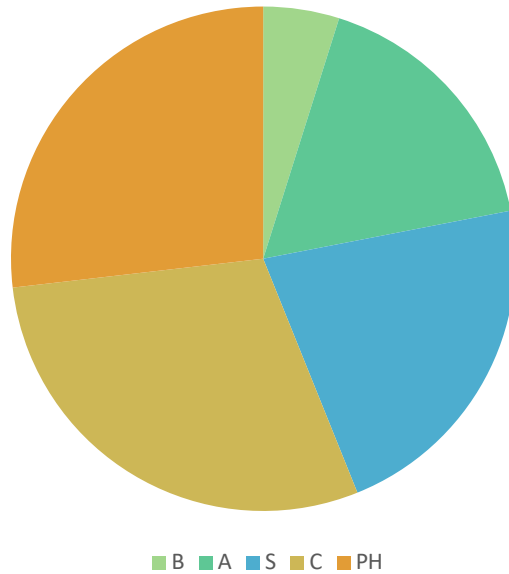
THE FORGOTTEN LANGUAGE

B, A, I are the forgotten languages. The B being a forgotten language means lack of belief in themselves and not using A as a coping mechanism means internalising and social withdrawal. Lack of I implies mental disengagement.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	2/41	4.87%
B-	0/41	0%
A	7/41	17.07%
A-	0/41	0%
S	9/41	21.95%
S-	0/41	0%
I	0/41	0%
I-	0/41	0%
C	12/41	29.26%
C-	0/41	0%
PH	11/41	26.82%
PH-	0/41	0%

PERCENTAGE



THEMES

The theme that rises out of the story is that of an abandoned child. The child even before being born has been abandoned by the family but not by choice. They are cursed and hence have transformed into objects.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Likes	Dislikes	Affected by feelings vs Emotionally stable Expedient vs Conscientious Forthright vs Shrewd
Slowly	Quickly	Relaxed vs Tense Self-assured vs Apprehensive Serious vs Happy go lucky Conservative vs Experimenting
Slowly	Quickly	Relaxed vs Tense

		Self-assured vs Apprehensive Serious vs Happy go lucky Conservative vs Experimenting
Peeped	Did not peep	Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Reserved vs Outgoing Less intelligent vs More intelligent Forthright vs Shrewd Practical vs Imaginative Expedient vs Conscientious
Calmly	Harshly	Submissive vs Dominant Conservative vs Experimenting Serious vs Happy go lucky Forthright vs Shrewd
Calmly	Harshly	Submissive vs Dominant Conservative vs Experimenting Serious vs Happy go lucky Forthright vs Shrewd
Cry	Laugh	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense
Wept	Giggled	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense
Drank	Avoided	Tough Minded vs Sensitive

		Affected by feelings vs Emotionally stable
Ate	Refused	Affected by Feelings vs Emotionally stable Group dependent vs Self sufficient Expedient vs Conscientious Relaxed vs Tense
Cursed	Blessed	Timid vs Venturesome Expedient vs Conscientious
Moved	Not move	Submissive vs Dominant Timid vs Venturesome Uncontrolled vs Controlled Conservative vs Experimenting
Wandering	Aware	Conservative vs Experimenting Trusting vs Suspicious Forthright vs Shrewd Reserved vs Outgoing
Named	Unnamed	Group Dependent vs Self sufficient Tough minded vs Sensitive
Sat	Stood	Relaxed vs Tense Submissive vs Dominant Uncontrolled vs Controlled
Built	Broke	Tough Minded vs Sensitive Self-Assured vs Apprehensive Affected by feelings vs Emotionally Stable
Saved	Destroyed	Conservative vs Experimenting Tough minded vs Sensitive Self-assured vs Apprehensive

		Trusting vs Suspicious Affected by feelings vs Emotionally stable Less intelligent vs More intelligent
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INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	2
Relaxed vs Tense	6
Forthright vs Shrewd	5
Self-assured vs Apprehensive	5
Serious vs Happy go lucky	6
Submissive vs Dominant	4
Affected by feelings vs Emotionally stable	7
Trusting vs Suspicious	3
Reserved vs Outgoing	2
Less intelligent vs More intelligent	2
Conservative vs Experimenting	7
Practical vs Imaginative	1
Uncontrolled vs Controlled	2
Tough minded vs Sensitive	7
Timid vs Venturesome	2
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

Affected by feelings vs Emotionally stable and conservative vs experimenting are the prominent conflicts present. This tells us that the person struggles highly to be experimenting with life and different stuff but then are forced to be conservative. This can be understood very well

in the Kashmiri context where personal freedom does not exist at all. The children and even the adults are trained to be conservative and not do anything experimenting. To be experimenting would mean social disapproval and above all parental disapproval. It also means that the person might be getting affected emotionally by restricting them to experiment. They can be emotionally stable when allowed to experiment.

SYMBOLS

1. **FOREST-** Within the general symbolism of landscape, forests occupy a notable place, and are often found in myths, legends and folktales. Forest-symbolism is complex, but it is connected at all levels with the symbolism of the female principle or of the Great Mother.
2. **SHELL-** shell is the mystic symbol of the prosperity of one generation rising out of the death of the preceding generation.
3. **CITY-** City Up to a certain point it corresponds to landscape-symbolism in general, of which it forms one representational aspect, embracing the important symbols of level and space, that is, height and situation.
4. **MOTHER-** symbols are characterized by an interesting ambivalence: the mother sometimes appears as the image of nature, and vice-versa; but the Terrible Mother is a figure signifying death.
5. **FATHER-** The father-image, closely linked with the symbolism of the masculine principle, corresponds to consciousness as opposed to the maternal implications of the unconscious. The symbolic representation of the father is based upon the elements of air and fire, and also heaven, light, thunderbolts and weapons
6. **WATER-** identification of water with intuitive wisdom.
7. **TREES-** Immortality

8. **SHADOW**- shadow is the negative 'double' of the body, or the image of its evil and base side.
9. **HOUSE**- house as a representation of the different layers of the psyche. The outside of the house signifies the outward appearance of Man: his personality or his mask.

INSIGHT INTO THE STORY USING THE SYMBOLS

As soon as the egg cracks open, she peeps into the forest city. Mother represents the unconscious and the father represents the conscious and they both are cursed. It might be that the individuals past and present are both sad and that she says cursed. She then drink from the river water and this could mean that the individual is relying on their present experiences and the conscious ones to gain experiences. She, then, sits in the shadow of her mother which represents the unconscious and the shadow hence represents the dark side of the unconscious. The individual feels that they will be saved in the shadow of the unconscious but then the reality is that they are too depressed to try on something new and they just dwell on the experiences in the past that shapes their present and the future. Since, they have made a house right there, they are going to dwell there in the discomforts of the past, thinking it is the right things to do.

THE LAND OF ORANGE



POEM

The red below is the queen of bad waves.

Fast and furious the yellow on top,

is the queen of good waves:

Steady and calm.

The all-time foes,

One day decided for a war

On beginning, yellow stayed calm,

Fast red furiously fought to win.

annoyed yellow then fought back.

Calibre of anger raged between both.

They soon decided for peace.
 entire ocean loved it.
 Later they decided to bring rain.
 In a beautiful nature,
 And landscape: together.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Yellow and red
TASK/MISSION- To take over others areas
HELP- None
OBSTACLE- Each other
COPING WITH THE OBSTACLE- Decided on peace
CONCLUSION- A beautiful landscape

ASSESSMENT ACCORDING TO THE BASIC PH COPING MODEL

The red (A) below (PH) is the queen (S) of bad (B, A) waves (C).
 Fast (PH) and furious (A) the yellow (A) on top (PH),
 is the queen (S) of good (A) waves (C):
 Steady (A, PH) and calm (A).
 The all-time (C) foes (S),
 One day (C) decided (C) for a war (PH)
 On beginning (PH), yellow (A) stayed (PH) calm (A),
 Fast (PH) red (A) furiously (A) fought (PH) to win (PH).
 annoyed (A) yellow (A) then fought (PH) back (PH).
 Calibre (PH) of anger (A) raged (A) between both (S).
 They soon decided (C) for peace (C).
 entire ocean (C) loved (A) it.

Later they decided (C) to bring rain (C).

In a beautiful (A) nature (C),

And landscape (C) together (C)

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
1	0	17	0	4	0	0	0	13	0	13	0

THE APPARENT LANGUAGE

In this story, the most prominently used coping mechanisms are C, PH, A. Higher score in C implies that the person has a higher IQ and has fewer cognitive complaints. This can be reflected in the child's performance at school, where she has been the topper of the class. A score of 12 in Ph translates to behavioural coping and active coping. A combination of Ph and C implies that the person is practical and rational. It also implies that the person can plan and perform well. A combination of C and A might imply that the person is emotional but they are also practical about it. A higher score in A represents an emotional approach to things and can also suggest A higher score in C might imply that the person thinks with their mind rather than their heart.

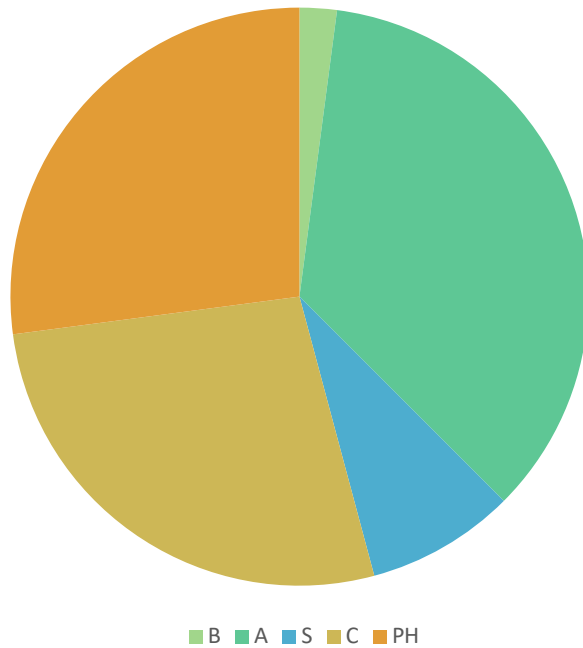
THE FORGOTTEN LANGUAGE

In this story, B, I, S are the forgotten languages. This can imply that the person lacks belief in themselves. It can also convey that the person gives up easily and that the person fails to draw strength from adversity. They are also not very social and an S- proves that they may see others as obstacles. They are quite anti-social and they lack social support. The lack of I as a coping mechanism suggests escapist fantasy, mental disengagement and wishful thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	1/48	2.08%
B-	0/48	0%
A	17/48	35.41%
A-	0/48	0%
S	4/48	8.33%
S-	0/48	0%
I	0/48	0%
I-	0/48	0%
C	13/48	27.08%
C-	0/48	0%
PH	13/48	27.08%
PH-	0/48	0%

PERCENTAGE



THEMES

The theme is that of two waves that are fighting to take each other's area. One among them is very calm and does not want the fight but the other one is too adamant and furious and hence a fight takes place. They then decide to be peaceful with each other and hence a beautiful and peaceful land is created.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Below	Above	Submissive vs Dominant Conservative vs Experimenting Trusting vs Suspicious Tough minded vs Sensitive
Decided	Undecided	Serious vs Happy go lucky Timid vs Venturesome Conservative vs Experimenting Practical vs Imaginative
Stayed	Changed	Tough minded vs Sensitive Timid vs Venturesome Self-assured vs Apprehensive Conservative vs Experimenting
Furiously	Gently	Affected by feelings vs Emotionally stable Less intelligent vs More intelligent Forthright vs Shrewd Self-assured vs Apprehensive
Fought	Helped	Uncontrolled vs Controlled Timid vs Venturesome Expedient vs Conscientious

		Tough minded vs Sensitive
Win	Lose	Tough minded vs Sensitive Timid vs Venturesome Practical vs Imaginative
Fought	Helped	Uncontrolled vs Controlled Timid vs Venturesome Expedient vs Conscientious Tough minded vs Sensitive
Raged	Accepted	Uncontrolled vs Controlled Affected by feelings vs Emotionally stable Tough minded vs Sensitive Less intelligent vs More intelligent Relaxed vs Tense
Decided	Undecided	Serious vs Happy go lucky Timid vs Venturesome Conservative vs Experimenting Practical vs Imaginative
Bring	Leave	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Loved	Hated	Serious vs Happy go lucky Self-assured vs Apprehensive Forthright vs Shrewd
Back	Front	Submissive vs Dominant Conservative vs Experimenting Trusting vs Suspicious Tough minded vs Sensitive
Soon	Later	Tough minded vs Sensitive

		Self-assured vs Apprehensive Less intelligent vs More intelligent Conservative vs Experimenting Practical vs Imaginative
Later	Soon	Tough minded vs Sensitive Self-assured vs Apprehensive Less intelligent vs More intelligent Conservative vs Experimenting Practical vs Imaginative
Together	Separate	Group dependent vs Self sufficient Forthright vs Shrewd Self-assured vs Apprehensive Affected by feelings vs Emotionally stable Trusting vs Suspicious Less intelligent vs More intelligent Conservative vs Experimenting Practical vs Imaginative Uncontrolled vs Controlled

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	2
Relaxed vs Tense	1
Forthright vs Shrewd	3
Self-assured vs Apprehensive	7
Serious vs Happy go lucky	3
Submissive vs Dominant	2

Affected by feelings vs Emotionally stable	3
Trusting vs Suspicious	4
Reserved vs Outgoing	0
Less intelligent vs More intelligent	5
Conservative vs Experimenting	8
Practical vs Imaginative	6
Uncontrolled vs Controlled	4
Tough minded vs Sensitive	9
Timid vs Venturesome	6
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

Tough minded vs Sensitive is the most prominent conflict. These conflicts give us an insight into what the person is actively trying to mask. The individual is surely a very sensitive human but appears to be tough minded. This was the case of the butterfly, that even when the butterfly was going through a lot, the butterfly was putting on a mask of being tough. The unconscious that can reflect the sensitivity was trying to reach the egg but could not. Also, the egg is stuck in the web and the butterfly is trying to be venturesome by talking us through it but then is scared or timid somewhere down. It is just an egg and not a butterfly yet.

SYMBOLS

1. **WAVES**- They are the abode of dragons and also are symbolic to purity.
2. **WAR**- Struggle of light against darkness.

3. **OCEAN-** is a symbol of universal life as opposed to the particular. It is regarded traditionally as the source of the generation of all life, and science has confirmed that life did in fact begin in the sea.
4. **RAIN-**Rain has a primary and obvious symbolism as a fertilizing agent, and is related to the general symbolism of life and water. Apart from this, but for the same reason, it signifies purification.
5. **NATURE-**the mineral and the abstract with the vital forces of plant and animal life.
6. **LANDSCAPE-** is the mundane manifestation of a dynamic complex which in origin was non-spatial

INSIGHT INTO THE STORY USING THE SYMBOLS

The red and yellow waves both are together until the red one decides to wage a war. The waves are abode to dragons, hence the dragons have waged a war. A war is a struggle of light against the darkness and hence the red dragon seems to be the darkness and the yellow one the light. However, they think of being on peaceful terms and merge to form orange. They then bring rain which signifies purity and hence make their ocean beautiful.

SUMMARY

APPARENT LANGUAGE

LAND OF BLUE- A, C , PH

LAND OF YELLOW- A, C, PH

LAND OF RED- A, C, PH

FOREST CITY 2- A, C, PH

HATCHING OF THE EGG- C, S, PH

LAND OF ORANGE- A, C, PH

TABLE OF APPARENT LANGUAGE

COPING MECHANISM	SCORE
B	0/18
A	5/18
S	1/18
I	0/18
C	6/18
PH	6/18

SUMMARY OF APPARENT LANGUAGE

PH, A, C are the most prominently existing coping mechanism. This means that there is a positive action and behavioural coping. This would also mean behavioural escapes and distancing at times. There is inhibition of actions by suppressing feelings. Combined with A it could mean self-destruction. A also conveys emotional ventilation and discharge. Along with Oh, it means physical release of emotions. Along with C, it means crying-problem focused. It also means suppression of emotions.

FORGOTTEN LANGUAGE

LAND OF BLUE- B, S , I

LAND OF YELLOW- B, S, I

LAND OF RED- B, S, I

FOREST CITY 2- B, S, I

HATCHING OF THE EGG- B, A, I

LAND OF ORANGE- B, S, I

TABLE OF FORGOTTEN LANGUAGE

COPING MECHANISM	SCORE
B	6/18
A	1/18
S	5/18
I	6/18
C	0/18
PH	0/18

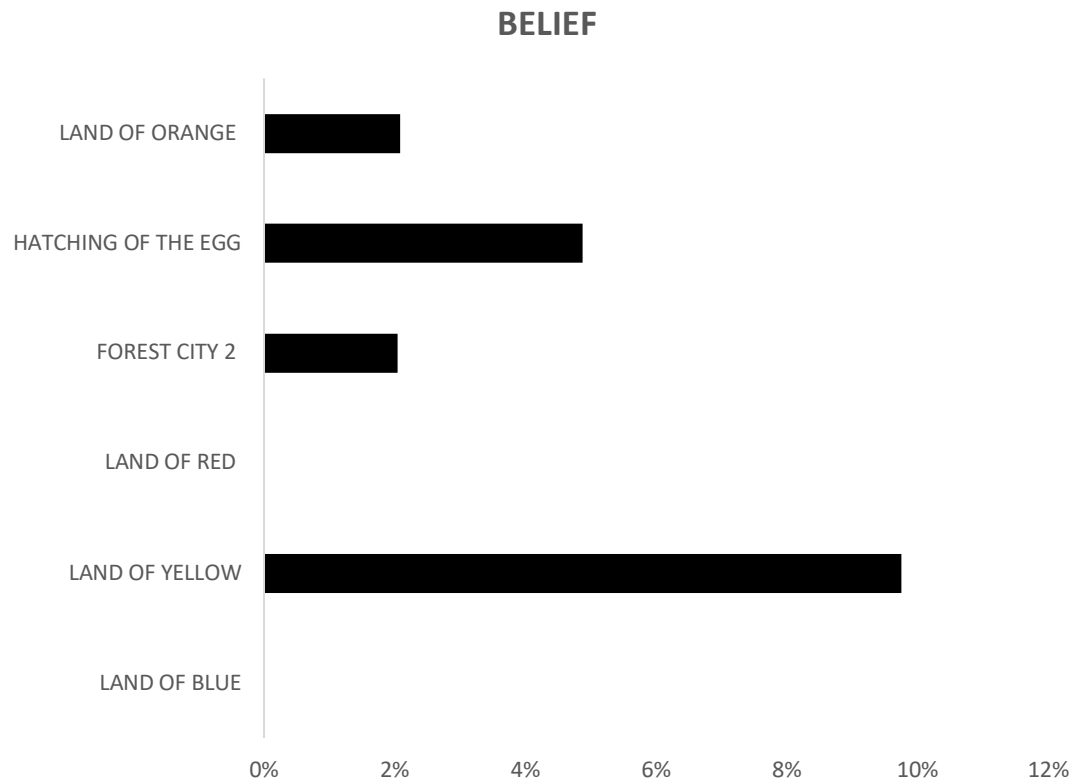
SUMMARY OF FORGOTTEN LANGAUGE

B, I, S is the forgotten language. This means that the individual fails to draw strength from adversity and is pessimistic. The individual fails to ignore problems and lacks endurance. Along with S, this means unable to seek spiritual support. They don't use their social connections to deal with stress. They rather rely on themselves to do so. It also implies social withdrawal and self-isolation at times. There doesn't seem to be a proper social support to vent their feelings. The presence of I in forgotten languages imply detaching themselves.

PERCENTAGE CHART OF EACH COPING

MECHANISM

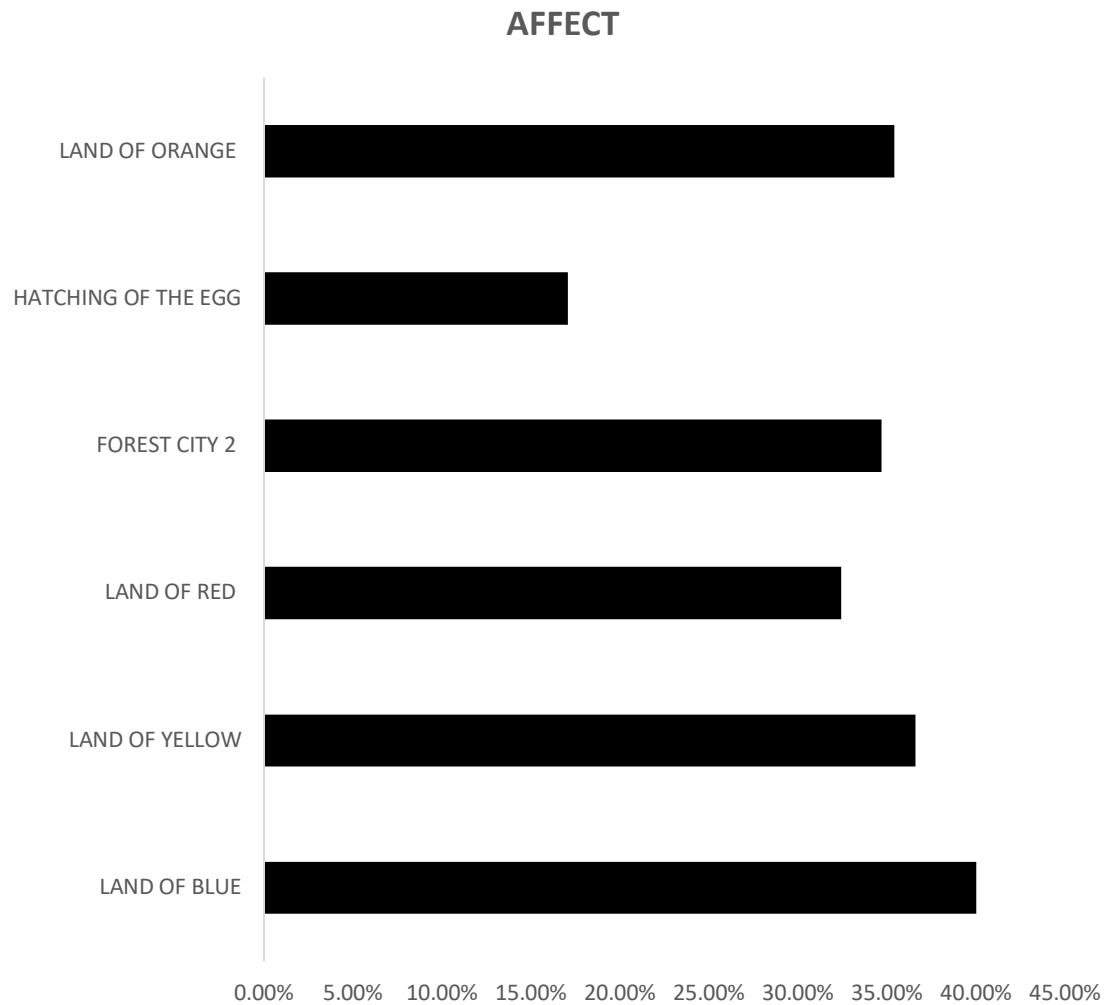
'BELIEF' AS A COPING MECHANISM



CONCLUSION

B as a coping mechanism has been a part of the forgotten languages but that doesn't mean it has not been used for coping. The use of B has a coping mechanism has been the highest at the beginning and C has been lower ever since.

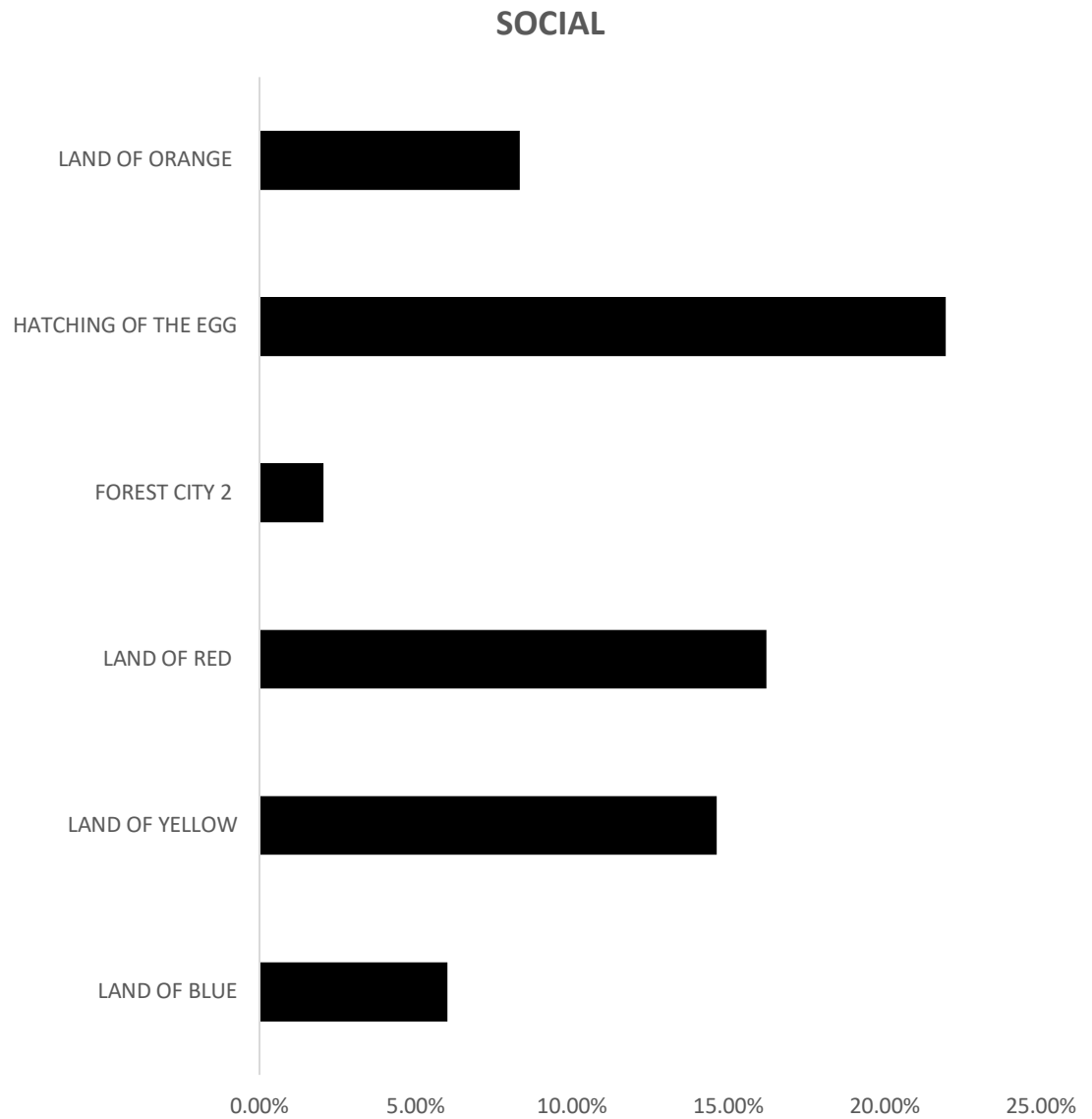
'AFFECT' AS A COPING MECHANISM



CONCLUSION

The use of A as a coping mechanism has been quite stable. Except for a slight decline, the use of A is quite constant.

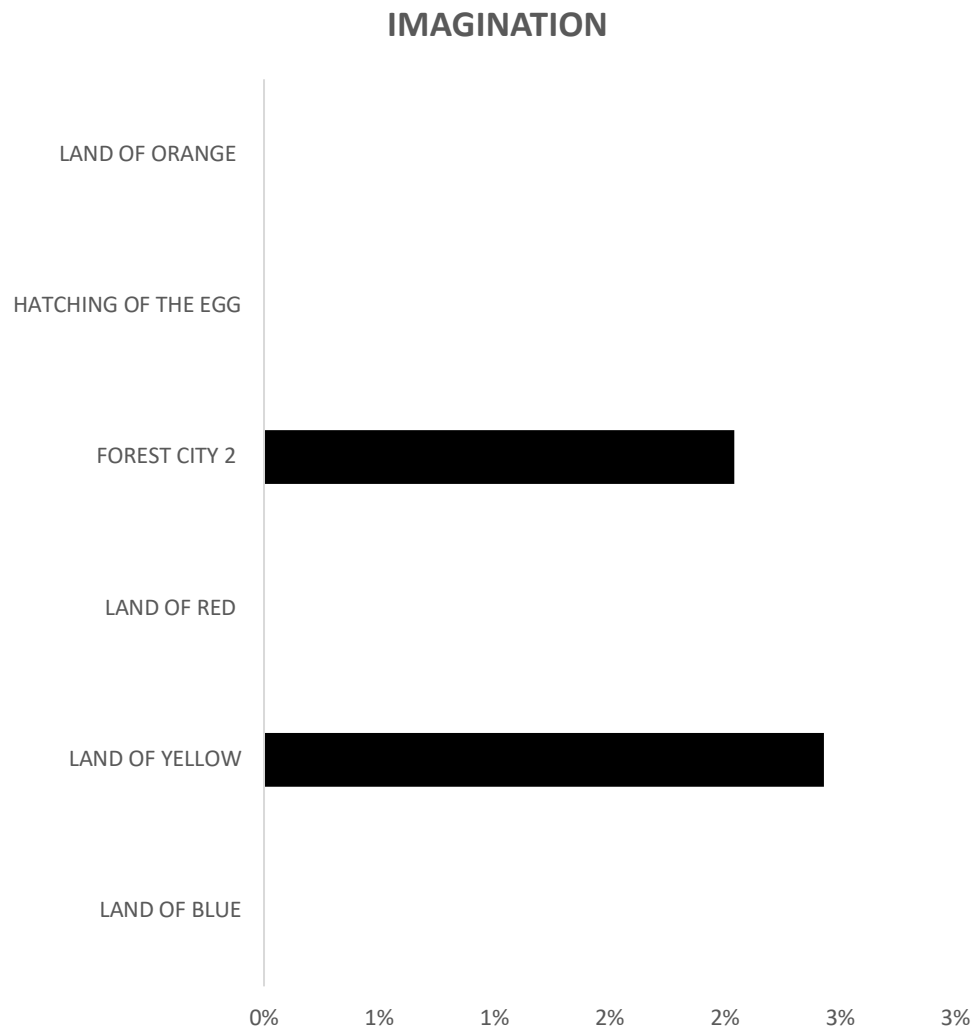
'SOCIAL' AS A COPING MECHANISM



CONCLUSION

The use of S as a coping mechanism has increased in over our stories and decreased a bit in the end.

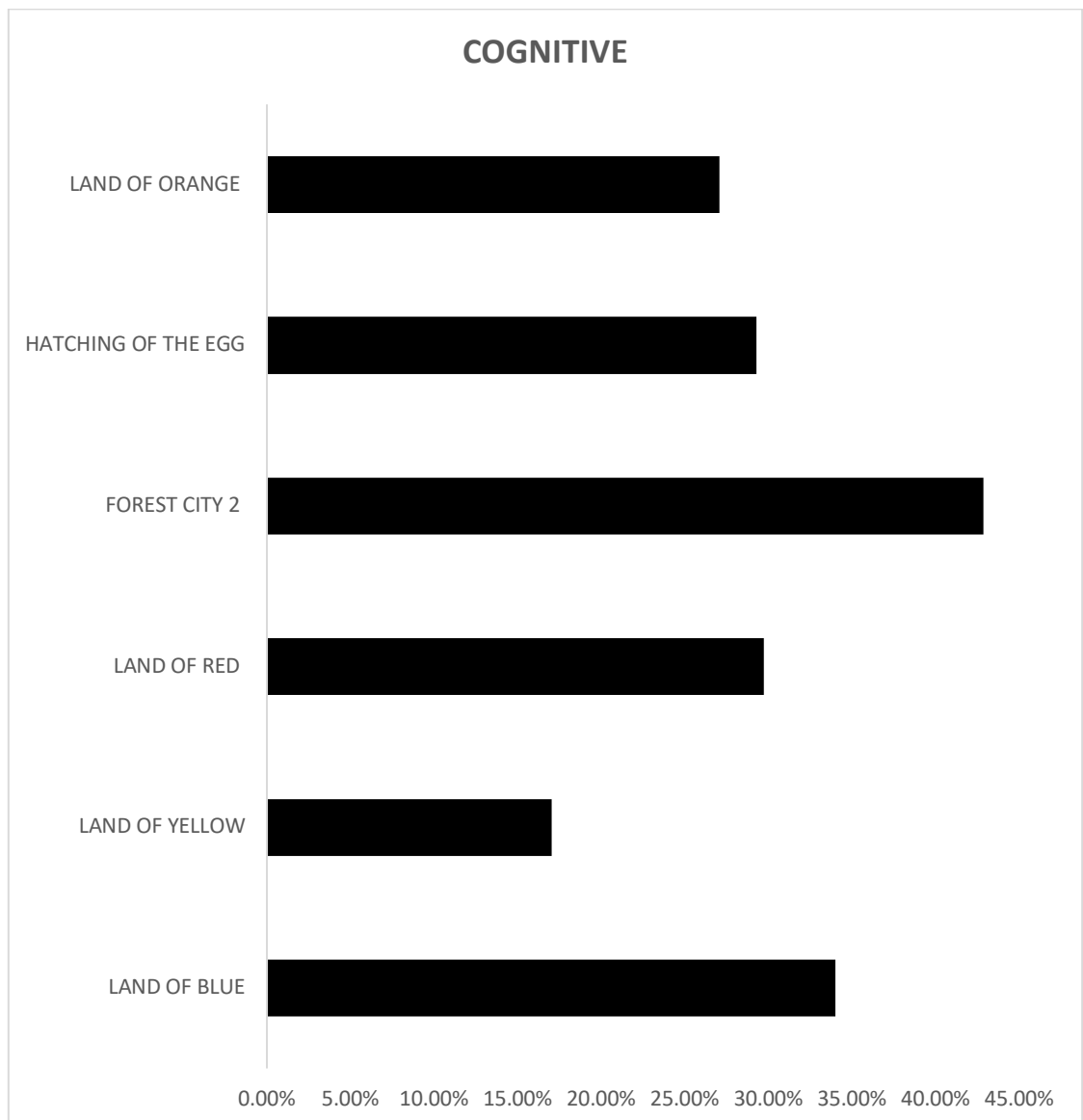
I AS A COPING MECHANISM



CONCLUSION

The use of I as a coping mechanism is nearly equal to zero.

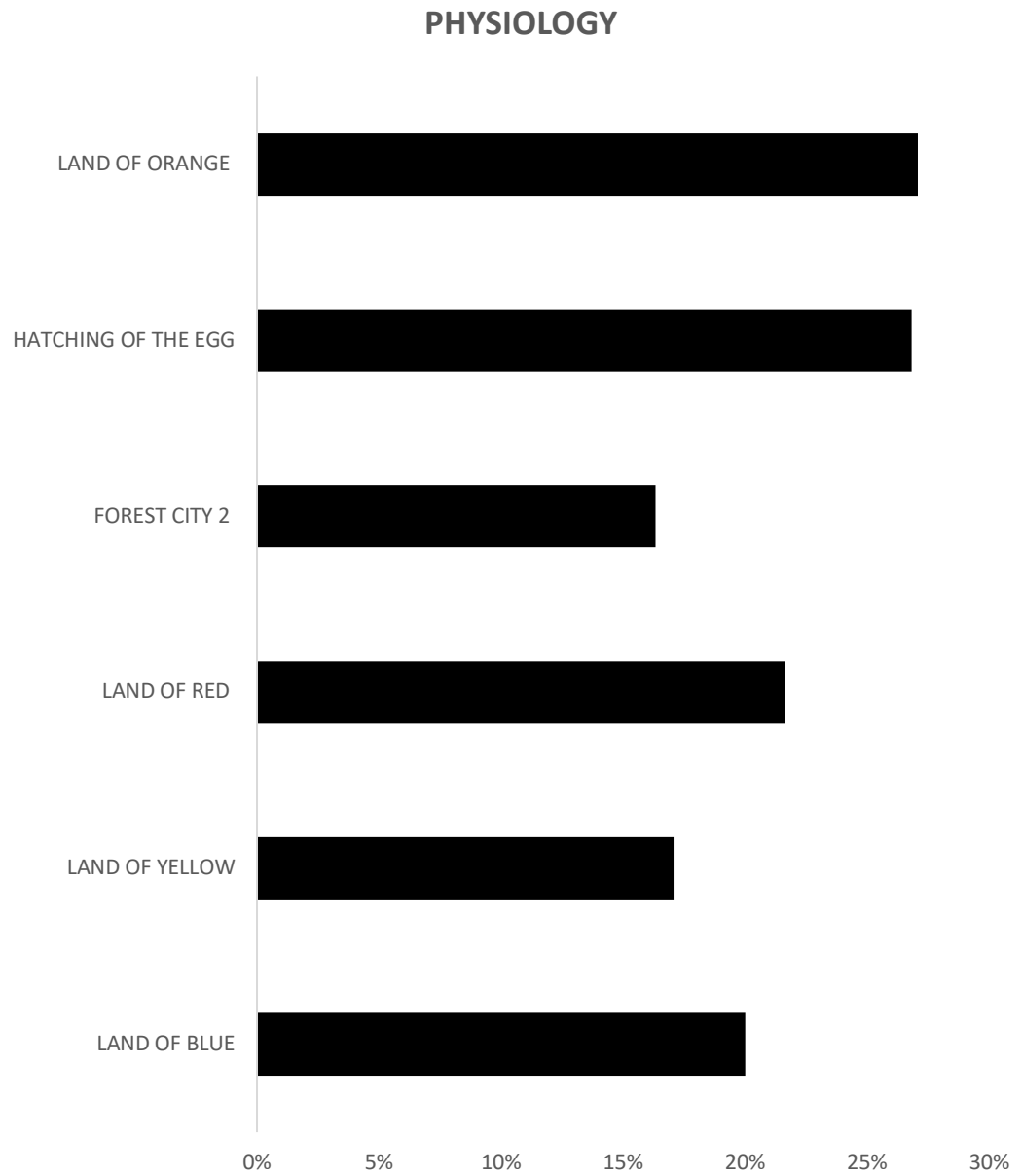
'COGNITIVE' AS A COPING MECHANISM



CONCLUSION

The use of C as a coping mechanism is quite constant. It has been actively used to cope.

'PHYSIOLOGY' AS A COPING MECHANISM



CONCLUSION

The use of PH as a coping mechanism has again been quite active and most prominent of all.

BAZILA

Bazila as a student has been quiet efficient. She is quite soft-spoken and very quiet. She likes to do her work while being focused completely while shutting down everything that happens in the background.



INTRODUCTION

Myself ,me and I

The same and yet different

Me, Me , Me

I am the focus

I am worth the effort

I am the centre of the universe

Myself a mindset that is needed for balance.



LAND OF BLUE



STORY

In a snow land, there is snow and ice all around and it looks white and blue. One day a dragon came over there and wanted to destroy everything, whatever comes in his way and blows fire. The animals that lived there got so afraid. The blowing fire melts everything. The animals felt really warm at first but they died.

This was the story that how cruel was that dragon.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Blue land

TASK/MISSION- To be blue forever

HELP- None

OBSTACLE- Dragon

COPING WITH THE OBSTACLE- No one coped

CONCLUSION- Everyone in the land dies

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

In a snow (C) land (C), there is snow (C) and ice (C) all around and it looks (PH) white (A) and blue (A). One day (C) a dragon (B, I) came (PH) over there and wanted (C, A) to destroy (PH) everything (B), whatever comes (PH) in his way (C) and blows (PH) fire (C, A). The animals (S) that lived there got so afraid (A). The blowing (PH) fire (C) melts (PH) everything (B). The animals (S) felt (A) really (A) warm (A, PH) at first but they died (PH).

This was the story that how cruel (A) was that dragon (B, I).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
4	0	9	0	2	0	2	0	9	0	9	0

THE APPARENT LANGUAGE

In this story, the most prominently used coping mechanisms are C, PH, A. Higher score in C implies that the person has a higher IQ and has fewer cognitive complaints. This can be reflected in the child's performance at school, where she has been the topper of the class. A score of 9 in Ph

translates to behavioural coping and active coping. A combination of Ph and C implies that the person is practical and rational. It also implies that the person can plan and perform well. A combination of C and A might imply that the person is emotional but they are also practical about it. A higher score in A represents an emotional approach to things and can also suggest A higher score in C might imply that the person thinks with their mind rather than their heart.

THE FORGOTTEN LANGUAGE

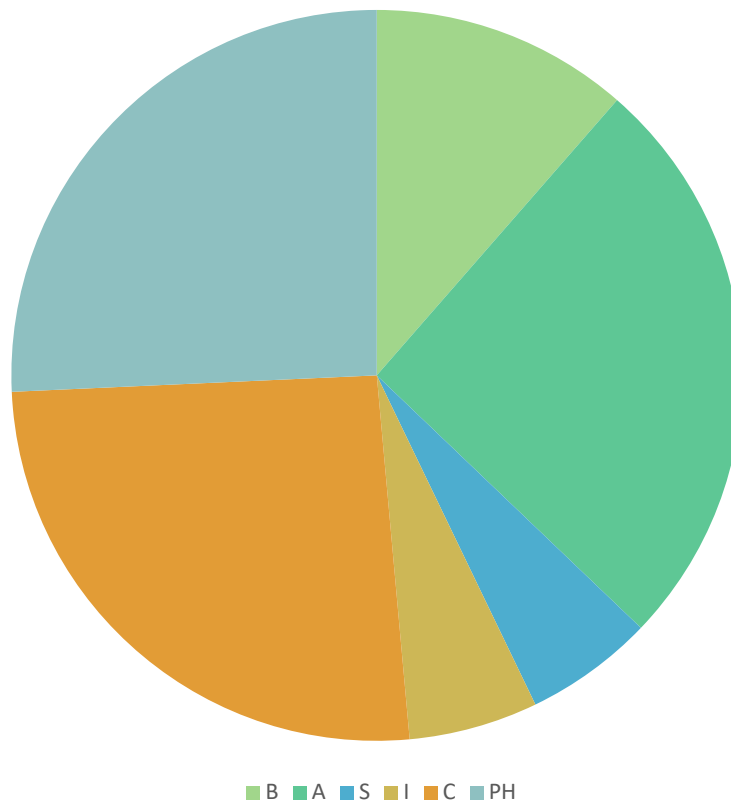
In this story, B, I, S are the forgotten languages. This can imply that the person lacks belief in themselves. It can also convey that the person gives up easily and that the person fails to draw strength from adversity. They are also not very social and an S- proves that they may see others as obstacles. They are quite anti-social and they lack social support. The lack of I as a coping mechanism suggests escapist fantasy, mental disengagement and wishful thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	4/35	11.42%
B-	0/35	0%
A	9/35	25.71%
A-	0/35	0%
S	2/35	5.71%
S-	0/35	0%
I	2/35	5.71%
I-	0/35	0%
C	9/35	25.71%

C-	0/35	0%
PH	9/35	25.71%
PH-	0/35	0%

PERCENTAGE



THEMES

The theme of the story is that of the evil winning over the good. We see how everything is nice and pleasant in the blue land until dragon comes along and destroys everything.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Looks	Ignores	Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Reserved vs Outgoing Less intelligent vs More intelligent Forthright vs Shrewd Practical vs Imaginative Expedient vs Conscientious
Around	Ahead	Group dependent vs Self sufficient Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
All	None	Group dependent vs Self sufficient Relaxed vs Tense Trusting vs Suspicious Practical vs Imaginative
Over	Ongoing	Affected by feelings vs Emotionally stable Forthright vs Shrewd Practical vs Imaginative Tough minded vs Sensitive
Came	Went	Self-assured vs Apprehensive Uncontrolled vs Controlled Practical vs Imaginative

		Timid vs Venturesome
Wants	Needs	Tough minded vs Sensitive Expedient vs Conscientious Serious vs Happy go lucky Uncontrolled vs Controlled Affected by feelings vs emotionally stable Practical vs Imaginative Less intelligent vs More Intelligent
Destroy	Develop	Conservative vs Experimenting Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Affected by feelings vs Emotionally stable Less intelligent vs More intelligent
Comes	Leaves	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Lived	Died	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing Timid vs Venturesome
Got	Snatched	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
Blowing	Pushing	Uncontrolled vs Controlled

		<p>Forthright vs Shrewd</p> <p>Submissive vs Dominant</p> <p>Less intelligent vs More intelligent</p> <p>Conservative vs Experimenting</p> <p>Timid vs Venturesome</p>
Melts	Sets	<p>Relaxed vs Tense</p> <p>Self-assured vs Apprehensive</p> <p>Practical vs Imaginative</p>
Feel	Avoid	<p>Timid vs Venturesome</p> <p>Reserved vs Outgoing</p> <p>Expedient vs Conscientious</p> <p>Self-assured vs Apprehensive</p> <p>Less intelligent vs More intelligent</p>
Got	Snatched	<p>Uncontrolled vs Controlled</p> <p>Forthright vs Shrewd</p> <p>Submissive vs Dominant</p> <p>Less intelligent vs More intelligent</p> <p>Conservative vs Experimenting</p> <p>Timid vs Venturesome</p>

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	3
Relaxed vs Tense	2
Forthright vs Shrewd	6
Self-assured vs Apprehensive	6
Serious vs Happy go lucky	1
Submissive vs Dominant	4

Affected by feelings vs Emotionally stable	3
Trusting vs Suspicious	4
Reserved vs Outgoing	3
Less intelligent vs More intelligent	8
Conservative vs Experimenting	6
Practical vs Imaginative	7
Uncontrolled vs Controlled	5
Tough minded vs Sensitive	4
Timid vs Venturesome	7
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

Less intelligent vs more intelligent is the conflict that exists predominantly. This talks about how the individual is trying to be maybe ignore the harsh truth in life. This can be joined with the fact that affect is the most prominently existing coping mechanism. This would mean that at times they feel their emotion makes them feel like the less intelligent one and using their cognitive capabilities makes them more intelligent.

SYMBOLS

1. **ICE-** has been defined as the rigid dividing-line between consciousness and the unconscious.
2. **DRAGON-** In a great many legends, overlaying its deepest symbolic sense, the dragon appears with this very meaning of the primordial enemy with whom combat is the supreme test
3. **FIRE-** A symbol of transformation and regeneration.

INSIGHT INTO THE STORY USING THE SYMBOLS

Not much can be deduced from the story. But the ice may represent the sub conscious which is to facing hardships.

LAND OF YELLOW



STORY

This is the story of pyramid and butterfly.

One hot day, the workers were working on pyramids. As they were working, they saw a beautiful butterfly, the butterfly was going here and there. They were going after the butterfly. But the butterfly got afraid

because she think that they will put her in a cage. As she sat on land, the workers caught her with the help of net. But she got hurt. The workers can't see her in hurt so they helped her and cared for her. When the butterfly got well she thanked to them and told that not all people are cruel.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Butterfly

TASK/MISSION- To move freely

HELP- None

OBSTACLE- Humans

COPING WITH THE OBSTACLE- Gets caught by the humans

CONCLUSION- Realises that humans are not the obstacles.

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

This is the story (C) of pyramid (C) and butterfly (S).

One hot (PH) day (C), the workers (S) were working (PH) on pyramids (C). As they (S) were working (PH), they saw (PH) a beautiful (A) butterfly (S), the butterfly (S) was going (PH) here and there. They were going (PH) after the butterfly (S). But the butterfly (S) got afraid (A) because she think (C) that they (S) will put her (C) in a cage (C, PH). As she sat (PH) on land (C), the workers (S) caught (PH) her (S) with the help (PH) of net (C). But she got hurt (A, PH). The workers (S) can't see (PH) her in hurt (A, PH) so they helped (PH) her (S) and cared (PH, A)for her (S). When the butterfly (S) got well she thanked (A) to them (S) and told that not all people (S) are cruel (A).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
0	0	7	0	16	0	0	0	9	0	15	0

THE APPARENT LANGUAGE

The PH, A, S here are the most prominent coping mechanisms. The PH is the highest coping mechanism used which implies that there is a physical activity involved to a greater extent. The PH, A, S interact to imply temperamental characteristics of a child which favours de-escalation and self-control in general as well as in acute crises but also promotes an overall uncomplicated child-parent relationship, even if both parents are in chronic discord; easy temperament. The child has a 5 S- which means there may be anti-social action, the child may feel different and withdraws. There is a social withdrawal and self-isolation. The A, S together implies that there was an availability of an emotionally stable and trustworthy person during early childhood.

THE FORGOTTEN LANGUAGE

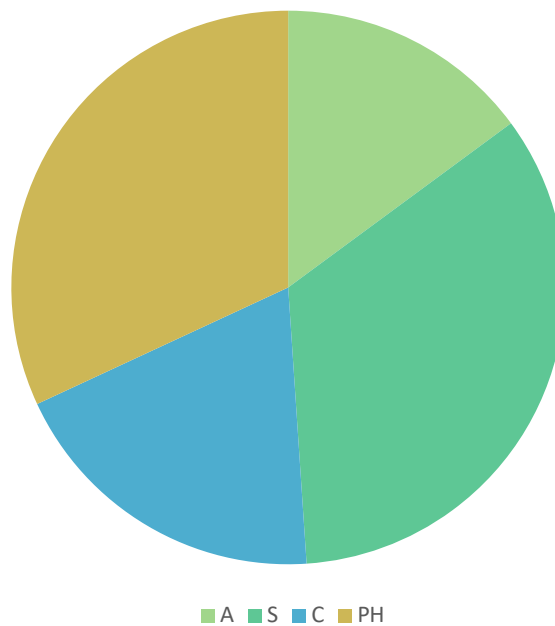
B,I,C are the forgotten languages. The B being a forgotten language means lack of belief in themselves and not using C as a coping mechanism means cognitive avoidance and negative cognitive coping. Lack of I implies mental disengagement.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	0/47	0%
B-	0/47	0%
A	7/47	14.89%
A-	0/47	0%

S	16/47	34.04%
S-	0/47	0%
I	0/47	0%
I-	0/48	0%
C	9/47	19.14%
C-	0/47	0%
PH	15/47	31.91%
PH-	0/48	0%

PERCENTAGE



THEMES

The theme here is based on stereotyping. The butterfly who is happy and moving around is found pretty by humans and they hence chase her and end up hurting her and then taking care of her.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Were	Weren't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Working	Inactive	Relaxed vs Tense Self-assured vs Apprehensive Trusting vs Suspicious Practical vs Imaginative
Were	Weren't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Working	Inactive	Relaxed vs Tense Self-assured vs Apprehensive Trusting vs Suspicious Practical vs Imaginative
Saw	Avoid	Tough Minded vs Sensitive Affected by feelings vs Emotionally stable
Was	Is	Reserved vs Outgoing Tough Minded vs Sensitive
Going	Coming	Relaxed vs Tense Self-assured vs Apprehensive Tough minded vs Sensitive Timid vs Venturesome Expedient vs Conscientious
Here	Away	Timid vs Venturesome Self-assured vs Apprehensive

		<p>Relaxed vs Tense</p> <p>Forthright vs Shrewd</p> <p>Affected by feelings vs Emotionally stable</p> <p>Trusting vs Suspicious</p> <p>Tough minded vs Sensitive</p> <p>Reserved vs Outgoing</p>
There	Absent	<p>Group dependent vs Self sufficient</p> <p>Relaxed vs Tense</p> <p>Reserved vs Outgoing</p> <p>Timid vs Venturesome</p>
Were	Is	<p>Reserved vs Outgoing</p> <p>Tough Minded vs Sensitive</p>
Going	Coming	<p>Reserved vs Outgoing</p> <p>Relaxed vs Tense</p> <p>Tough minded vs Sensitive</p> <p>Trusting vs Suspicious</p> <p>Controlled vs Uncontrolled</p>
Got	Snatched	<p>Uncontrolled vs Controlled</p> <p>Forthright vs Shrewd</p> <p>Submissive vs Dominant</p> <p>Less intelligent vs More intelligent</p> <p>Conservative vs Experimenting</p> <p>Timid vs Venturesome</p>
Think	Doubt	<p>Less intelligent vs More intelligent</p> <p>Relaxed vs Tense</p> <p>Practical vs Imaginative</p>
Will	Refused	<p>Uncontrolled vs Controlled</p> <p>Timid vs Venturesome</p>

		Expedient vs Conscientious Tough minded vs Sensitive
Sat	Got up	Self-assured vs Apprehensive Practical vs Imaginative Reserved vs Outgoing Conservative vs Experimenting Relaxed vs Tense Serious vs Happy go lucky Timid vs Venturesome
Caught	Free	Submissive vs Dominant Uncontrolled vs Controlled
Got	Snatched	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
See	Can't see	Uncontrolled vs Controlled Submissive vs Dominant Practical vs Imaginative Less intelligent vs More intelligent Practical vs Imaginative Trusting vs Suspicious
Helped	Harmed	Less intelligent vs More intelligent Forthright vs Shrewd
Cared	Ignored	Practical vs Imaginative Affected by Feelings vs Emotionally stable Timid vs Venturesome

		Uncontrolled vs Controlled Less intelligent vs More intelligent Tough minded vs Sensitive Relaxed vs Tense
Got	Snatched	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
Thanked	Disregard	Uncontrolled vs Controlled Less intelligent vs More intelligent Submissive vs Dominant Self-Assured vs Apprehensive
Told	Concealed	Tough minded vs Sensitive Submissive vs Dominant

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	3
Relaxed vs Tense	9
Forthright vs Shrewd	5
Self-assured vs Apprehensive	6
Serious vs Happy go lucky	1
Submissive vs Dominant	7
Affected by feelings vs Emotionally stable	3
Trusting vs Suspicious	5
Reserved vs Outgoing	8

Less intelligent vs More intelligent	8
Conservative vs Experimenting	4
Practical vs Imaginative	9
Uncontrolled vs Controlled	9
Tough minded vs Sensitive	9
Timid vs Venturesome	9
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

The thing that is the most interesting here is how the person has high and same scores in many conflicts like

Relaxed vs Tense

Practical vs Imaginative

Uncontrolled vs Controlled

Tough minded vs Sensitive

Timid vs Venturesome

This tells that's there are a lot of conflicts that are inside the individual and it is not like any conflict is less influencing. All the conflicts seem to be actively present and at a greater level. This might suggest that there is a lot of thought process going on and a lot of questions getting stirred in the unconscious that the person is trying their best to mask the conflicts.

SYMBOLS

1. **PYRAMID**- symbolic of the earth in its maternal aspect
2. **BUTTERFLY**- an emblem of the soul and of unconscious attraction towards the light

INSIGHT INTO THE STORY USING THE SYMBOLS

The meaning that can be derived here is that the soul is getting drawn to the maternal figure but then gets hurt in the midst of it all.

LAND OF RED



STORY

In a jungle there lived a poor family in huts, one night they were sleeping and suddenly they listened some noise so they got up and came out of there huts. They saw that their crops are burnt with the flowing lava and the lava is now coming toward their huts .They started crying because they don't have anything without that small huts and those crops .Now, they were in search of another place . They saw a beautiful place full of trees . They sat under the trees for full night. They then lived there and build beautiful huts.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Poor people

TASK/MISSION- To live happily in their hut

HELP- None

OBSTACLE- Fire

COPING WITH THE OBSTACLE- Fire burns everything and they move

CONCLUSION- They make a beautiful house under the trees

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

In a jungle (C) there lived (PH) a poor family (S) in huts (C), one night (C) they were sleeping (C) and suddenly they listened (PH) some noise (PH) so they got up (PH) and came out (PH) of their huts (C). They (S) saw (PH) that their (S) crops (C) are burnt (PH) with the flowing (PH) lava (A, C) and the lava (A, C) is now coming (PH) toward (PH) their huts (C). They started (PH) crying (A) because they (S) don't have anything without that small (PH) huts and those crops (PH). Now, they were in search (PH) of another place (C). They saw a beautiful (A) place (C) full (PH) of trees (C). They sat (PH) under (PH) the trees (C) for full night (C). They then lived (PH) there and build (PH) beautiful (A) huts.

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
0	0	5	0	4	0	0	0	14	0	19	0

THE APPARENT LANGUAGE

In this story, the most prominently used coping mechanisms are C, PH, A. Higher score in C implies that the person has a higher IQ and has fewer cognitive complaints. This can be reflected in the child's performance at school, where she has been the topper of the class. A score of 9 in Ph translates to behavioural coping and active coping. A combination of Ph and C implies that the person is practical and rational. It also implies that the person can plan and perform well. A combination of C and A might imply that the person is emotional but they are also practical about it. A higher score in A represents an emotional approach to things and can also suggest A higher score in C might imply that the person thinks with their mind rather than their heart.

THE FORGOTTEN LANGUAGE

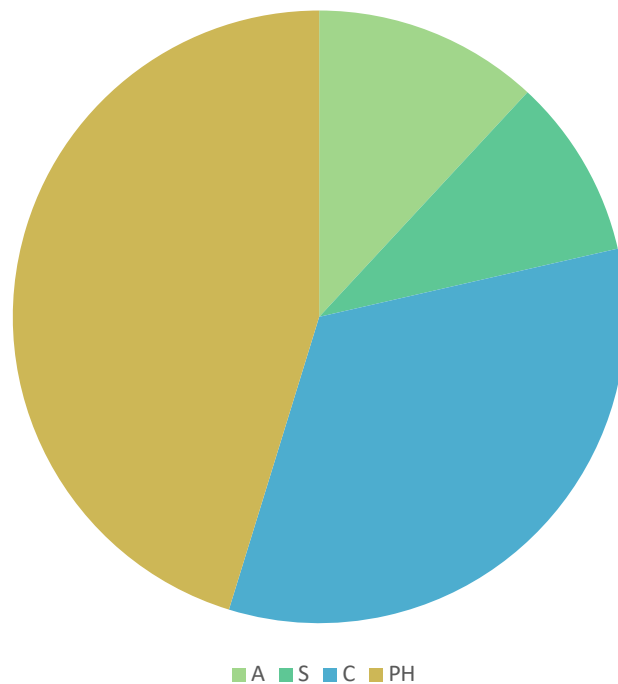
In this story, B, I, S are the forgotten languages. This can imply that the person lacks belief in themselves. It can also convey that the person gives up easily and that the person fails to draw strength from adversity. They are also not very social and an S- proves that they may see others as obstacles. They are quite anti-social and they lack social support. The lack of I as a coping mechanism suggests escapist fantasy, mental disengagement and wishful thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	0/42	0%
B-	0/42	0%
A	5/42	11.9%
A-	0/42	0%
S	4/42	9.52%

S-	0/42	0%
I	0/42	0%
I-	0/42	0%
C	14/42	33.33%
C-	0/42	0%
PH	19/42	45.23%
PH-	0/42	0%

PERCENTAGE



THEME

The theme that arises out of the story is that of a poor family who are struggling to make the end meet. They already are poor and then their crops get burnt and then the house, they eventually move to a new hut. They make this new hut under the trees and then are finally happy.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
There	Absent	Group dependent vs Self sufficient Relaxed vs Tense Reserved vs Outgoing Timid vs Venturesome
Lived	Died	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing Timid vs Venturesome
Were	Weren't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Suddenly	Gently	Uncontrolled vs Controlled Practical vs Imaginative
Listened	Spoke	Tough minded vs Sensitive Submissive vs Dominant
Get	Did not get	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
Came	Went	Relaxed vs Tense Self-assured vs Apprehensive Tough minded vs Sensitive Timid vs Venturesome

		Expedient vs Conscientious
There	Absent	Group dependent vs Self sufficient Relaxed vs Tense Reserved vs Outgoing Timid vs Venturesome
Saw	Avoid	Tough Minded vs Sensitive Affected by feelings vs Emotionally stable
Burnt	Undone	Relaxed vs tense Conservative vs Experimenting
Flowing	Frozen	Submissive vs Dominant Timid vs Venturesome Uncontrolled vs Controlled Conservative vs Experimenting
Coming	Going	Self-assured vs Apprehensive
Started	Ended	Trusting vs Suspicious Expedient vs Conscientious
Crying	Laughing	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense
Start	End	Trusting vs Suspicious Expedient vs Conscientious
Cry	Laugh	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky
Now	Later	Tough minded vs Sensitive Self-assured vs Apprehensive Less intelligent vs More intelligent

		Conservative vs Experimenting Practical vs Imaginative
Saw	Avoid	Tough Minded vs Sensitive Affected by feelings vs Emotionally stable
Then	Now	Uncontrolled vs Controlled Practical vs Imaginative
There	Absent	Group dependent vs Self sufficient Relaxed vs Tense Reserved vs Outgoing Timid vs Venturesome

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	4
Relaxed vs Tense	6
Forthright vs Shrewd	1
Self-assured vs Apprehensive	0
Serious vs Happy go lucky	0
Submissive vs Dominant	3
Affected by feelings vs Emotionally stable	4
Trusting vs Suspicious	2
Reserved vs Outgoing	5
Less intelligent vs More intelligent	2
Conservative vs Experimenting	5
Practical vs Imaginative	5
Uncontrolled vs Controlled	4
Tough minded vs Sensitive	7
Timid vs Venturesome	7

Expedient vs Conscientious	0
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SUMMARY OF CONFLICTS

The most prominent conflict is that of tough minded vs sensitive and timid vs venturesome. It means that the individual is trying to be tough minded in order to hide their sensitivities. They are also quite venturesome but maybe due to some factors they act timid. It is seen that the individual acts very timid in social settings and hence maybe because they are trying to hide their venturesome nature.

SYMBOLS

There are no symbols in the story.

INSIGHT INTO THE STORY USING THE SYMBOLS

The story has no symbols, hence nothing can be deduced.

STORY OF THE CATERPILLAR



STORY

When the caterpillar comes out from the egg first time, he saw the blue sea and he got afraid because it was his first time in the world. A girl was standing at the opposite side of water. She saw the caterpillar and went to him and took him to her house And gave him food and she talked to him and cared for him. Eventually they became friends.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Caterpillar

TASK/MISSION- To survive

HELP- Girl

OBSTACLE- None

COPING WITH THE OBSTACLE- The girl provides shelter

CONCLUSION- They become friends

ASSESSMENT ACCORDING TO THE BASIC PH COPING MODEL

When the caterpillar (S) comes out (PH) from the egg (C) first (C) time (C), he saw the blue (A) sea (C) and he got afraid (A) because it was his first time (C) in the world (C). A girl (S) was standing (PH) at the opposite side of water (C). She saw (PH) the caterpillar (S) and went (PH) to him (S) and took (PH) him (S) to her (S) house (C) And gave him food (C) and she talked (PH) to him (S) and cared (A) for him. Eventually they became friends (S).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
0	0	3	0	8	0	0	0	9	0	6	0

THE APPARENT LANGUAGE

The PH, S here are the most prominent coping mechanisms. The PH & S being dominant means that the individual relies on their physiological aspect to deal with stress and they also rely on their social skills to deal with stress. A combination of both PH & S could mean the use of body in a social setting or can take an active role. However an S- means that the S is in conflict and hence implies that the person may see other people in a social setting as obstacles and hence influencing her behaviour in a social setting. The C is the second prominently used coping mechanism.

The C interacts with PH to ensure a practical, rational behaviour. The C also interacts with S; which implies social norms and rules that is - likes a structured and well defined role. An S- implies that the person may find it difficult to adhere to some rules.

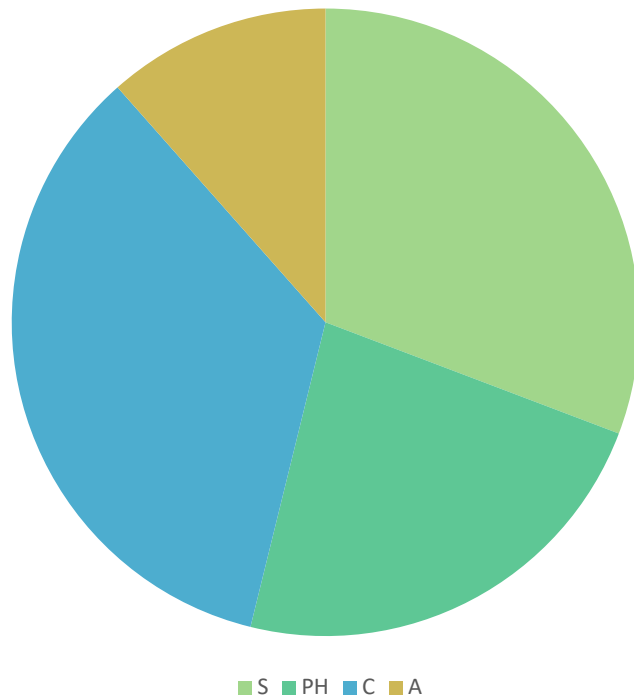
THE FORGOTTEN LANGUAGE

B, A, I are the forgotten languages. The B being a forgotten language means lack of belief in themselves and not using A as a coping mechanism means internalising and social withdrawal. Lack of I implies mental disengagement.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	0/26	0%
B-	0/26	0%
A	3/26	11.53%
A-	0/26	0%
S	8/26	30.76%
S-	0/26	0%
I	0/26	0%
I-	0/26	0%
C	9/26	34.61%
C-	0/26	0%
PH	6/26	23.07%
PH-	0/26	0%

PERCENTAGE



THEME

The theme is that of a caterpillar finding a new person as soon as they are born and then they are adopted and taken care of. The girl and the caterpillar eventually become friends.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Comes	Leaves	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Comes	Leaves	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive

Saw	Did not see	Tough minded vs Sensitive Forthright vs Shrewd Self-assured vs Apprehensive Reserved vs Outgoing
Got	Snatched	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
Was	Wasn't	Reserved vs Outgoing Tough Minded vs Sensitive
Standing	Sitting	Self-assured vs Apprehensive Practical vs Imaginative Reserved vs Outgoing Conservative vs Experimenting Relaxed vs Tense Serious vs Happy go lucky Timid vs Venturesome
Saw	Did not see	Tough Minded vs Sensitive Affected by feelings vs Emotionally stable
Went	Came	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Took	Give	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent

		Conservative vs Experimenting Timid vs Venturesome
Talk	Silent	Forthright vs Shrewd Expedient vs Conscientious Reserved vs Outgoing Relaxed vs Tense Trusting vs Suspicious Timid vs Venturesome
Eventually	Never	Relaxed vs Tense Self-assured vs Apprehensive Serious vs Happy go lucky Conservative vs Experimenting
Became	Did not become	Self-assured vs Apprehensive Uncontrolled vs Controlled Practical vs Imaginative Timid vs Venturesome
Flying	Grounded	Submissive vs Dominant Conservative vs Experimenting Practical vs Imaginative Tough minded vs Sensitive Self-assured vs Apprehensive Uncontrolled vs Controlled Timid vs Venturesome
Enjoying	Hating	Serious vs Happy go lucky Self-assured vs Apprehensive Forthright vs Shrewd
Saw	Did not see	Tough Minded vs Sensitive Affected by feelings vs Emotionally stable

Were	Are	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Going	Coming	Reserved vs Outgoing Relaxed vs Tense Tough minded vs Sensitive Trusting vs Suspicious Controlled vs Uncontrolled
Reached	Failed	Reserved vs Outgoing
Was	Wasn't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Jumped	Did not jump	Tough minded vs Sensitive Timid vs Venturesome Self-assured vs Apprehensive Conservative vs Experimenting
Live	Die	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing Timid vs Venturesome
Enjoyed	Hated	Serious vs Happy go lucky Self-assured vs Apprehensive Forthright vs Shrewd
Made	Destroyed	Conservative vs Experimenting Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Affected by feelings vs Emotionally stable

		Less intelligent vs More intelligent
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INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	5
Relaxed vs Tense	4
Forthright vs Shrewd	6
Self-assured vs Apprehensive	12
Serious vs Happy go lucky	4
Submissive vs Dominant	3
Affected by feelings vs Emotionally stable	3
Trusting vs Suspicious	6
Reserved vs Outgoing	9
Less intelligent vs More intelligent	3
Conservative vs Experimenting	8
Practical vs Imaginative	6
Uncontrolled vs Controlled	5
Tough minded vs Sensitive	8
Timid vs Venturesome	8
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

The most prominent coping mechanism is that of self-assured vs apprehensive. The individual seems very self-assured and this we can say is to mask the apprehensiveness. She is not that confident about her capabilities as an individual. However, she strives to top. This may lead to assuredness at times but at times apprehensive.

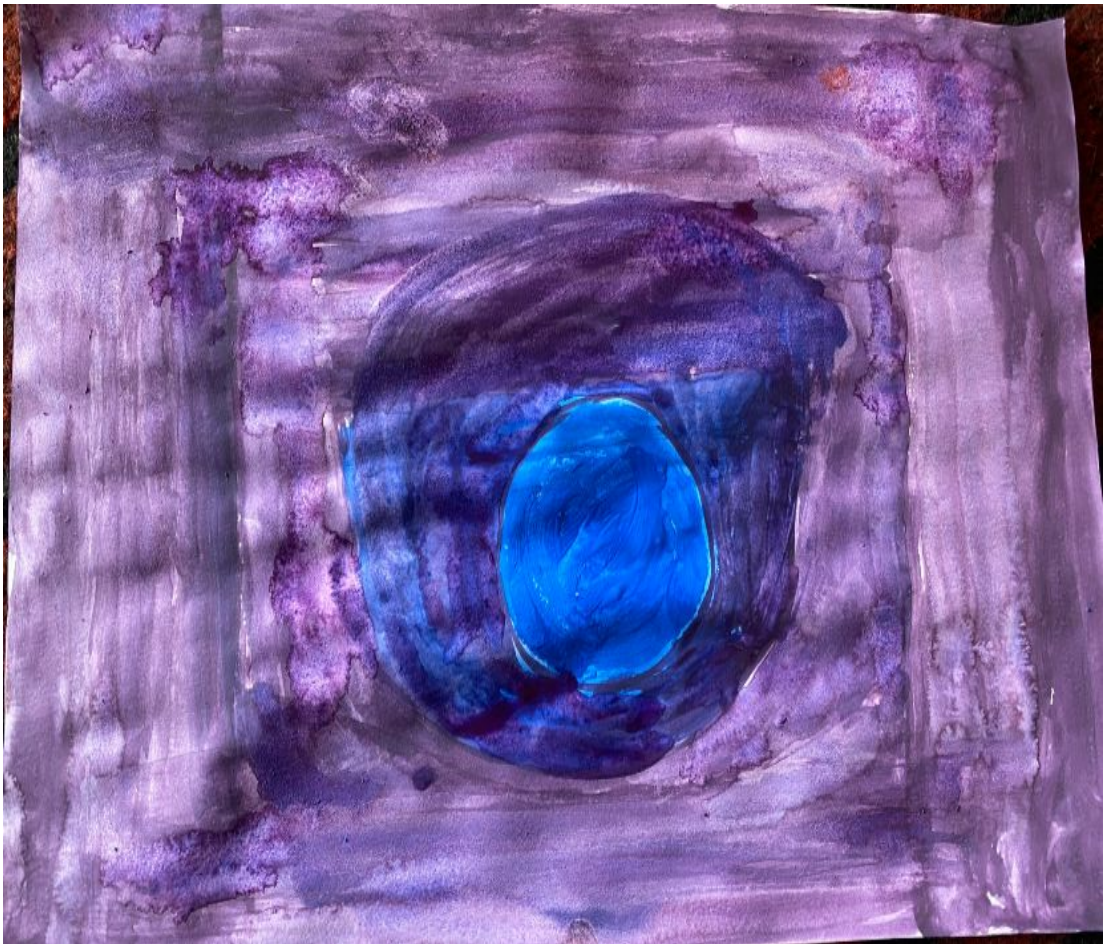
SYMBOLS

There are no symbols in the story.

INSIGHT INTO THE STORY USING THE SYMBOLS

The story has no symbols, hence nothing can be deduced.

LAND OF PURPLE



STORY

It's dark time and it's windy and everything is here and there. There is too much lightning and thunderstorms, but it was strange that at the night, everything looked yellowish without the moon. It was the moon in the

colour blue which was in the centre and everything was around it. After sometimes shades of trees comes on the moon and it got purple everywhere. Everyone was puzzled what is happening. A clever man got to know all about this and he said it's all our fault. We need to save trees and not to destroy them.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Moon

TASK/MISSION- To save the trees

HELP- Old man

OBSTACLE- People

COPING WITH THE OBSTACLE- Old man telling them to save trees

CONCLUSION- They learn a lesson

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

It's dark (A, C) time (C) and it's windy (PH) and everything (B) is here and there. There is too much lightning (C) and thunderstorms (C), but it was strange(A, C) that at the night (A, C), everything (B) looked (PH) yellowish (A) without (B) the moon (C). It was the moon (C) in the colour (A) blue (A) which was in the centre (C) and everything (B) was around (B, PH) it. After sometimes (C) shades (A) of trees (C) comes (PH) on the moon (C) and it got (PH) purple (A) everywhere (A). Everyone (S) was puzzled (C, A) what is happening. A clever (A, C) man (S) got to know (C) all about this and he (S) said (C) it's all our fault (C). We need (C, PH)to save (PH) trees (C) and not to destroy (PH) them (S).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
5	0	11	0	4	0	0	0	19	0	8	0

THE APPARENT LANGUAGE

In this story, the most prominently used coping mechanisms are C, PH, A. Higher score in C implies that the person has a higher IQ and has fewer cognitive complaints. This can be reflected in the child's performance at school, where she has been the topper of the class. A score of 9 in Ph translates to behavioural coping and active coping. A combination of Ph and C implies that the person is practical and rational. It also implies that the person can plan and perform well. A combination of C and A might imply that the person is emotional but they are also practical about it. A higher score in A represents an emotional approach to things and can also suggest A higher score in C might imply that the person thinks with their mind rather than their heart.

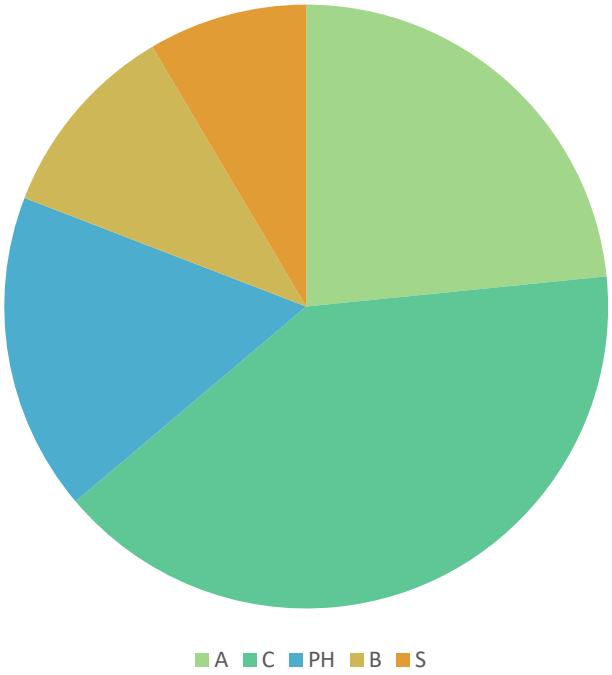
THE FORGOTTEN LANGUAGE

In this story, B, I, S are the forgotten languages. This can imply that the person lacks belief in themselves. It can also convey that the person gives up easily and that the person fails to draw strength from adversity. They are also not very social and an S- proves that they may see others as obstacles. They are quite anti-social and they lack social support. The lack of I as a coping mechanism suggests escapist fantasy, mental disengagement and wishful thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	5/47	10.63%
B-	0/47	0%
A	11/47	23.40%
A-	0/47	0%
S	4/47	8.51%
S-	0/47	0%
I	0/47	0%
I-	0/47	0%
C	19/47	40.42%
C-	0/47	0%
PH	8/47	17.02%
PH-	0/47	0%

PERCENTAGE



THEME

The theme that arises is that of saving the nature. It tells us about how the moon is upset because the trees are cut.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Here	There	Timid vs Venturesome Self-assured vs Apprehensive Relaxed vs Tense Forthright vs Shrewd Affected by feelings vs Emotionally stable Trusting vs Suspicious Tough minded vs Sensitive Reserved vs Outgoing
Was	Wasn't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Look	Avoid	Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Reserved vs Outgoing Less intelligent vs More intelligent Forthright vs Shrewd Practical vs Imaginative Expedient vs Conscientious
Was	Wasn't	Practical vs Imaginative

		Group dependent vs Self sufficient Reserved vs Outgoing
Come	Leave	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Get	Snatch	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
Puzzled	Clear	Forthright vs Shrewd Self-assured vs Apprehensive Trusting vs suspicious Less intelligent vs More intelligent
Happening	Not happening	Conservative vs Experimenting Timid vs Venturesome Self-assured vs Apprehensive
Get	Snatched	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
Said	Listen	Tough minded vs Sensitive Submissive vs Dominant
Everywhere	Nowhere	Group dependent vs Self sufficient Forthright vs Shrewd

		Conservative vs Experimenting Timid vs Venturesome
Need	Want	Tough minded vs Sensitive Expedient vs Conscientious Serious vs Happy go lucky Uncontrolled vs Controlled Affected by feelings vs emotionally stable Practical vs Imaginative Less intelligent vs More Intelligent
Save	Harm	Less intelligent vs More intelligent Forthright vs Shrewd

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	4
Relaxed vs Tense	1
Forthright vs Shrewd	7
Self-assured vs Apprehensive	9
Serious vs Happy go lucky	1
Submissive vs Dominant	3
Affected by feelings vs Emotionally stable	2
Trusting vs Suspicious	4
Reserved vs Outgoing	4
Less intelligent vs More intelligent	6
Conservative vs Experimenting	4
Practical vs Imaginative	4
Uncontrolled vs Controlled	3

Tough minded vs Sensitive	3
Timid vs Venturesome	5
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

The most prominent coping mechanism is that of self-assured vs apprehensive. The individual seems very self-assured and this we can say is to mask the apprehensiveness. She is not that confident about her capabilities as an individual. However, she strives to top. This may lead to assuredness at times but at times apprehensive.

SYMBOLS

No symbols

INSIGHT INTO THE STORY USING THE SYMBOLS

No insight could be generated

LAND OF RAINBOW



STORY

Once upon a time two beautiful butterflies were flying happily in a clear sky, enjoying the beautiful moment. They just saw some lighting in the sky and they decided to go after that light. They reached near the lighting. There was a big hole and they jumped into that. I was a world that was multi-coloured like the land, water etc. It was like a magical world and they were so happy but it was that they can't live permanently there. They enjoyed that moment and suddenly it's started raining but it wasn't a

common rain. It was the rain of stars and hearts. They enjoyed a lot and made lots of memories.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Two butterflies

TASK/MISSION- To travel around freely

HELP- None

OBSTACLE- None

COPING WITH THE OBSTACLE- None

CONCLUSION- Visited the rainbow land

ASSESSMENT ACCORDING TO THE BASIC PH COPING MODEL

Once upon a time (C) two (C) beautiful (A) butterflies (S) were flying (PH) happily (A) in a clear (PH) sky (C), enjoying (A) the beautiful (A) moment (A, C). They just saw (PH) some lighting (C) in the sky (C) and they (S) decided (C) to go (PH) after that light (C). They reached (PH) near (A, PH) the lighting (PH). There was a big (PH) hole (PH) and they jumped (PH) into that. I was a world (PH) that was multi-coloured (A) like the land (C), water (C) etc. It was like a magical (I) world (C) and they (S) were so happy (A) but it was that they can't live (C, PH) permanently (B) there. They enjoyed (A) that moment (C) and suddenly (C) it's started (PH) raining (C) but it wasn't a common (B) rain (C). It was the rain (C) of stars (I, C) and hearts (I, PH). They enjoyed (A) a lot (A) and made (PH) lots of memories (A, C).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
2	0	12	0	3	0	3	0	19	0	15	0

THE APPARENT LANGUAGE

In this story, the most prominently used coping mechanisms are C, PH, A. Higher score in C implies that the person has a higher IQ and has fewer cognitive complaints. This can be reflected in the child's performance at school, where she has been the topper of the class. A score of 9 in Ph translates to behavioural coping and active coping. A combination of Ph and C implies that the person is practical and rational. It also implies that the person can plan and perform well. A combination of C and A might imply that the person is emotional but they are also practical about it. A higher score in A represents an emotional approach to things and can also suggest A higher score in C might imply that the person thinks with their mind rather than their heart.

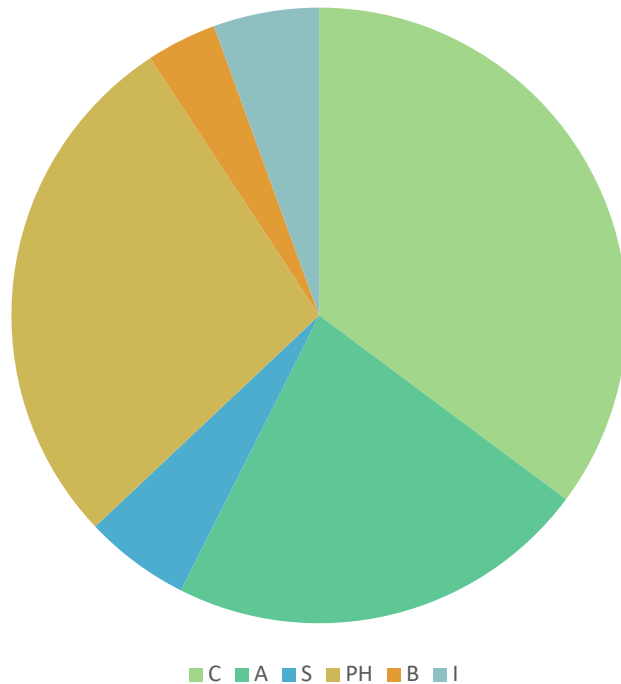
THE FORGOTTEN LANGUAGE

In this story, B, I, S are the forgotten languages. This can imply that the person lacks belief in themselves. It can also convey that the person gives up easily and that the person fails to draw strength from adversity. They are also not very social and an S- proves that they may see others as obstacles. They are quite anti-social and they lack social support. The lack of I as a coping mechanism suggests escapist fantasy, mental disengagement and wishful thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	2/54	3.7%
B-	0/54	0%
A	12/54	22.22%
A-	0/54	0%
S	3/54	5.55%
S-	0/54	0%
I	3/54	5.55%
I-	0/54	0%
C	19/54	35.18%
C-	0/54	0%
PH	15/54	27.77%
PH-	0/54	0%

PERCENTAGE



THEME

The theme is that of two butterflies going around and having fun. They then reach a magical land and have lots of fun.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Were	Weren't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Likes	Dislikes	Submissive vs Dominant Conservative vs Experimenting Serious vs Happy go lucky Forthright vs Shrewd
Flying	Grounded	Submissive vs Dominant Conservative vs Experimenting Practical vs Imaginative Tough minded vs Sensitive Self-assured vs Apprehensive Uncontrolled vs Controlled Timid vs Venturesome
Happily	Sadly	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense
Enjoying	Bored	Serious vs Happy go lucky Forthright vs shrewd Group dependent vs self sufficient

		Self-assured. Vs Apprehensive
Decided	Not decided	Serious vs Happy go lucky Timid vs Venturesome Conservative vs Experimenting Practical vs Imaginative
Go	Not go	Relaxed vs Tense Self-assured vs Apprehensive Tough minded vs Sensitive Timid vs Venturesome Expedient vs Conscientious
Reached	Left	Reserved vs Outgoing
Was	Is	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Jumped	Grounded	Submissive vs Dominant Conservative vs Experimenting Practical vs Imaginative Tough minded vs Sensitive Self-assured vs Apprehensive Uncontrolled vs Controlled Timid vs Venturesome
Live	Die	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing Timid vs Venturesome
Enjoy	Bore	Serious vs Happy go lucky Forthright vs shrewd Group dependent vs self sufficient

		Self-assured. Vs Apprehensive
Started	Ended	Trusting vs Suspicious Expedient vs Conscientious
Made	Destroyed	Conservative vs Experimenting Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Affected by feelings vs Emotionally stable Less intelligent vs More intelligent

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	4
Relaxed vs Tense	2
Forthright vs Shrewd	3
Self-assured vs Apprehensive	6
Serious vs Happy go lucky	5
Submissive vs Dominant	3
Affected by feelings vs Emotionally stable	2
Trusting vs Suspicious	2
Reserved vs Outgoing	4
Less intelligent vs More intelligent	1
Conservative vs Experimenting	6
Practical vs Imaginative	6
Uncontrolled vs Controlled	5
Tough minded vs Sensitive	5
Timid vs Venturesome	0
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

The most prominent conflicts in the individual are that of self-assured vs apprehensive, conservative vs experimenting and practical vs imaginative.

The individual seems very self-assured and this we can say is to mask the apprehensiveness. She is not that confident about her capabilities as an individual. However, she strives to top. This may lead to assuredness at times but at times apprehensive.

This tells us that the person struggles highly to be experimenting with life and different stuff but then are forced to be conservative.

SYMBOLS

There are no symbols in the story.

INSIGHT INTO THE STORY USING THE SYMBOLS

The story has no symbols, hence nothing can be deduced.

SUMMARY

APPARENT LANGUAGE

LAND OF BLUE- A, C , PH

LAND OF YELLOW- A, S, PH

LAND OF RED- A, C, PH

STORY OF CATERPILLAR- S, C, PH

LAND OF PURPLE- A, C, PH

LAND OF RAINBOW- A, C, PH

TABLE OF APPARENT LANGUAGE

COPING MECHANISM	SCORE
B	0/18
A	5/18
S	2/18
I	0/18
C	5/18
PH	6/18

SUMMARY OF APPARENT LANGUAGE

PH, A, C are the most prominently existing coping mechanism. This means that there is a positive action and behavioural coping. This would also mean behavioural escapes and distancing at times. There is inhibition of actions by suppressing feelings. Combined with A it could mean self-destruction. A also conveys emotional ventilation and discharge. Along with Oh, it means physical release of emotions. Along with C, it means crying-problem focused. It also means suppression of emotions.

FORGOTTEN LANGUAGE

LAND OF BLUE- B, S , I

LAND OF YELLOW- B, S, I

LAND OF RED- B, S, I

FOREST CITY 2- B, S, I

HATCHING OF THE EGG- B, A, I

LAND OF ORANGE- B, S, I

TABLE OF FORGOTTEN LANGUAGE

COPING MECHANISM	SCORE
B	6/18
A	1/18
S	5/18
I	6/18
C	0/18
PH	0/18

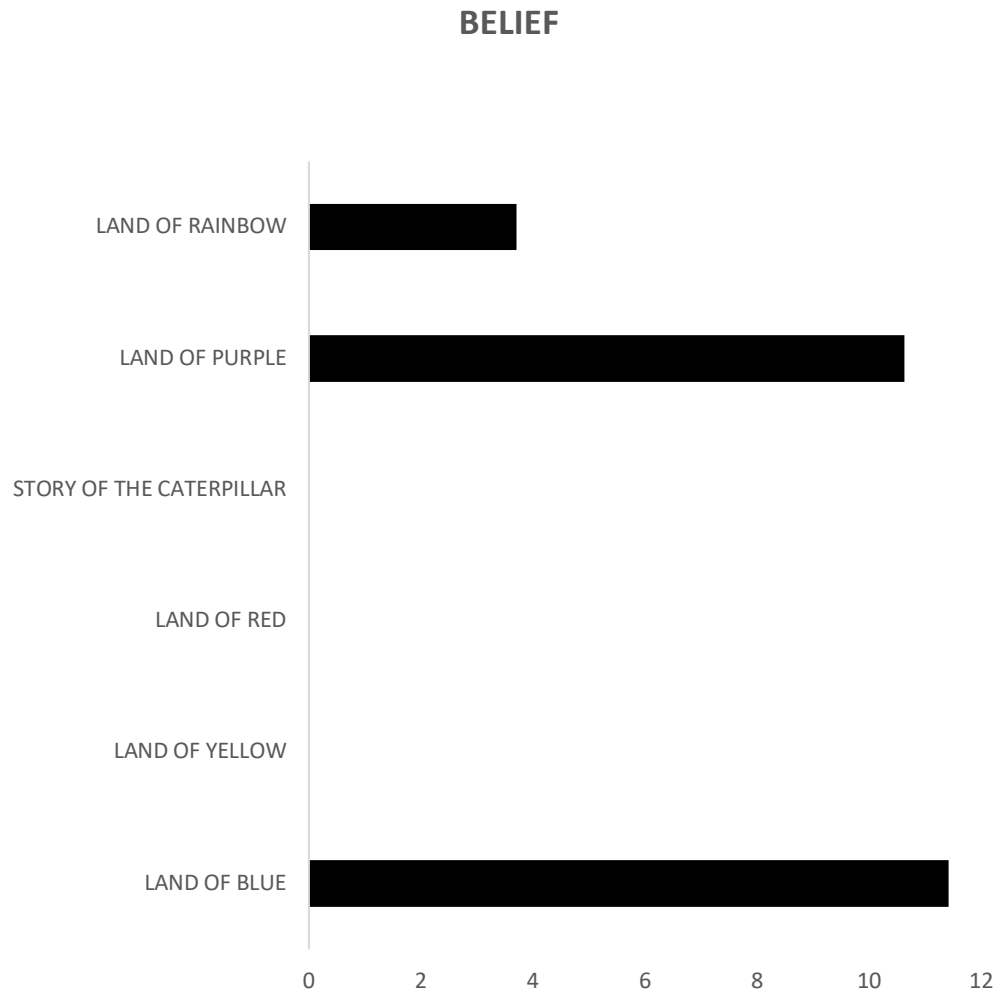
SUMMARY OF FORGOTTEN LANGUAGE

B, I, S is the forgotten language. This means that the individual fails to draw strength from adversity and is pessimistic. The individual fails to ignore problems and lacks endurance. Along with S, this means unable to seek spiritual support. They don't use their social connections to deal with stress. They rather rely on themselves to do so. It also implies social withdrawal and self-isolation at times. There doesn't seem to be a proper social support to vent their feelings. The presence of I in forgotten languages imply detaching themselves.

PERCENTAGE CHART OF EACH COPING

MECHANISM

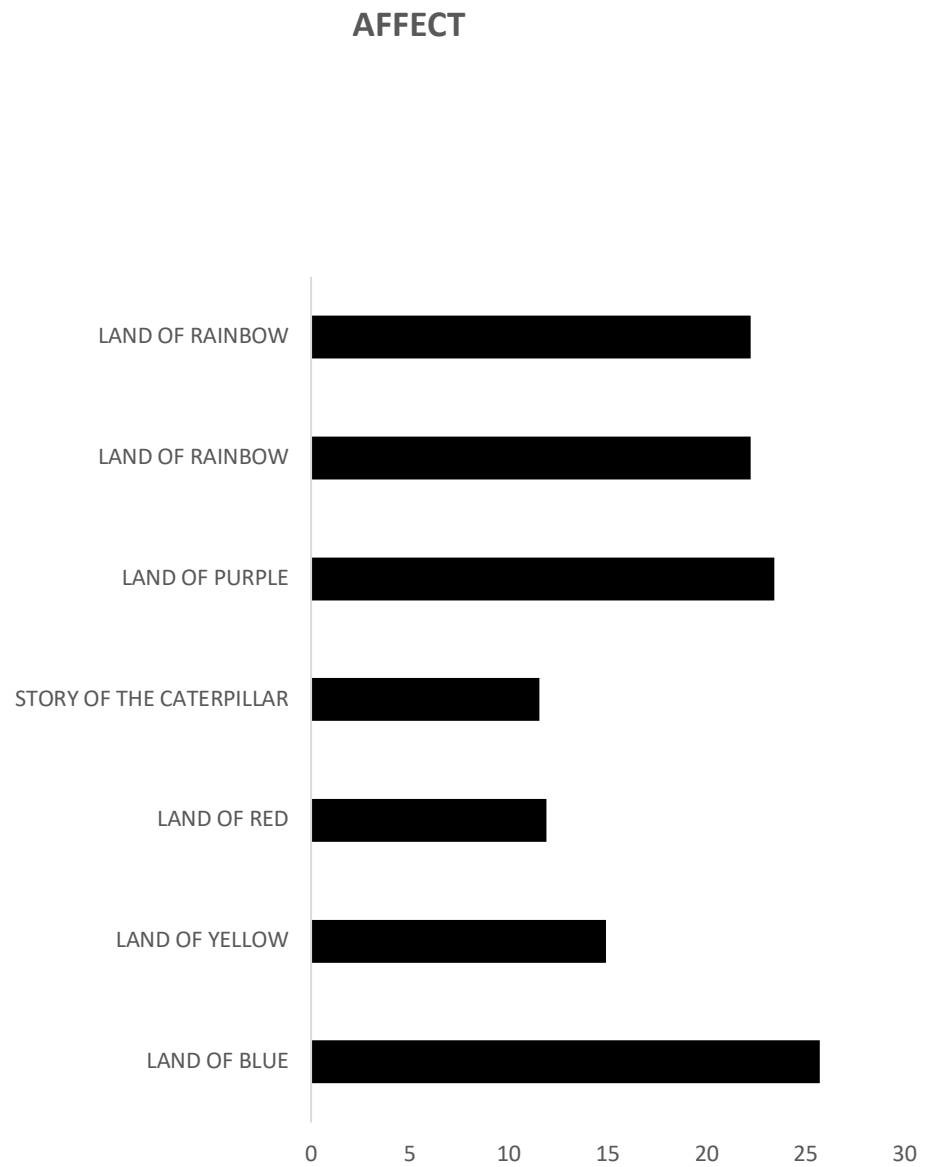
'BELIEF' AS A COPING MECHANISM



CONCLUSION

B as a coping mechanism has been used half the time and much more than the rest of the two individuals.

'AFFECT' AS A COPING MECHANISM



CONCLUSION

A as a coping mechanism has been greatly used and the use has been almost constant.

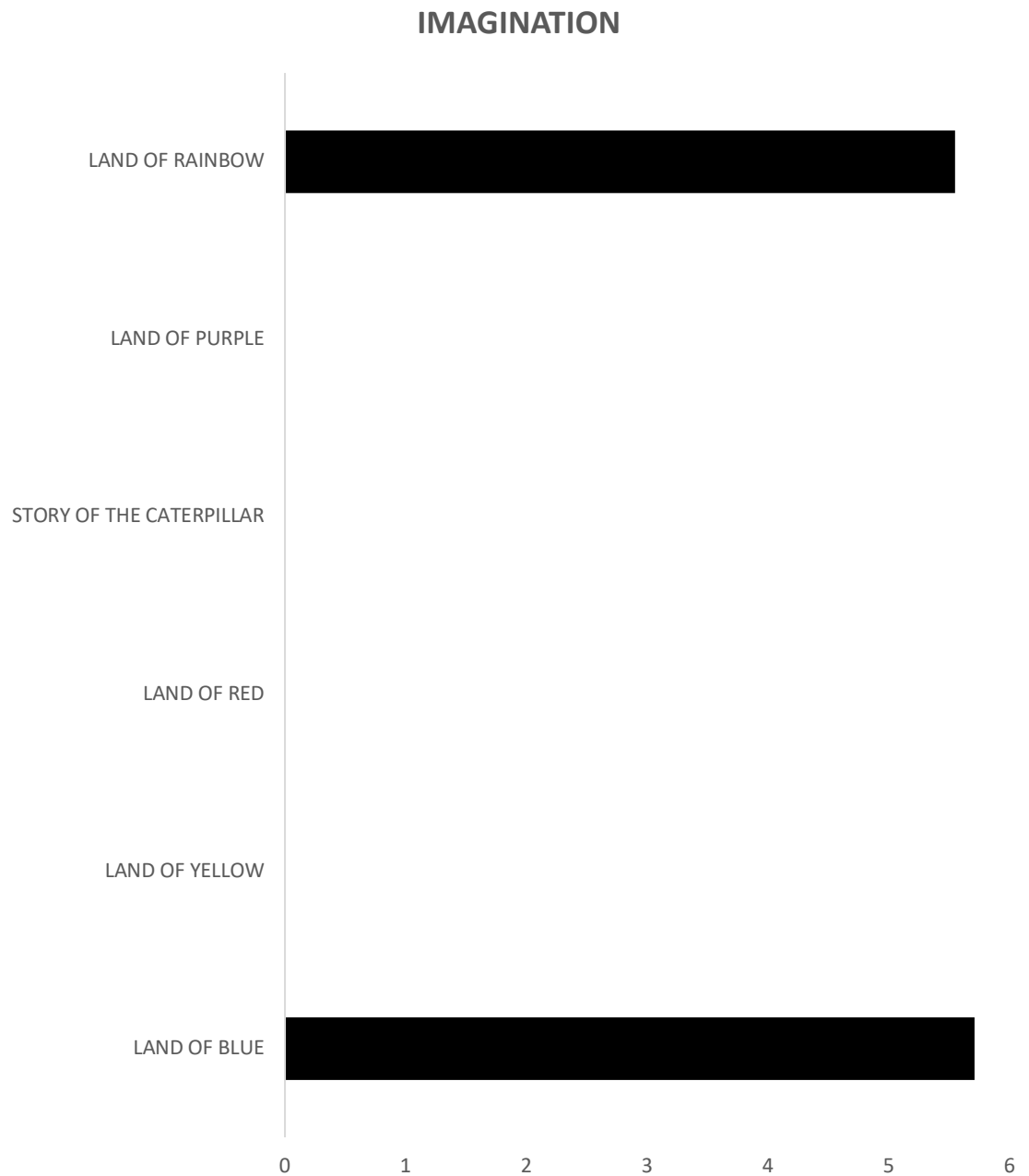
'SOCIAL' AS A COPING MECHANISM



CONCLUSION

S as a coping mechanism has been used many times and sometimes it has been used greatly to cope with the circumstances around.

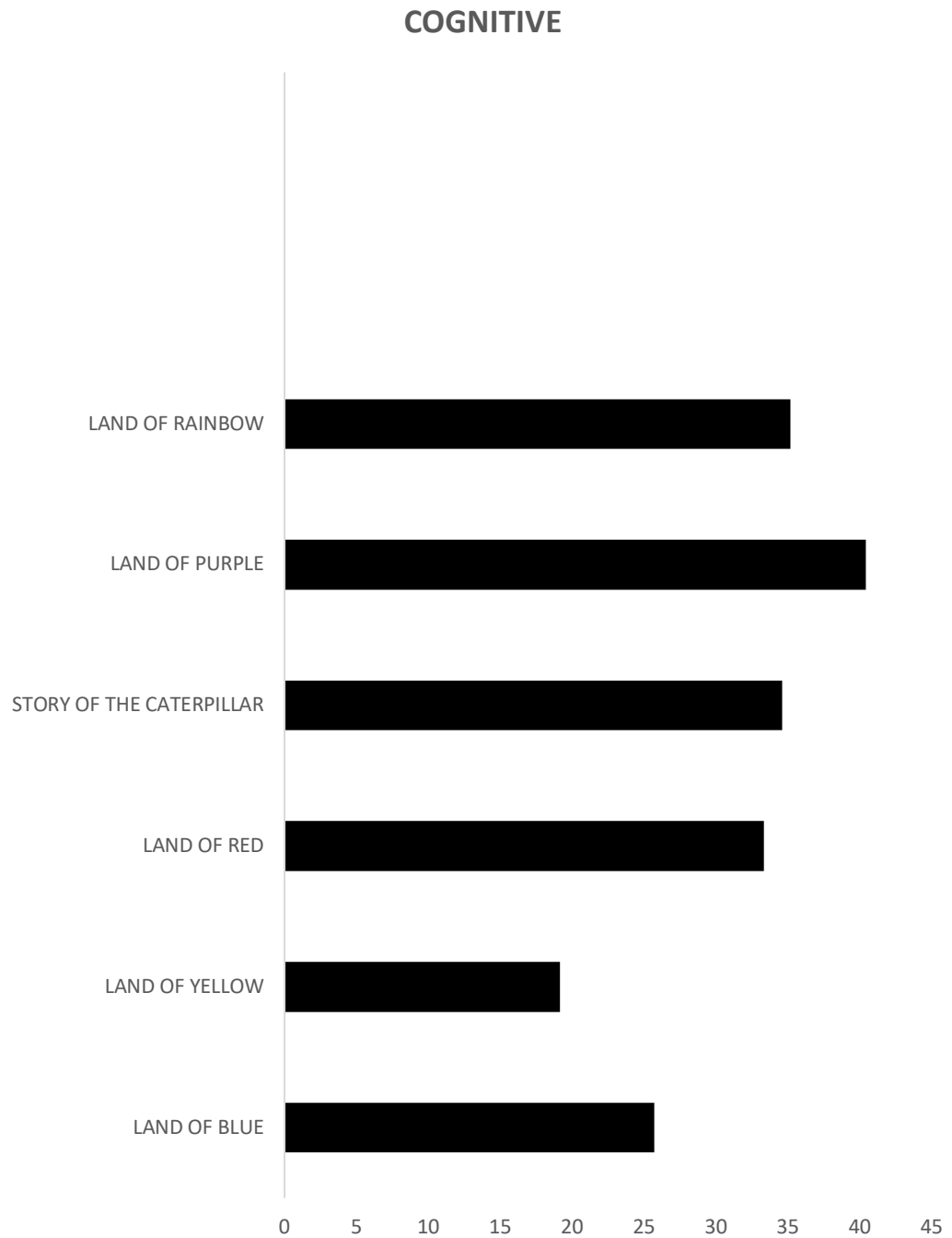
'IMAGINATION' AS A COPING MECHANISM



CONCLUSION

I has been never used to cope with the stress.

'COGNITIVE' AS A COPING MECHANISM



CONCLUSION

C is yet another coping mechanism that is most often used. Almost everywhere has C been used to cope.

'PHYSIOLOGY' AS A COPING MECHANISM

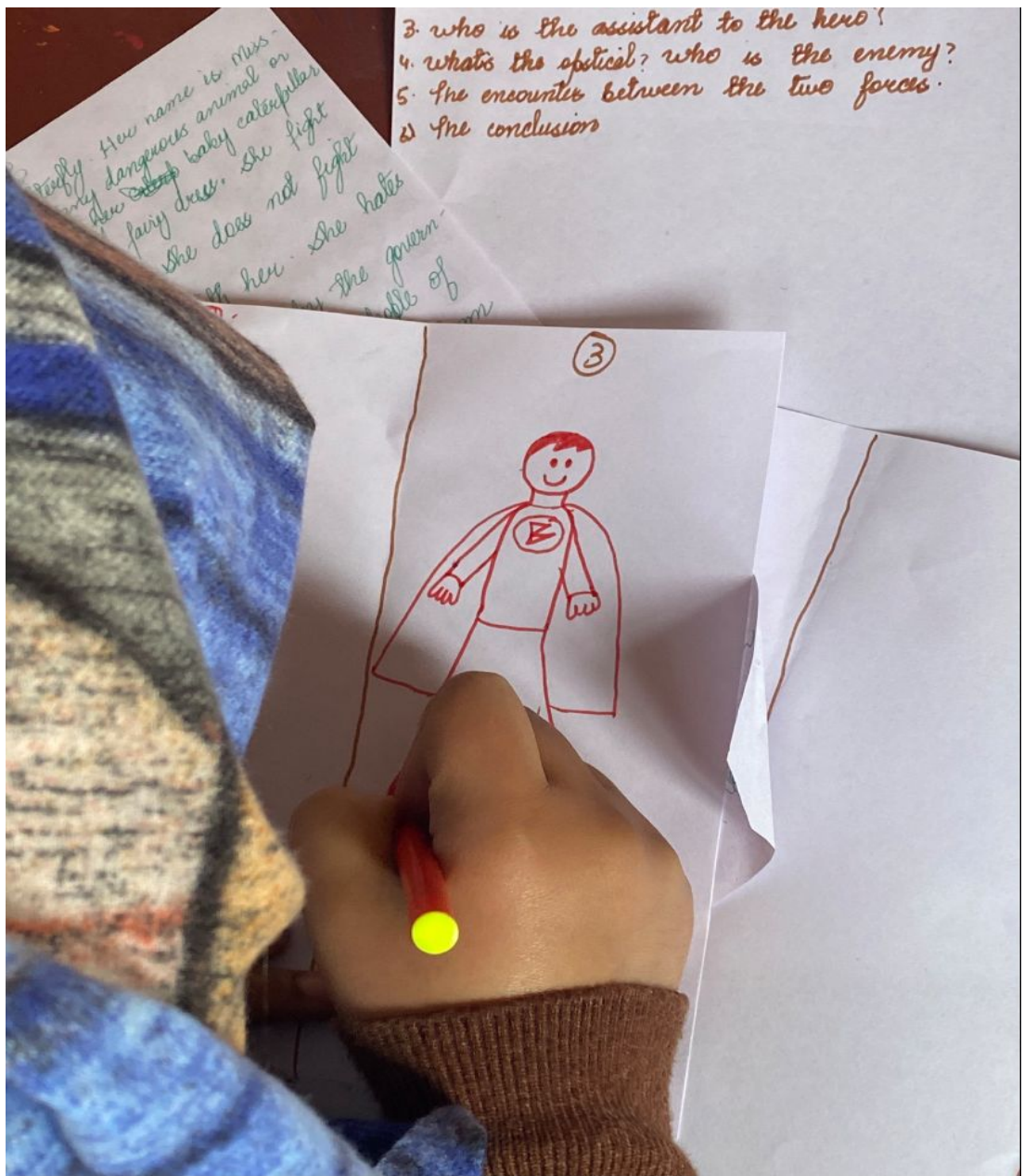


CONCLUSION

Ph as a coping mechanism is mostly used. The body is used greatly to cope.

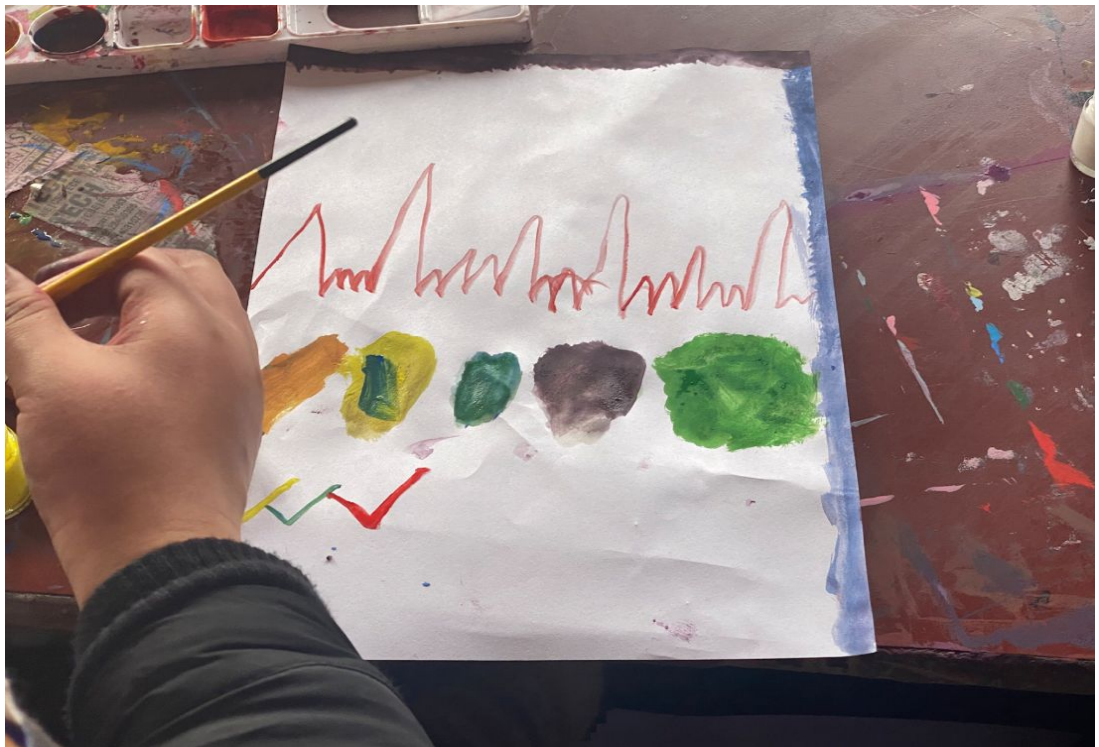
SHAFIYA

Shafiya as a student has always been very involved in her work. In the beginning she would be a bit lazy about her work and not give her best. She would rather chat with other people and try to give her work to others but eventually things around for her. She turned into an active individual from a passive one. She became actively involved in her work and enjoyed it.



INTRODUCTION

I am humble and kind
Twisted everyone's mind
I am polite to everyone
Either he is a child or old men
My family is my strength
My weakness is food
I love to make friends
But depends on my mood
My favourite place is School
And I don't break rule
One special thing, I am in everyone's mind
My name is Shafiya
One in a million kind



THE LAND OF BUTTERFLY



STORY

Once there were two brothers, Red and Blue and they lived in a small village. Red always used to fight with Blue. But Blue always stayed calm. Red was jealous too.

Once walking Red pushed Blue and he was injured badly but blue stayed calm and didn't say anything to him. After coming home, Blue asked Red “Why did you hurt me?” Red didn't say anything and walked out of the room in anger. Next day when both of the brothers were having dinner, Red spoiled Blues food. Still Blue was calm.

After someday Blue was going to attend a function where he was awarded. When Red heard his thing he was jealous. When Blue came home Red snatched his award and broke it.

This time Blue made his brother understand that fighting is not a good thing. And he told him about the unity.

This time Red understood everything and said sorry to his brother. Now both started living happily and made a red society where kind people lived.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Red and Blue

TASK/MISSION- To live peacefully together

HELP- Blue's calm nature

OBSTACLE- Red's anger

COPING WITH THE OBSTACLE- Blue makes red understand

CONCLUSION- They lived happily

ASSESSMENT ACCORDING TO THE BASIC PH COPING MODEL

Once there were two brothers (S), Red (A) and Blue (A) and they lived (PH) in a small (C) village (S). Red always used to fight with Blue. But Blue always stayed calm. Red was jealous too.

Once walking Red (A) pushed (PH) Blue (A) and he was injured (PH) badly (A) but blue (A) stayed (C) calm (A) and didn't say anything (C) to him. After coming (PH) home (C), Blue (A) asked (C) Red (A) "Why did you hurt (C, A) me?" Red (A) didn't say (C) anything and walked (PH) out of the room (C) in anger (A). Next day (C) when both of

the brothers (S) were having dinner (PH), Red (A) spoiled (PH) Blues (A) food (PH). Still Blue (A) was calm (A).

After someday (C) Blue (A) was going (PH) to attend a function (S) where he was awarded (B, A). When Red (A) heard his thing he was jealous (A). When Blue (A) came home Red (A) snatched (PH) his award (B, A) and broke (PH) it.

This time (C) Blue (A) made his brother (S) understand (C) that fighting (PH) is not a good (B) thing. And he told him about the unity (A, B).

This time Red (A) understood (C) everything and said sorry (B, A) to his brother (S). Now both (S) started living (PH) happily (A) and made a red (A) society where kind (B, A) people (S) lived.

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
6	0	30	0	8	0	0	0	13	0	13	0

THE APPARENT LANGUAGE

A, C, PH form the apparent language. The A is the most prominent coping mechanism and this implies an emotional approach to these things. This can mean an emotional reaction to various things. The person also has emotion focused aggression which means that things like art and craft can help them be calm. They think with their heart. The combination of A and C can further communicate crying which is either emotion focused or problem focused. Use of C as a coping mechanism can convey high intelligence. But since the score of A is more than C, it means its heart over head for this individual. This can also mean that there is cognitive avoidance. Along with Ph, this can convey behavior regulating cognition.

Ph as an apparent language also means suppressing feelings. It also means the use of actions to encapsulate differences and also the use of activity to camouflage difference.

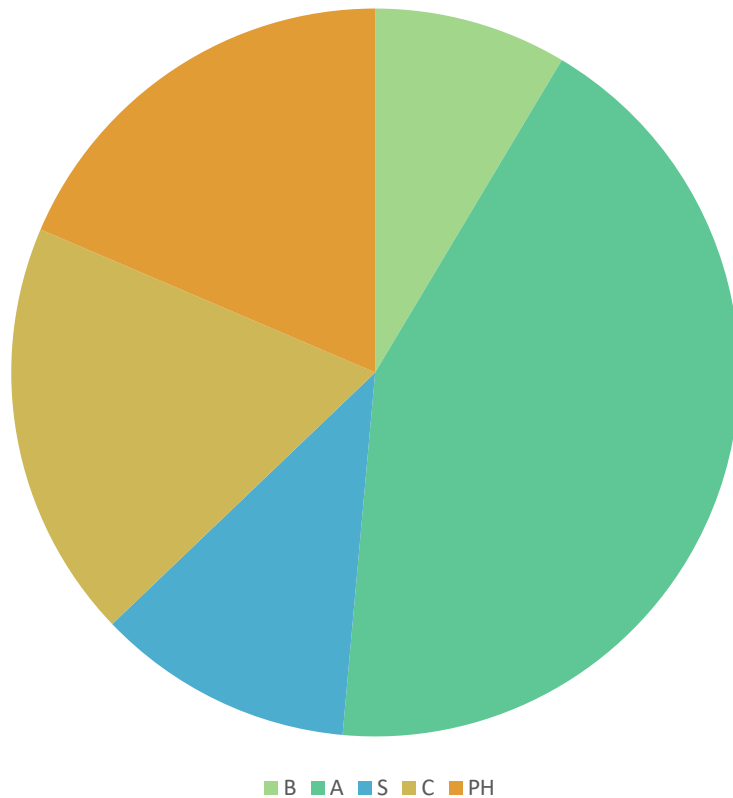
THE FORGOTTEN LANGUAGE

B, S, I form the forgotten language. This means helplessness, giving up and restraint. It can also mean the lack of self-appraisal. The presence of S in forgotten language means a lack of social support and adult-caregiver support. It also means denying responsibility and not developing a proper social support. Also, I represents divergent thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	6/70	8.57%
B-	0/70	0%
A	30/70	42.85%
A-	0/70	0%
S	8/70	11.42%
S-	0/70	0%
I	0/70	0%
I-	0/54	0%
C	13/70	18.57%
C-	0/70	0%
PH	13/70	18.57%
PH-	0/70	0%

PERCENTAGE



THEME

The theme is that of two brothers where one brother keeps fighting and the other one keeps forgiving until they don't live peacefully.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Were	Weren't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Once	Often	Conservative vs Experimenting Timid vs Venturesome

		<p>Tough minded vs Sensitive</p> <p>Reserved vs Outgoing</p> <p>Trusting vs Suspicious</p> <p>Self-assured vs Apprehensive</p>
Lying	Honest	<p>Expedient vs Conscientious</p> <p>Forthright vs Shrewd</p> <p>Trusting vs Suspicious</p> <p>Affected by feelings vs Emotionally Stable</p> <p>Self-assured vs Apprehensive</p> <p>Tough minded vs Sensitive</p>
Always	Never	<p>Trusting vs Suspicious</p> <p>Timid vs Venturesome</p> <p>Self-assured vs Apprehensive</p> <p>Tough minded vs Sensitive</p> <p>Conservative vs Experimenting</p> <p>Reserved vs Outgoing</p>
Used	Unused	<p>Relaxed vs Tense</p> <p>Conservative vs Experimenting</p> <p>Practical vs Imaginative</p> <p>Uncontrolled vs Controlled</p> <p>Timid vs Venturesome</p> <p>Expedient vs Conscientious</p>
Fight	Resolved	<p>Uncontrolled vs Controlled</p> <p>Timid vs Venturesome</p> <p>Expedient vs Conscientious</p> <p>Tough minded vs Sensitive</p>
Stayed	Changed	<p>Tough minded vs Sensitive</p>

		Timid vs Venturesome Self-assured vs Apprehensive Conservative vs Experimenting
Was	Is	Reserved vs Outgoing Tough Minded vs Sensitive
Walking	Ran	Timid vs Venturesome Conservative vs Experimenting
Was	Is	Reserved vs Outgoing Tough Minded vs Sensitive
Injured	Safe	Self-assured vs Apprehensive Less intelligent vs More intelligent Conservative vs Experimenting Tough minded vs Conservative Practical vs Imaginative Uncontrolled vs controlled Tough minded vs sensitive Timid vs venturesome
Badly	Nicely	Relaxed vs Tense Self-assured vs Apprehensive Serious vs Happy go lucky Affected by feelings vs Emotionally Stable Trusting vs Suspicious Reserved vs Outgoing Uncontrolled vs Controlled
Stayed	Left	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive

Didn't	Did	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
Told	Hid	Tough minded vs Sensitive Submissive vs Dominant
Coming	Going	Self-assured vs Apprehensive
Home	Homeless	Group dependent vs Self Sufficient Self-assured vs Apprehensive Reserved vs Outgoing Conservative vs Experimenting Timid vs Venturesome
Asked	Did not ask	Group dependent vs Self sufficient Forthright vs Shrewd Self-assured vs Apprehensive Submissive vs Dominant Trusting vs Suspicious Reserved vs Outgoing Conservative vs Experimenting
Did	Didn't	Conservative vs Experimenting Practical vs Imaginative Relaxed vs Tense Timid vs Venturesome Self-assured vs Apprehensive
Hurt	Safe	Self-assured vs Apprehensive Less intelligent vs More intelligent

		Conservative vs Experimenting Tough minded vs Conservative Practical vs Imaginative Uncontrolled vs controlled Tough minded vs sensitive Timid vs venturesome
Did	Didn't	Conservative vs Experimenting Practical vs Imaginative Relaxed vs Tense Timid vs Venturesome Self-assured vs Apprehensive
Told	Hid	Forthright vs Shrewd Trusting vs Suspicious Practical vs Imaginative Reserved vs Outgoing Self-Assured vs Apprehensive
Walked	Ran	Timid vs Venturesome Conservative vs Experimenting
Were having	Were not having	Reserved vs Outgoing Conservative vs Experimenting Practical vs Imaginative Timid vs Venturesome
Still	Moving	Submissive vs Dominant Timid vs Venturesome Uncontrolled vs Controlled Conservative vs Experimenting
Was	Is	Reserved vs Outgoing Tough Minded vs Sensitive

Going	Coming	Reserved vs Outgoing Relaxed vs Tense Tough minded vs Sensitive Trusting vs Suspicious Controlled vs Uncontrolled
Attend	Did not attend	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Awarded	Reprimanded	Group dependent vs self sufficient Relaxed vs Tense Forthright vs Shrewd Self-assured vs Apprehensive Less intelligent vs More Intelligent Uncontrolled vs Controlled Timid vs Venturesome
Heard	Ignored	Self-assured vs Apprehensive Submissive vs Dominant Tough minded vs Sensitive
Was	Is	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Came	Fled	Relaxed vs Tense Self-assured vs Apprehensive Tough minded vs Sensitive Timid vs Venturesome Expedient vs Conscientious
Home	Homeless	Group dependent vs Self Sufficient Self-assured vs Apprehensive

		Reserved vs Outgoing Conservative vs Experimenting Timid vs Venturesome
Snatched	Got	Uncontrolled vs Controlled Forthright vs Shrewd Submissive vs Dominant Less intelligent vs More intelligent Conservative vs Experimenting Timid vs Venturesome
Broke	Fixed	Less intelligent vs More intelligent Tough minded vs Sensitive Self-assured vs Apprehensive Relaxed vs Tense Uncontrolled vs Controlled
Made	Destroyed	Conservative vs Experimenting Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Affected by feelings vs Emotionally stable Less intelligent vs More intelligent
Understand	Misunderstood	Forthright vs Shrewd Group dependent vs Self sufficient Relaxed vs Tense
Is	Isn't	Practical vs Imaginative Group dependent vs Self sufficient Reserved vs Outgoing
Told	Concealed	Tough minded vs Sensitive

		Submissive vs Dominant
Understood	Misunderstood	Forthright vs Shrewd Group dependent vs Self sufficient Relaxed vs Tense
Said	Be quiet	Self-assured vs Apprehensive Submissive vs Dominant Tough minded vs Sensitive
Now	Later	Tough minded vs Sensitive Self-assured vs Apprehensive Less intelligent vs More intelligent Conservative vs Experimenting Practical vs Imaginative
Started	Ended	Trusting vs Suspicious Expedient vs Conscientious
Living	Dying	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing Timid vs Venturesome
Happily	Sadly	Serious vs Happy go lucky Affected by feelings vs Emotionally stable
Made	Destroyed	Conservative vs Experimenting Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Affected by feelings vs Emotionally stable Less intelligent vs More intelligent

Lived	Died	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing Timid vs Venturesome
Now	Later	Tough minded vs Sensitive Self-assured vs Apprehensive Less intelligent vs More intelligent Conservative vs Experimenting Practical vs Imaginative

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	11
Relaxed vs Tense	10
Forthright vs Shrewd	8
Self-assured vs Apprehensive	25
Serious vs Happy go lucky	2
Submissive vs Dominant	8
Affected by feelings vs Emotionally stable	5
Trusting vs Suspicious	12
Reserved vs Outgoing	17
Less intelligent vs More intelligent	10
Conservative vs Experimenting	25
Practical vs Imaginative	14
Uncontrolled vs Controlled	11
Tough minded vs Sensitive	21
Timid vs Venturesome	0
Expedient vs Conscientious	0

SUMMARY OF CONFLICTS

The most prominent conflicts in the individual are that of self-assured vs apprehensive and conservative vs experimenting.

The individual seems very self-assured and this we can say is to mask the apprehensiveness. She is not that confident about her capabilities as an individual. However, she strives to top. This may lead to assuredness at times but at times apprehensive.

This tells us that the person struggles highly to be experimenting with life and different stuff but then are forced to be conservative.

SYMBOLS

There are no symbols in the story.

INSIGHT INTO THE STORY USING THE SYMBOLS

The story has no symbols, hence nothing can be deduced.

EARLY WORLD TO NEW WORLD



STORY

This story is about the early world to new green world.

Long, long ago the entire world was full of water, with yellow sky reflected by water. There was no green grass or trees. So many died because of no food was there and even there was no oxygen present in air and without air we cannot survive. There was no ventilation facility like today's world. Slowly the grass started growing there. The people were shocked when they saw that grass. They didn't know what was that. After that when they came to know about that they started cultivating that grass.

One day a man was walking from the road and he saw a little seed there. However, he didn't know what was that. When he came back to his village he asked an expert "what is this?" The expert replied "This is a seed of carrot". The man asked, "what is carrot?" Expert replied "The carrot is a vegetable". We eat it as a salad or we cook it. Then this thing spread all over the world and they started cultivating that.

Slowly, they came to know about all things related to plants. All people were busy with the cultivation. Those plants saved many lives because plants give oxygen which is necessary for us.

In today's world we are alive because of these beautiful plants. But unfortunately we are again cutting these trees. That day is not far when our green world will be like as the early world with no plants in it because we are cutting these trees.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- People

TASK/MISSION- To survive

HELP- Plants

OBSTACLE- People's careless nature

COPING WITH THE OBSTACLE- Cultivating plants and trees

CONCLUSION- They lived safely

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

This story (C) is about the early world (C) to new green (A) world.

Long (PH), long (PH) ago the entire world (C, S) was full of water (C), with yellow (A) sky (C) reflected (PH) by water (C). There was no green (A) grass (C) or trees (C). So many died (PH) because of no food (PH)

was there and even there was no oxygen (PH) present in air (PH) and without air (PH) we cannot survive (PH). There was no ventilation (PH) facility like today's (C) world (C). Slowly (PH) the grass (PH) started growing (PH) there. The people (S) were shocked (A) when they saw (C) that grass (C). They didn't know (C) what that was. After that when they came to know (C) about that they started cultivating (PH) that grass (C). One (C) day (C) a man (S) was walking (PH) from the road (C) and he saw a little (PH) seed (C) there. However, he didn't know (C) what that was. When he came back to his village (S) he asked an expert (S) "what is this?" The expert (S) replied "This is a seed (C) of carrot (C)". The man (S) asked (C), "What is carrot (C)?" Expert (S) replied (C) "The carrot (C) is a vegetable (C)". We (S) eat (PH) it as a salad or we cook (PH) it. Then this thing spread (PH) all over the world (C) and they started cultivating (PH) that.

Slowly (PH), they came to know (C) about all (B) things related to plants. All people (S) were busy with the cultivation (PH). Those plants (C) saved (B, PH) many lives (B, PH) because plants (C) give oxygen (C) which is necessary (B) for us (S).

In today's (C) world (C) we are alive (B, PH) because of these beautiful (A) plants (C). But unfortunately (A) we (S) are again cutting (PH) these trees (C). That day (C) is not far when our green (A) world (C) will be like (A) as the early (B) world (C) with no plants (C) in it because we are cutting (PH) these trees (C).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
6	0	8	0	12	0	0	0	41	0	26	0

THE APPARENT LANGUAGE

The PH, S here are the most prominent coping mechanisms. The PH & S being dominant means that the individual relies on their physiological aspect to deal with stress and they also rely on their social skills to deal with stress. A combination of both PH & S could mean the use of body in a social setting or can take an active role. However an S- means that the S is in conflict and hence implies that the person may see other people in a social setting as obstacles and hence influencing her behaviour in a social setting. The C is the second prominently used coping mechanism. The C interacts with PH to ensure a practical, rational behaviour. The C also interacts with S; which implies social norms and rules that is - likes a structured and well defined role. An S- implies that the person may find it difficult to adhere to some rules.

THE FORGOTTEN LANGUAGE

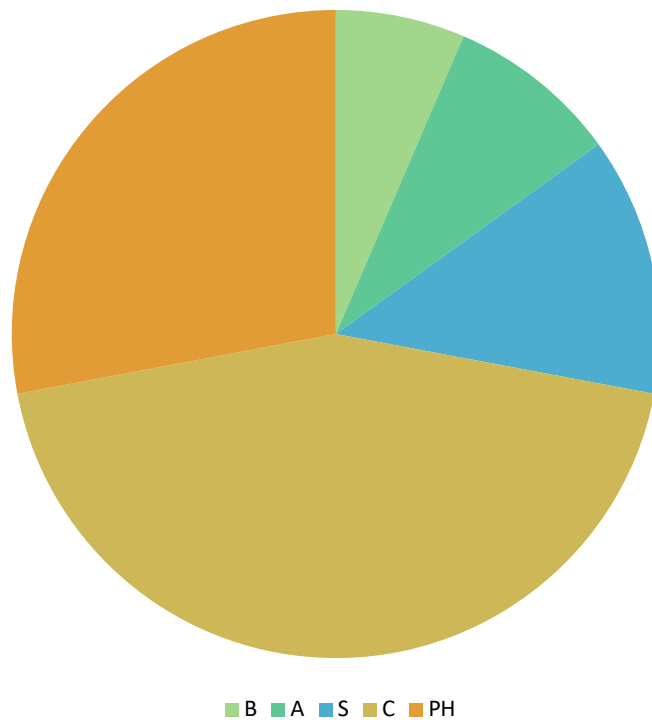
B, A, I are the forgotten languages. The B being a forgotten language means lack of belief in themselves and not using A as a coping mechanism means internalising and social withdrawal. Lack of I implies mental disengagement.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	6/93	6.45%
B-	0/93	0%
A	8/93	8.60%
A-	0/93	0%
S	12/93	12.90%
S-	0/93	0%

I	0/93	0%
I-	0/93	0%
C	41/93	44.08%
C-	0/93	0%
PH	26/93	27.95%
PH-	0/93	0%

PERCENTAGE



THEME

The theme is that of two brothers where one brother keeps fighting and the other one keeps forgiving until they don't live peacefully.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Is	Was	Tough minded vs Sensitive Trusting vs Suspicious Reserved vs Outgoing Conservative vs Experimenting
Was	Is	Tough minded vs Sensitive Trusting vs Suspicious Reserved vs Outgoing Conservative vs Experimenting
Reflected	Not reflect	Relaxed vs Tense Forthright vs Shrewd Less intelligent vs More intelligent Practical vs imaginative
Died	Alive	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing Timid vs Venturesome
Can	Can not	Uncontrolled vs Controlled Submissive vs Dominant Practical vs Imaginative Less intelligent vs More intelligent Practical vs Imaginative Trusting vs Suspicious
Survive	Not survive	Less intelligent vs More intelligent Forthright vs Shrewd
Started	Ended	Trusting vs Suspicious

		Expedient vs Conscientious
Growing	Stunted	Group dependent vs Self-sufficient Relaxed vs Tense Self-assured vs Apprehensive Conservative vs Experimenting
Shocked	Not shocked	Affected by feelings vs Emotionally stable Practical vs Imaginative Self-assured vs Apprehensive Forthright vs Shrewd Conservative vs Experimenting Serious vs Happy go lucky
Saw	Did not see	Tough Minded vs Sensitive Affected by feelings vs Emotionally stable
Did not know	Did know	Conservative vs Experimenting Trusting vs Suspicious Forthright vs Shrewd Reserved vs Outgoing
Came	Left	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Know	Not know	Conservative vs Experimenting Trusting vs Suspicious Forthright vs Shrewd Reserved vs Outgoing
Started	Ended	Trusting vs Suspicious Expedient vs Conscientious
Cultivated	Did not cultivate	Group dependent vs Self-sufficient Relaxed vs Tense

		Self-assured vs Apprehensive Conservative vs Experimenting
Walking	Running	Timid vs Venturesome Conservative vs Experimenting

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	3
Relaxed vs Tense	3
Forthright vs Shrewd	5
Self-assured vs Apprehensive	4
Serious vs Happy go lucky	1
Submissive vs Dominant	1
Affected by feelings vs Emotionally stable	2
Trusting vs Suspicious	8
Reserved vs Outgoing	5
Less intelligent vs More intelligent	3
Conservative vs Experimenting	9
Practical vs Imaginative	5
Uncontrolled vs Controlled	1
Tough minded vs Sensitive	3
Timid vs Venturesome	2
Expedient vs Conscientious	2

SUMMARY OF CONFLICTS

The main conflict is that of conservative vs experimenting. This tells us that the person struggles highly to be experimenting with life and different stuff but then are forced to be conservative. This can be understood very

well in the Kashmiri context where personal freedom does not exist at all. The children and even the adults are trained to be conservative and not do anything experimenting. To be experimenting would mean social disapproval and above all parental disapproval.

SYMBOLS

1. **WORLD-** Symbolically, the world is the realm in which a state of existence is unfolded, comprising many component parts adhering together. Used in the plural, the term pertains, in a sense, to space-symbolism, but the ‘worlds’ are really only different modes of the spirit
2. **WATER-** An abode of dragons because all life comes from waters.
3. **TREES-** It stands for inexhaustible life and is therefore equivalent to a symbol of immortality.
4. **SEED-** symbolic of latent, non-manifest forces, or of the mysterious potentialities the presence of which, sometimes unsuspected, is the justification for hope. These potentialities also symbolize the mystic Centre—the non-apparent point which is the irradiating origin of every branch and shoot of the great Tree of the World.
5. **PLANT-** symbolises the annual cycle, in consequence of which they sometimes symbolize the mystery of death and resurrection. The fertility of the fields affords the most powerful image of cosmic, material and spiritual fecundity.

INSIGHT INTO THE STORY USING THE SYMBOLS

The story is about existing in one state and then transitioning to a new state. It talks about how the world earlier had no trees and just water. This

can convey how in primitive times, world was full of dangers but then we shifted to greenery.

THE PURPLE LAND OF THE BUTTERFLY



STORY

Once upon a time a butterfly was flying. She was in trouble because she did not know where to lay her eggs. She was finding a place to lay eggs. She came from a dense forest and in that forest, she was not able to lay her eggs. However, there were so many trees, herbs, shrubs but she thought these are not safe for her to lay eggs. Then she came near to a coconut tree but there she did not want to lay her eggs because she thought if people will come and try to pluck these coconuts, my eggs will fall down and they will get broken into pieces. She flew over the sea to lay her eggs.

After flying so far, she came to the next bank of the sea, and sat down to rest. She kept looking around and suddenly she saw an old boat that was of no use. She had an idea and she started whispering with herself and said, "Why don't I lay my eggs here?" After that she decided to lay her eggs in that old boat. She laid her eggs there and finally she found a place and she was happy.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Butterfly

TASK/MISSION- To lay eggs in a safe place

HELP- None

OBSTACLE- Unsafe spaces

COPING WITH THE OBSTACLE- Kept searching around

CONCLUSION- Safe space for eggs

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

Once upon a time (C) a butterfly (S) was flying (PH). She was in trouble (C) because she did not know (C) where to lay (PH) her eggs (A, C). She was finding (PH) a place (C) to lay (PH) eggs (A, C). She came (PH) from a dense forest (C) and in that forest (C), she was not able to lay (PH) her eggs (A, C). However, there were so many trees (PH), herbs (PH), shrubs (PH) but she thought (C) these are not safe (B, A) for her to lay eggs (A, C). Then she came (PH) near to a coconut tree (PH) but there she did not want to lay (PH) her eggs (A, C) because she thought (C) if people (S) will come and try (B) to pluck (A, PH) these coconuts, my eggs (A, C) will fall down (B) and they will get broken (B, PH) into pieces. She flew (PH) over the sea (C) to lay (PH) her eggs (A, C).

After flying (PH) so far, she came to the next bank of the sea (C), and sat down to rest (PH). She kept looking (B, PH) around and suddenly she saw an old boat (C) that was of no use (B). She had an idea (C) and she started whispering with herself (I) and said, "Why don't I lay my eggs here?"(C) After that she decided (C) to lay her eggs in that old boat. She laid her eggs there and finally (B) she found a place (B) and she was happy (A).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
9	0	10	0	2	0	1	0	21	0	21	0

THE APPARENT LANGUAGE

A, C, PH form the apparent language. The A is the most prominent coping mechanism and this implies an emotional approach to these things. This can mean an emotional reaction to various things. The person also has emotion focused aggression which means that things like art and craft can help them be calm. They think with their heart. The combination of A and C can further communicate crying which is either emotion focused or problem focused. Use of C as a coping mechanism can convey high intelligence. But since the score of A is more than C, it means its heart over head for this individual. This can also mean that there is cognitive avoidance. Along with Ph, this can convey behavior regulating cognition. Ph as an apparent language also means suppressing feelings. It also means the use of actions to encapsulate differences and also the use of activity to camouflage difference.

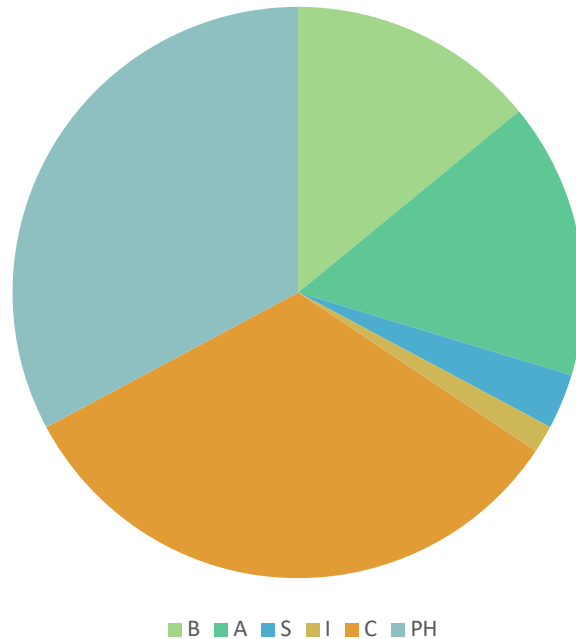
THE FORGOTTEN LANGUAGE

B, S, I form the forgotten language. This means helplessness, giving up and restraint. It can also mean the lack of self-appraisal. The presence of S in forgotten language means a lack of social support and adult-caregiver support. It also means denying responsibility and not developing a proper social support. Also, I represents divergent thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	9/64	14.06%
B-	0/64	0%
A	10/64	15.62%
A-	0/64	0%
S	2/64	3.12%
S-	0/64	0%
I	1/64	1.56%
I-	0/64	0%
C	21/64	32.81%
C-	0/64	0%
PH	21/64	32.81%
PH-	0/64	0%

PERCENTAGE



THEME

The theme is about a mother who keeps finding a safe space for her eggs. This can be connected to the story of Kashmir where the parents are constantly looking for a safe space for their children. The boat here is a means of transport and the butterfly lays her eggs here. It can represent how the conflict parents feel that sending their children away to another place is a safe safe.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Flying	Run	Submissive vs Dominant Conservative vs Experimenting Practical vs Imaginative Tough minded vs Sensitive

		Self-assured vs Apprehensive Uncontrolled vs Controlled Timid vs Venturesome
Was	Is	Tough minded vs Sensitive Trusting vs Suspicious Reserved vs Outgoing Conservative vs Experimenting
Know	Not know	Conservative vs Experimenting Trusting vs Suspicious Forthright vs Shrewd Reserved vs Outgoing
Lay	Not lay	Conservative vs Experimenting Tough minded vs Sensitive Self-assured vs Apprehensive Trusting vs Suspicious Affected by feelings vs Emotionally stable Less intelligent vs More intelligent
Find	Misplaced	Self-Assured vs Apprehensive Less intelligent vs More intelligent Practical vs Imaginative Timid vs Venturesome Tough Minded Sensitive Controlled vs Uncontrolled
Came	Left	Group dependent vs Self sufficient Trusting vs Suspicious Self-assured vs Apprehensive
Around	Ahead	Group dependent vs Self sufficient

		<p>Forthright vs Shrewd</p> <p>Submissive vs Dominant</p> <p>Less intelligent vs More intelligent</p> <p>Conservative vs Experimenting</p> <p>Timid vs Venturesome</p>
Thought	Mindlessness	<p>Less intelligent vs More intelligent</p> <p>Relaxed vs Tense</p> <p>Practical vs Imaginative</p>
Pluck	Did not pluck	<p>Tough minded vs Sensitive</p> <p>Expedient vs Conscientious</p> <p>Serious vs Happy go lucky</p> <p>Uncontrolled vs Controlled</p> <p>Affected by feelings vs emotionally stable</p> <p>Practical vs Imaginative</p> <p>Less intelligent vs More Intelligent</p>
Broke	Fixed	<p>Less intelligent vs More intelligent</p> <p>Tough minded vs Sensitive</p> <p>Self-assured vs Apprehensive</p> <p>Relaxed vs Tense</p> <p>Uncontrolled vs Controlled</p>
Sit	Stand	<p>Submissive vs Dominant</p> <p>Conservative vs Experimenting</p> <p>Practical vs Imaginative</p> <p>Tough minded vs Sensitive</p> <p>Self-assured vs Apprehensive</p> <p>Uncontrolled vs Controlled</p> <p>Timid vs Venturesome</p>

Whispering	Aloud	Relaxed vs Tense Trusting vs Suspicious Reserved vs Outgoing Expedient vs Conscientious
Decide	Not decided	Serious vs Happy go lucky Timid vs Venturesome Conservative vs Experimenting Practical vs Imaginative

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	2
Relaxed vs Tense	3
Forthright vs Shrewd	2
Self-assured vs Apprehensive	6
Serious vs Happy go lucky	2
Submissive vs Dominant	3
Affected by feelings vs Emotionally stable	2
Trusting vs Suspicious	5
Reserved vs Outgoing	3
Less intelligent vs More intelligent	6
Conservative vs Experimenting	7
Practical vs Imaginative	6
Uncontrolled vs Controlled	5
Tough minded vs Sensitive	7
Timid vs Venturesome	5
Expedient vs Conscientious	2

SUMMARY OF CONFLICTS

The main conflict is that of conservative vs experimenting. This tells us that the person struggles highly to be experimenting with life and different stuff but then are forced to be conservative. This can be understood very well in the Kashmiri context where personal freedom does not exist at all. The children and even the adults are trained to be conservative and not do anything experimenting. To be experimenting would mean social disapproval and above all parental disapproval.

SYMBOLS

1. **BUTTERFLY-** An emblem of the soul and of unconscious attraction towards the light.
2. **EGG-** Emblems of immortality. Also, represents potentiality, the seed of generation, the mystery of life.
3. **FOREST-** Symbolic of female principle or of the Great Mother.
4. **SEA-** The symbolic significance of the sea corresponds to that of the 'Lower Ocean'—the waters in flux, the transitional and mediating agent between the non- formal (air and gases) and the formal (earth and solids) and, by analogy, between life and death. The waters of the oceans are thus seen not only as the source of life but also as its goal. 'To return to the sea' is 'to return to the mother', that is, to die.
5. **BOAT-** In the most general sense, a 'vehicle'. Bachelard notes that there are a great many references in literature testifying that the boat is the cradle rediscovered (and the mother's womb). There is also a connexion between the boat and the human body.

INSIGHT INTO THE STORY USING THE SYMBOL

The story is about a butterfly looking for a space to lay her eggs. She goes to various places but then feels that they are not safe enough. The eggs represent the seed the generation that is all the generations that are going to come and follow the butterfly. The story resonates very well with the plight of Kashmiri's and their children. They feel that their eggs aren't safe. The butterfly, even though, when she goes to the forest to lay the eggs which is a safe space for the wild and a very natural habitat for the butterfly, the butterfly feels that the natural habitat is not a safe place for the eggs to be laid. The butterfly keeps looking for a place and then flies over the sea, which is quite unlikely for a butterfly. The phrase return to sea, which represents dying gives us a deep symbolism. The butterfly carrying her eggs hovers over the sea which represents how the butterfly and the future generations are so close to death yet they are safe. Then the butterfly finds a boat on the bank of the sea. The boat is a cradle rediscovered. So, even though the boat lies on the sea, hence close to death, yet the boat being a vehicle is a safe.

RAINBOW WITH BUTTERFLY



STORY

Once a butterfly was flying. She was finding a place where she will be happy. Actually she wanted a place where there are so many colours and where she would be happy. While flying she got to a place with colours but the colours were few. Her heart refused to live there. After that she went away and she saw a place with a small garden but all colours were not present. She came close to it and observed it well but still she was not satisfied with these colours. She went away from there. After flying so far, finally she found a beautiful place where were all colours resided just like a rainbow. She was amazed with that place and was happy also. She

saw everything carefully and called her friends. She told them everything and decided to stay there. She and her friends were happy with rainbow colours.

ASSESSMENT BASED ON SIX PART STORY

MAIN CHARACTER- Butterfly

TASK/MISSION- To find a land full of colours

HELP- None

OBSTACLE- Could not find a land full of colours

COPING WITH THE OBSTACLE- Kept searching around

CONCLUSION- Found a land full of colours

ASSESSMENT ACCORDING TO THE BASIC PH

COPING MODEL

Once a butterfly (S) was flying (B, PH). She was finding (PH) a place (C) where she will be happy (A). Actually she wanted (B, A) a place where there are so many colours (A) and where she would be happy (A). While flying (B, PH) she got to a place (C) with colours (A) but the colours (A) were few. Her heart (A) refused to live there. After that she went away and she saw a place with a small garden (C) but all colours (A) were not present. She came close (PH) to it and observed (C) it well but still she was not satisfied (A) with these colours (A). She went away from there. After flying (B, PH) so far, finally she found (B) a beautiful (A, PH) place (C) where were all colours (A) resided just like a rainbow (A). She was amazed (A) with that place (C) and was happy (A) also. She saw everything carefully (C) and called her friends (S). She told them (C) everything and decided (C) to stay there. She and her friends (S) were happy (A) with rainbow colours (A).

BASIC PH COPING STYLE

B	B-	A	A-	S	S-	I	I-	C	C-	PH	PH-
5	0	17	0	3	0	0	0	9	0	6	0

THE APPARENT LANGUAGE

A, C, PH form the apparent language. The A is the most prominent coping mechanism and this implies an emotional approach to these things. This can mean an emotional reaction to various things. The person also has emotion-focused aggression which means that things like art and craft can help them be calm. They think with their heart. The combination of A and C can further communicate crying which is either emotion-focused or problem-focused. Use of C as a coping mechanism can convey high intelligence. But since the score of A is more than C, it means its heart over head for this individual. This can also mean that there is cognitive avoidance. Along with Ph, this can convey behavior-regulating cognition. Ph as an apparent language also means suppressing feelings. It also means the use of actions to encapsulate differences and also the use of activity to camouflage difference.

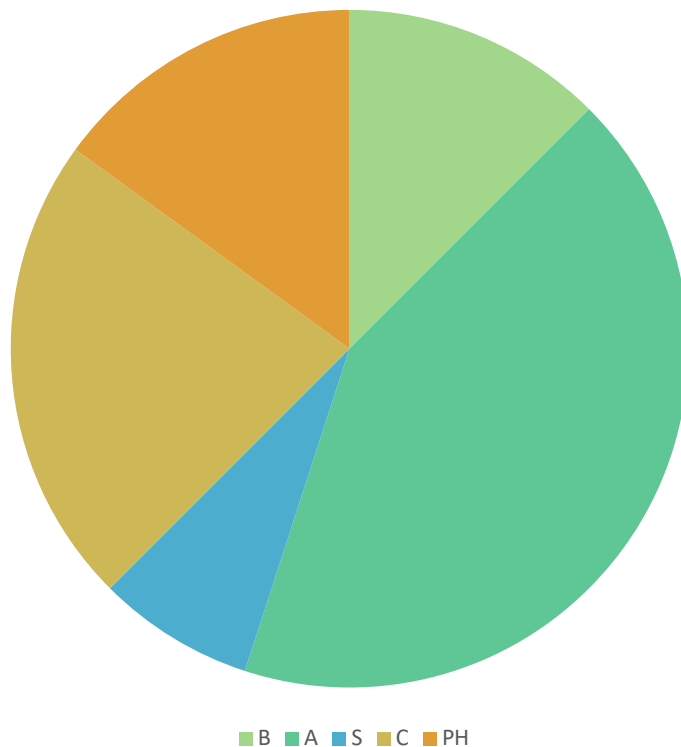
THE FORGOTTEN LANGUAGE

B, S, I form the forgotten language. This means helplessness, giving up and restraint. It can also mean the lack of self-appraisal. The presence of S in forgotten language means a lack of social support and adult-caregiver support. It also means denying responsibility and not developing a proper social support. Also, I represents divergent thinking.

PERCENTAGE OF THE BASIC PH WORDS

BASIC PH	SCORE	PERCENTAGE
B	5/40	12.50%
B-	0/40	0%
A	17/40	42.50%
A-	0/40	0%
S	3/40	7.50%
S-	0/40	0%
I	0/40	0%
I-	0/40	0%
C	9/40	22.5%
C-	0/40	0%
PH	6/40	15.00%
PH-	0/40	0%

PERCENTAGE



THEME

The theme is about a butterfly who is in search of a land full of colours so that she and her friends can move in to a land full of colours.

CONFLICTS

Verbs, adverbs	Opposites	Clusters
Flying	Run	Submissive vs Dominant Conservative vs Experimenting Practical vs Imaginative Tough minded vs Sensitive Self-assured vs Apprehensive Uncontrolled vs Controlled Timid vs Venturesome
Was	Is	Tough minded vs Sensitive Trusting vs Suspicious Reserved vs Outgoing Conservative vs Experimenting
Find	Misplaced	Self-Assured vs Apprehensive Less intelligent vs More intelligent Practical vs Imaginative Timid vs Venturesome Tough Minded Sensitive Controlled vs Uncontrolled
Happy	Sad	Tough minded vs Sensitive Affected by feelings vs Emotionally stable Serious vs Happy go lucky Relaxed vs Tense

Refuse	Will	Uncontrolled vs Controlled Timid vs Venturesome Expedient vs Conscientious Tough minded vs Sensitive
Live	Died	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing Timid vs Venturesome
Went	Came	Relaxed vs Tense Self-assured vs Apprehensive Tough minded vs Sensitive Timid vs Venturesome Expedient vs Conscientious
Saw	Avoided	Tough Minded vs Sensitive Affected by feelings vs Emotionally stable
Away	Near	Timid vs Venturesome Self-assured vs Apprehensive Relaxed vs Tense Forthright vs Shrewd Affected by feelings vs Emotionally stable Trusting vs Suspicious Tough minded vs Sensitive Reserved vs Outgoing
Close	Far	Timid vs Venturesome Self-assured vs Apprehensive Relaxed vs Tense Forthright vs Shrewd Affected by feelings vs Emotionally stable

		Trusting vs Suspicious Tough minded vs Sensitive Reserved vs Outgoing
Observed	Ignored	Tough minded vs Sensitive Forthright vs Shrewd Self-assured vs Apprehensive Reserved vs Outgoing
Found	Lost	Relaxed vs Tense Group dependent vs Self sufficient Trusting vs Suspicious Reserved vs Outgoing Uncontrolled vs Controlled
Reside	Did not reside	Conservative vs Experimenting Practical vs Imaginative Reserved vs Outgoing
Amazed	Not surprised	Affected by feelings vs Emotionally stable Practical vs Imaginative Self-assured vs Apprehensive Forthright vs Shrewd Conservative vs Experimenting Serious vs Happy go lucky
Carefully	Thoughtlessly	Relaxed vs Tense Self-assured vs Apprehensive Serious vs Happy go lucky Less Intelligent vs More intelligent Practical vs Imaginative Uncontrolled vs Controlled

		Timid vs Venturesome Expedient vs Conscientious
Decide	Not decided	Serious vs Happy go lucky Timid vs Venturesome Conservative vs Experimenting Practical vs Imaginative

INDIVIDUAL SCORE OF CONFLICTS

CONFLICT	SCORE
Group dependent vs Self sufficient	1
Relaxed vs Tense	6
Forthright vs Shrewd	4
Self-assured vs Apprehensive	8
Serious vs Happy go lucky	4
Submissive vs Dominant	1
Affected by feelings vs Emotionally stable	5
Trusting vs Suspicious	4
Reserved vs Outgoing	7
Less intelligent vs More intelligent	2
Conservative vs Experimenting	6
Practical vs Imaginative	7
Uncontrolled vs Controlled	5
Tough minded vs Sensitive	10
Timid vs Venturesome	9
Expedient vs Conscientious	3

SUMMARY OF CONFLICTS

Tough minded vs Sensitive is the most prominent conflict that exists when the story is written. The butterfly has to find a place full of colours but she is not impressed with places with less colours. We can see a quest for perfection.

SYMBOLS

1. **BUTTERFLY-** An emblem of the soul and of unconscious attraction towards the light.
2. **COLOUR-** Colour symbolism is one of the most universal of all types of symbolism, and has been consciously used in the liturgy, in heraldry, alchemy, art and literature. There are a great many considerations bearing upon the meaning of colour which we can here do little more than summarize. To begin with, there is the superficial classification suggested by optics and experimental psychology. The first group embraces warm 'advancing' colours, corresponding to processes of assimilation, activity and intensity (red, orange, yellow and, by extension, white), and the second covers cold, 'retreating' colours, corresponding to processes of dissimilation, passivity and debilitation (blue, indigo, violet and, by extension, black), green being an intermediate, transitional colour spanning the two groups.
3. **GARDEN-**The garden is the place where Nature is subdued, ordered, selected and enclosed. Hence, it is a symbol of consciousness as opposed to the forest, which is the unconscious, in the same way as the island is opposed to the ocean. At the same time, it is a feminine attribute because of its character as a precinct.

INSIGHT INTO THE STORY USING THE SYMBOLS

No insight could be generated.

SUMMARY

APPARENT LANGUAGE

THE LAND OF BUTTERFLY- A, C , PH

EARLY WORLD TO NEW WORLD- A, S, PH

THE PURPLE LAND OF BUTTERFLY- A, C, PH

RAINBOW WITH BUTTERFLY- A, C, PH

TABLE OF APPARENT LANGUAGE

COPING MECHANISM	SCORE
B	0/12
A	4/12
S	1/12
I	0/12
C	3/12
PH	4/12

SUMMARY OF APPARENT LANGUAGE

PH, A, C are the most prominently existing coping mechanism. This means that there is a positive action and behavioural coping. This would also mean behavioural escapes and distancing at times. There is inhibition of actions by suppressing feelings. Combined with A it could mean self-destruction. A also conveys emotional ventilation and discharge. Along with Oh, it means physical release of emotions. Along with C, it means crying-problem focused. It also means suppression of emotions.

FORGOTTEN LANGUAGE

THE LAND OF BUTTERFLY- B, S , I

EARLY WORLD TO NEW WORLD- B, I, C

THE PURPLE LAND OF BUTTERFLY- B, S , I

RAINBOW WITH BUTTERFLY- B, S , I

TABLE OF FORGOTTEN LANGUAGE

COPING MECHANISM	SCORE
B	4/12
A	0/12
S	3/12
I	4/12
C	1/12
PH	0/12

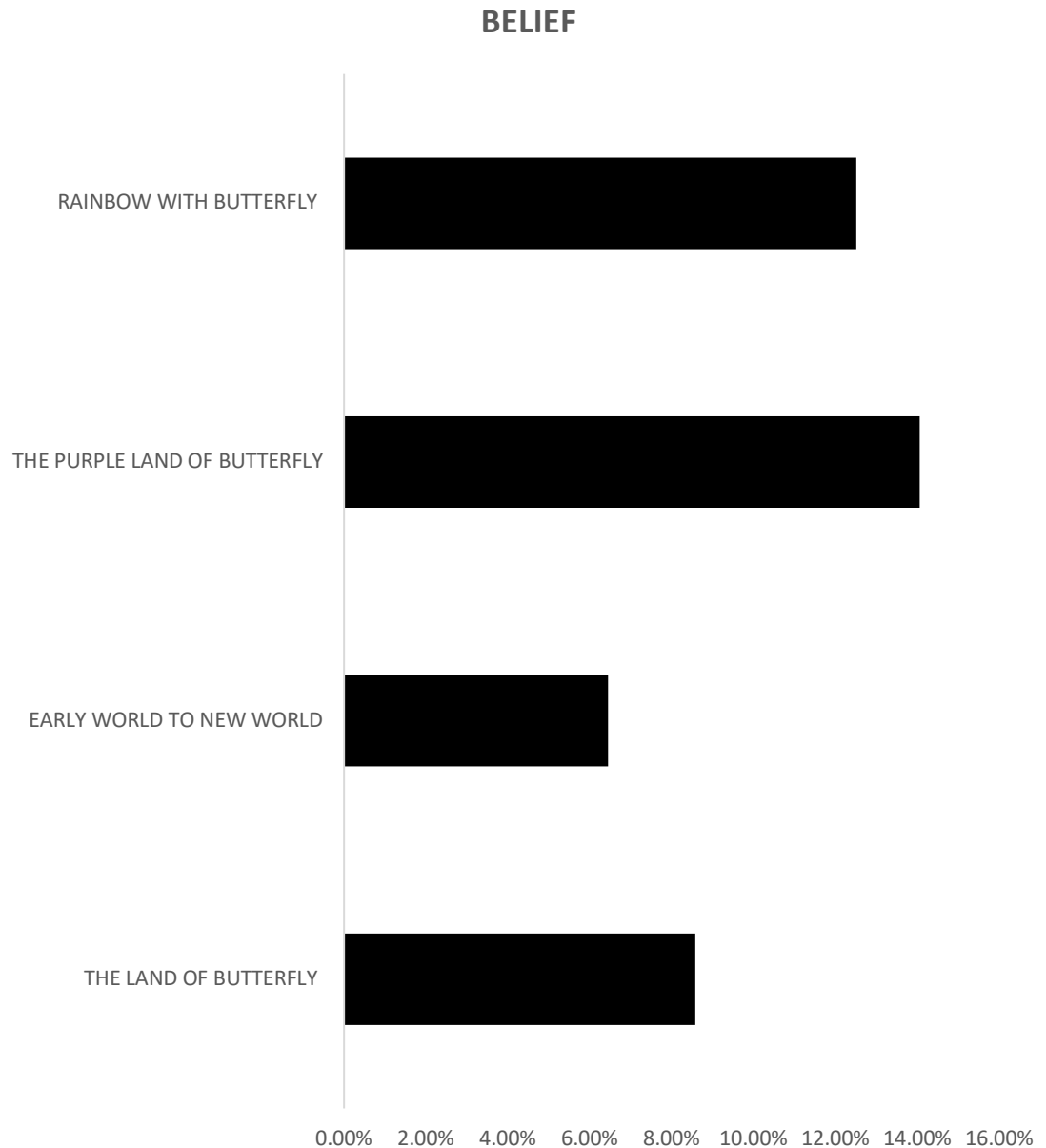
SUMMARY OF FORGOTTEN LANGUAGE

B, I, S is the forgotten language. This means that the individual fails to draw strength from adversity and is pessimistic. The individual fails to ignore problems and lacks endurance. Along with S, this means unable to seek spiritual support. They don't use their social connections to deal with stress. They rather rely on themselves to do so. It also implies social withdrawal and self-isolation at times. There doesn't seem to be a proper social support to vent their feelings. The presence of I in forgotten languages imply detaching themselves.

PERCENTAGE CHART OF EACH COPING

MECHANISM

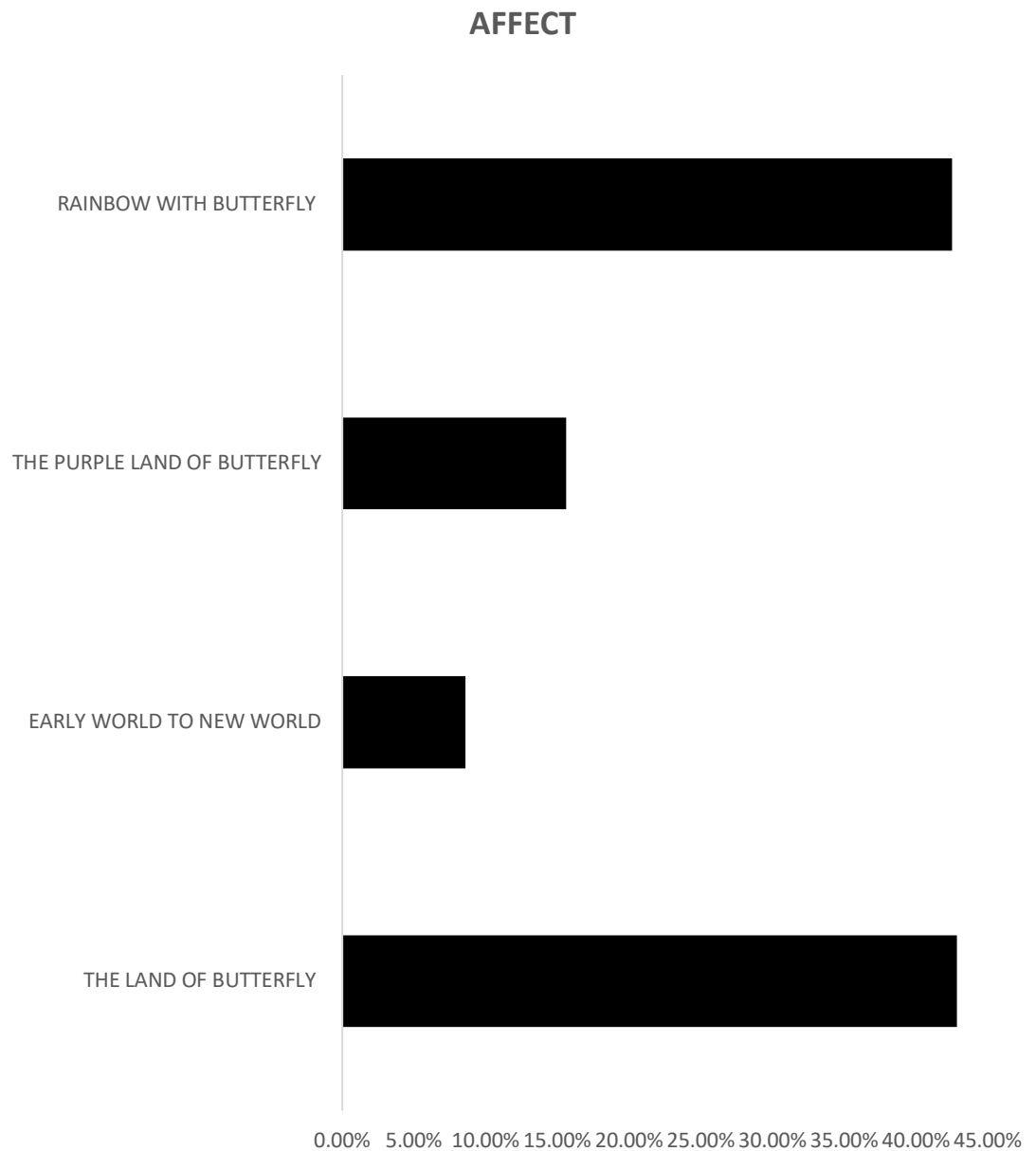
'BELIEF' AS A COPING MECHANISM



CONCLUSION

B as a coping mechanism is used very less and the use has been varying over time, with no proper format.

'AFFECT' AS A COPING MECHANISM



CONCLUSION

A as a coping mechanism has been greatly used and the use has been almost constant.

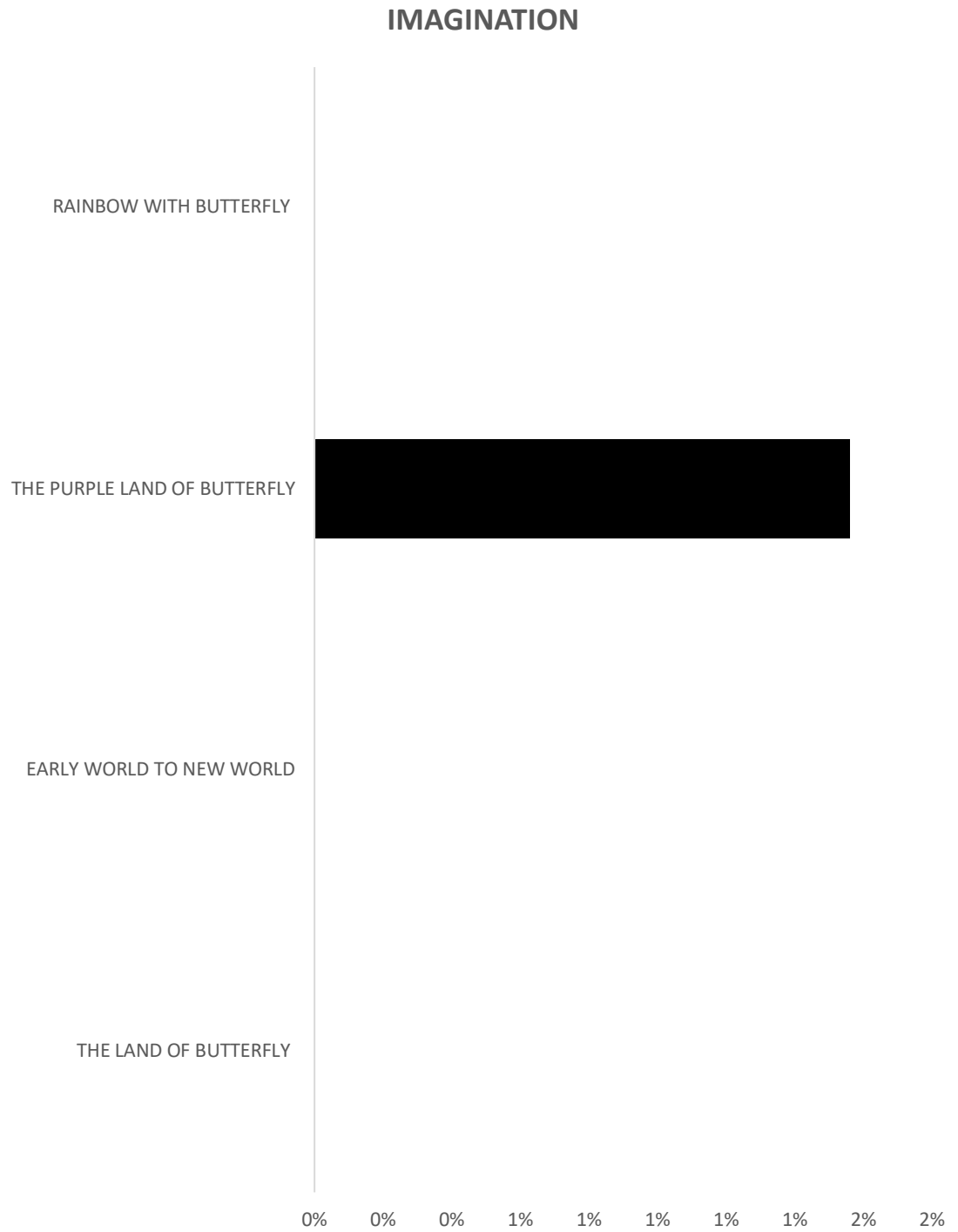
'SOCIAL' AS A COPING MECHANISM



CONCLUSION

S as a coping mechanism has been used many times and sometimes it has been used greatly to cope with the circumstances around.

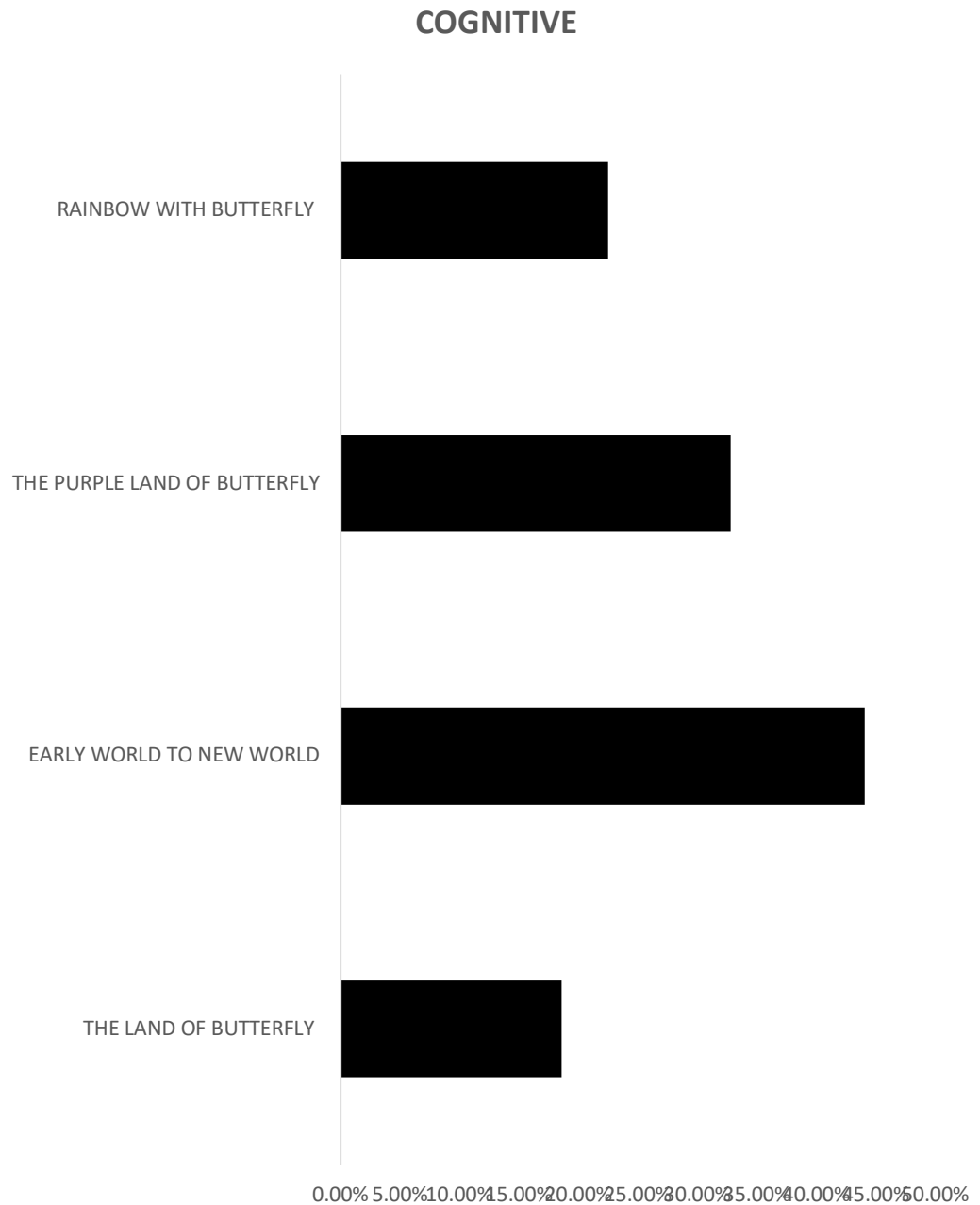
'IMAGINATION' ASA COPING MECHANISM



CONCLUSION

I has been used just once but that equates to almost nothing.

'COGNITIVE' AS A COPING MECHANISM



CONCLUSION

C is yet another coping mechanism that is most often used. Almost everywhere has C been used to cope.

'PHYSIOLOGY' AS A COPING MECHANISM



CONCLUSION

Ph as a coping mechanism is mostly used. The body is used greatly to cope.

ZEESHAN

Land of blue

The earth is warming up, the water is rising, the houses are getting drowned the clouds are tired the warming is heating up my mind, more than it does to glow

Yellow land

Its known a peeli nagri the butterfly is yellow ,the trees are yellow,the humans coloured in yellow the sun shining in yellow , the yellow stars shining in a bright yellow Sunday the louds with vapours all i can say is this is truly amazing

Rainbow

My butterfly went to the rainbow land , she danced and played there in the rainbow rain she loved the beautiful scene and the landscape of colours

LIMITATIONS OF THE RESEARCH

One of the very basic principles of psychological research that I have learnt from my 6 years of studying psychology is that it does not matter if the results are different from what we expected, we need to look at how it can benefit the community and publish the same. This research has given me a great insight into the minds of the children, yet I felt the tools at times weren't apt. I expected the research to form a certain curve, which did not happen but yet I have the answers to why it did not.

The best part of this research is that it is not just numbers, or just words, it is a mixed method research. I tried putting a value to see the change which worked when the stories followed a certain protocol. Following are the points and steps that I feel should be taken if this method is used in the future to conduct more researches.

STORY TELLING SKILLS

The very fact that these students haven't been through formal education is kind of reflected in the stories. The students are great artists, yet a lack of formal education is clearly reflected in their story making skills. The students made up stories that were too realistic, to be precise, their stories lacked that figment of imagination and it is portrayed in the I coping mechanism scores. Riya was the only child whose stories were filled with her imagination and it is her stories that have contributed the most to the research. The other children on the other hand have kind of kept their stories too literal.

To deal with this issue, the best thing would be to make these students go through some sort of story making workshop, where they would learn how to use their words in a proper way.

LACK OF IMAGINATION

As mentioned, the stories lack a figment of imagination. The only imaginary character that is used is the butterfly and that is a character that had been introduced prior to the story writing. The children should be made familiar with imaginary characters and figures.

The culture of Pulwama is such that the children aren't familiar with the imaginary characters and how different characters can be used in a story to make it magical. The children should be familiarised with various stories from books or movies that would help them explore their imagination.

Familiarising them with magical or imaginary characters would not only make their stories better but it would help a lot with the research. When they use various characters, the researcher would be able to understand the reason why different characters have been used and contribute greatly to the research.

It would also be cathartic for the children, as they would project their life into these characters and provide them with a psychological safe space.

LACK OF CHARACTERS

The stories by the children lacked characters. The characters used would hardly make any contribution to the research. The characters proved to be of little help to the main character. The more the characters, the more the projection and the more the catharsis.

A NEED FOR CONSTANT SUPERVISION

WHILE STORY WRITING

The drill for the Kalakar Qasbah students was that they would paint and then write down their stories. This whole time the student was mostly left alone with their thoughts to help, which is the drill. But for the sake of the research, as great step would be to include a teacher or a person who has great story telling skills and can prompt the children to think more deeply about what they have drawn and hence come up with a story that can be beneficial for the research. Stories by Zeeshan and a few by Shafiya were too short and described the picture in just a few words with zero room for imagination or interpretation.

While writing the stories, the children need to be at prompted to think deeper into the context.

LACK OF PROPER GUIDELINES IN THE BASIC

PH BOOK BY MOOLI LAHAD

The book is one of the greatest contributors in the research as it has provided the maximum framework for the research. The problem in the book is that the steps to the research have not been defined properly. An example has been given as to what framework to follow while conducting the research but a gigantic room is left for doubts. There is too little information in the book. A tiny story and its interpretation is provided for the reader to understand how to go about the research but it is impossible to follow the way of Mooli Lahad in particular because of the said reason.

Because of this reason, the researcher is left with a little information and hence the research and the interpretation has to be completely subjective.

UNEXPLAINED ELEMENTS IN THE STEPS OF INTERPRETATION

As mentioned the book has very small example on how to interpret the stories. Because of this very reason some aspects in the interpretation have been left unexplained. For example the presence of B-, A-, S-, I-, C- AND PH- is not explained at all. But in order to remain true to the step, they have been mentioned in the research.

DICTIONARY OF SYMBOLS

The dictionary of symbols by Cirlot have been of great help in deeply interpreting the story but it has been blind to the cultural differences that may prevail. This dictionary might work much more efficiently in a western culture.

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